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1 **Pharmaceuticals and endocrine disruptors in raw and cooked seafood from European**
2 **market: concentrations and human exposure levels**

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Short title: **Pharmaceuticals and endocrine disruptors in seafood**

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49 Abstract

50 Background: Pharmaceuticals (PhACs) and endocrine disrupting compounds (EDCs) can
51 accumulate in seafood sold in consumer markets. However, these compounds may represent a
52 risk to consumers through effects on the human reproductive system, metabolic disorders,
53 pathogenesis of breast cancer or development of microbial resistance. Measuring their levels in
54 highly consumed seafood is important to assess the potential risks to human health. Besides, the
55 effect of cooking on contaminant levels is relevant to investigate.

56 Objectives: To study the presence and levels of PhACs and EDCs in commercially available
57 seafood in the European Union (EU) market, to investigate the effect of cooking on contaminant
58 levels, and to evaluate the dietary exposure of humans to these compounds through seafood
59 consumption.

60 Methods: A sampling survey of seafood from 11 European countries was carried out. Twelve
61 highly consumed seafood types were analysed raw and cooked. Based on occurrence and levels,
62 bisphenol A, methylparaben and triclosan were selected for performing a human exposure
63 assessment and health risk characterisation through seafood consumption.

64 Results: PhACs were mostly not detectable or below quantification limits in seafood. However,
65 EDCs were quantified in the majority of the samples. Moreover, an increase in their levels after
66 cooking was observed ranging from doubling to 46-fold increase.

67 Conclusions: PhACs were not detectable in commercial seafood from Europe, whereas EDCs
68 were a recurrent group of contaminants. Furthermore, cooking by steaming significantly
69 increased their levels in the seafood samples. The results indicate that the Spanish population has
70 the highest exposure to the selected EDCs through seafood consumption, although the exposure
71 via seafood remained below the current toxicological reference values.

72 1. Introduction

73 Pharmaceuticals (PhACs) and endocrine disrupting compounds (EDCs) have large volumes of
74 production and can find their way to the environment through different paths, being considered
75 as Contaminants of Emerging Concern (CEC). Pharmaceuticals are drugs used for medicinal
76 purposes and they are classified according to their therapeutic family, such as antibiotics,
77 psychiatric drugs, analgesics, anti-inflammatories, tranquilizers, hormones, β -blockers, or
78 diuretics, for example. EDCs are compounds with the ability to interfere with the endocrine
79 system of organisms causing potential alterations in their normal development. A wide range of
80 chemicals can cause endocrine disruption, and this group encompasses a heterogeneous class of
81 substances, such as plasticizers, pesticides, fungicides, surfactants, flame retardants, and
82 hormones.

83 The population is directly exposed to both PhACs and EDCs through the use of essential
84 products in the daily life, and indirectly due to their incomplete removal from waste water
85 treatment plants, where these compounds can reach the aquatic environment. Coastal areas are
86 considered the ultimate sink for sewage and monitoring studies have been actively undertaken in
87 the last years showing the wide occurrence of PhACs and EDCs in the marine environment [1,
88 2]. These compounds may potentially accumulate in resident organisms that later on end up on
89 the food chain, such as seafood. Seafood is consumed all over the world and in many countries it
90 is a prime source of high-quality protein. Research has shown that eating regularly fish and
91 shellfish is beneficial to human health in many ways. However, seafood can also be a source of
92 harmful environmental contaminants, like PhACs and EDCs, with the potential to negatively
93 impact human health. PhACs in seafood may potentially represent a risk for consumers either
94 through direct effects of allergy and toxicity, or through the development of potential microbial

95 resistance [3]. EDCs are of great concern since they may have effects on the human reproductive
96 system like menstrual cycle irregularities, impaired fertility, endometriosis, polycystic ovarian
97 syndrome, spontaneous abortion, and alteration of female hormone concentrations [4]. They have
98 also been related to metabolic disorders like obesity, insulin resistance, type-2 diabetes, hepatic
99 injuries, dyslipidemia and cardiovascular diseases [5]. There are also studies that point out the
100 potential role of EDCs in the pathogenesis of breast cancer due to their estrogenic properties [6-
101 8].

102 Measuring the levels of these substances in seafood, especially in highly consumed species, is
103 the first step to assess their potential risk for human health through fish and shellfish
104 consumption. A recent publication has reviewed the levels of CEC in seafood and their
105 toxicological values established by the European Food Safety Authority (EFSA) and the Joint
106 FAO/WHO Expert Committee on Food Additives (JECFA) [9]. The majority of studies on
107 PhACs occurrence and levels in seafood have focused on marine mussels as it is widely use as
108 sentinel organism for monitoring of contamination in environmental waters [10-17]. PhACs
109 presence was also investigated in marine macroalgae and fish (in addition to molluscs) from
110 coastal areas in Europe, and a list of priority candidates' compounds for future studies was
111 proposed [18]. The concentrations of PhACs reported in those studies in environmental fish and
112 shellfish samples were usually in the low ng/g (dry weight (dw)) levels [10, 14, 16, 17], although
113 sometimes reaching a few hundreds of ng/g (dw) [10, 15]. The study of PhACs presence in
114 commercially available seafood has been mainly focused on antibiotics because of their
115 widespread use in aquaculture [19-26]. Only a couple of recent publications have investigated
116 the presence of other types of PhACs in seafood for human consumption [27] [27], and the
117 concentrations found were lower than the ones reported in environmental fish. To the best of our

118 knowledge, there is not any work performed yet that aimed to study the presence and levels of
119 relevant PhACs in commercially available seafood, on a large geographical scale, for assessing
120 their potential risk to human health through the diet. The papers published so far have been
121 mainly focused on human health risk assessment of PhACs in drinking water [29-31], and only
122 one recent work has undertaken a risk assessment of PhACs in field grown vegetables irrigated
123 with treated municipal waste water [32].

124 The number of papers published regarding the presence and levels of EDCs in species of
125 commercial interest is considerably higher [9]. The concentrations reported in marine organisms
126 from local markets depend on the type of contaminant and the origin of the samples. Usually
127 they range from less than 100 ng/g (dw) for contaminants such as parabens [33-35], bisphenol A
128 [36, 37], per- and poly- fluorinated alkyl substances [38, 39], or hormones [19, 40], up to 1,000
129 ng/g (dw) for alkylphenols [41]. Dietary exposure to some relevant EDCs has been previously
130 investigated. Bisphenol A (BPA) is the contaminant that has attracted most attention due to its
131 wide use in food contact materials [33] [43][44] [45]. Its estimated dietary exposure was lower
132 than its maximum acceptable dose established by the U.S. Environmental Protection Agency
133 (USEPA) (50 µg/kg-bw/day) [46] and the European Food Safety Authority (EFSA) (4 µg/kg-
134 bw/day) [47]. The occurrence and dietary exposure to parabens were also assessed [34] [35] and
135 the estimated daily intake was below the acceptable daily intake recommended by JECFA [48].
136 In order to find out if the consumption of seafood is an important source of EDCs that
137 significantly contributes to their total intake, studies on their presence and human health risk
138 assessment in species of high commercial interest are required. Yet, so far only a limited number
139 of papers have been focused on this[49] [50] [51]. They performed the respective assessment of
140 human dietary exposure and no exceedance of the toxicological reference value was found. A

141 recent publication by Cano-Sancho et al. [52] built an integrated risk index for seafood
142 contaminants (IRISC), where EDCs held the fourth position, contributing to this risk index, after
143 heavy metals, polychlorinated biphenyls and polychlorinated dibenzo-p-dioxins and
144 dibenzofurans .

145 Although in most cases fish and shellfish are consumed after cooking, the majority of studies
146 reporting the presence and daily intake of EDCs through seafood consumption use contaminant
147 concentration data obtained from uncooked/raw products. Few works considered processed
148 seafood, mainly canned tuna due to the migration of BPA from can coating [36, 53, 54], but in
149 general the effect of cooking on levels of EDCs and human PhACs has been rarely investigated
150 [55-57]. Studying the effects of cooking on contaminant levels in seafood becomes a relevant
151 issue since their concentrations may change, thus affecting humans' dietary exposure. Indeed,
152 the levels of the chemical can decrease (e.g. phthalates and perfluorinated compounds (PFOA)
153 [56, 58]), increase (e.g. pharmaceuticals, metals, hexachlorobenzene (HCB) and polycyclic
154 aromatic hydrocarbon (PAHs) [57, 59, 60]), or remain unchanged (e.g.
155 hexabromocyclododecane (α -HBCD), perfluorooctanoic acid (PFOs), perfluorooctanesulfonic
156 acid (PFUnA), venlafaxine and methylparaben [55]).

157 In the present work 65 seafood samples, representing 12 highly consumed fish and shellfish
158 species, from 11 European countries were analysed for eight PhACs (diclofenac, diazepam,
159 sotalol, carbamazepine, citalopram, venlafaxine, azithromycin and sulfamethoxazole) and four
160 EDCs (triclosan, BPA, methylparaben and tris(2-butoxyethyl)phosphate (TBEP)). These 12
161 target compounds were selected as priority contaminants based on the percentage of detection
162 and levels found in a previous study, where seafood samples from different locations were
163 analysed for 70 PhACs and EDCs [18]. Therefore, the objectives of the present research were to

164 study the presence and levels of these contaminants in commercially available fish and shellfish
165 in Europe, to investigate the effect of cooking by steaming on seafood contaminant levels, and to
166 evaluate the dietary exposure of humans to these compounds.

167 2. Material and methods

168 2.1. Analytical standards and reagents

169 Details are presented in the supporting information.

170 2.2. Seafood sampling and cooking process

171 A sampling survey of seafood collected in different European regions was carried out during
172 Autumn 2014 and Spring 2015. These two sampling campaigns will be referred to as 1st and 2nd
173 round, respectively. Sixty five samples were analysed in total in both campaigns. They represent
174 twelve highly consumed seafood types, including mackerel, tuna, cod, perch, pangasius, sole,
175 seabream, plaice, salmon, mussels, shrimp and brown crab. They were bought in supermarkets,
176 aquaculture facilities or fish markets from 11 European countries, concretely Portugal, Spain,
177 Italy, Greece, The Netherlands, United Kingdom (Scotland), Denmark, Norway, Belgium,
178 France and Ireland. Although all samples were acquired in European markets, some were
179 imported species from elsewhere, such as the Nile perch from the Lake Victoria (Africa),
180 *Penaeus vannamei* shrimp from India, and pangasius from Vietnam, but in general the fish and
181 shellfish analysed were caught in the Mediterranean Sea, the North Sea, and the Atlantic and
182 Pacific Oceans. All specimens from each seafood type were of similar size and satisfied the legal
183 requirements of harvestable size or weight for human consumption. The total number of
184 individual specimens collected in each sampling point was 25 for fish, 50 for bivalves and
185 crustaceans; 25 for crabs and 50 for shrimps. For fish, the skin was removed and only the fillet
186 was collected; for mussels, shrimps and crabs, all edible meat was sampled. Two pools were

187 prepared with the edible content of specimens, corresponding to the same species and location.
188 One pool was done with raw seafood, and the other one was cooked by steaming (105°C during
189 15 min for fish and crabs, and 5 min for mussels and shrimps). Each pool was homogenized,
190 freeze-dried and kept at -20°C until analysis. Besides, samples of canned tuna (14 cans) and
191 canned mackerel (12 cans) were also collected, pooled, and analysed. All pooled samples were
192 analysed in triplicate.

193 2.3. Sample analysis and statistics

194 As mentioned above, a list of 12 priority PhACs and EDCs was targeted based on previous
195 results [18]. The presence of pharmaceuticals, such as diclofenac, diazepam, sotalol,
196 carbamazepine, citalopram, venlafaxine, azithromycin and sulfamethoxazole was assessed. In the
197 case of EDCs, methylparaben, TBEP, BPA, and triclosan were studied. The samples were
198 analysed independently for PhACs and EDCs. For PhACs, two different analytical protocols
199 were applied depending on the type of organism. Briefly, in fish samples the method developed
200 by Huerta et al. [61] was used. This method consists of pressurized liquid extraction (PLE) using
201 100% of methanol as extraction solvent; four static cycles at 50°C, followed by gel permeation
202 chromatography (GPC) as clean up stage. PhACs in molluscs and crustaceans were analysed
203 according to Álvarez-Muñoz et al. [17], using PLE, three static cycles at 50°C, an extraction
204 solvent with methanol/water (1:2, v/v), and a purification step with solid phase extraction (SPE)
205 on Oasis HLB cartridges. EDCs were analysed according to Jakimska et al. [62] for all samples.
206 This method is based on QuEChERS extraction with acetonitrile in aqueous conditions followed
207 by the application of a specific salt. The clean-up was done with dispersive Solid Phase
208 Extraction (dSPE). The final detection and quantification of the target compounds in fish,
209 molluscs and crustaceans was done using ultra performance liquid chromatography-triple

210 quadrupole mass spectrometry (UHPL-MS/MS), according to the methodology previously
211 described.

212 For comparison of the concentration of target compounds in raw and cooked samples, statistical
213 analysis of two independent groups was performed according to the Mann-Whitney U-test for
214 non-parametric data, identified as such by the Kolmogorov-Smirnov test. The significance level
215 was set at $p \leq 0.5$.

216 3. Risk assessment

217 Based on the results obtained in this research regarding the presence of the target compounds
218 (highest concentrations and frequencies of detection) only three of them, i.e. BPA,
219 methylparaben and triclosan, were selected for performing a human health risk assessment
220 through seafood consumption. This risk assessment was based on the overall seafood
221 consumption pattern and was performed for adults from five European countries, namely
222 Belgium, Ireland, Italy, Portugal and Spain.

223 3.1. Concentration data

224 Following the same approach as recently published by Aznar-Alemany et al. [63] and Jacobs et
225 al. [64], a database file for BPA, methylparaben and triclosan was compiled. This compilation
226 was done with the concentration data obtained in this study of measurements performed in raw
227 seafood samples during the two sampling campaigns and additional data from scientific literature
228 regarding commercial species in Europe [36, 65]. The summary of contaminant data for the
229 different species considered in the exposure estimations are reported in the supporting
230 information Appendix I. Forty data points from scientific literature data were collected for BPA,
231 whereas no extra data points were found in literature for methylparaben and triclosan. As the
232 goal was to obtain an estimation of the contaminant intake based on the overall seafood diet,

233 missing concentration data for frequently consumed species were completed by a mean value
234 based on the fish group or, when applicable, based on the crustaceans and shellfish group.

235 3.2. Consumption data

236 A web-based consumer survey was performed in October 2013 in five European countries,
237 namely Belgium, Ireland, Italy, Portugal and Spain, as part of the FP7 funded ECsafeSEAFOOD
238 project (n=2824) [66]. These countries were selected to cover western, northern and southern
239 Europe, covering a heterogeneous population in terms of seafood consumption habits. The
240 samples were nationally representative regarding gender, region and age within the range of 18-
241 75 years old. Within this survey, the consumption frequency of 32 seafood species was inquired
242 using self-reported items. These species were selected based on the seafood consumption pattern
243 in the five countries and based on susceptibility of certain species to accumulate certain
244 environmental contaminants. For each country, at least 85% of the total seafood diet (based on
245 the median) was represented by the 15 most consumed species. Consequently, only these species
246 were considered for exposure assessment. In addition, the body weight (bw) of the participants
247 was also assessed in this survey.

248 3.3. Exposure assessment model

249 For each country, a distribution was fitted to the consumption data of each species and to the
250 body weight data using @RISK version 6 (Palisade Corporation, US). The seafood consumption
251 distributions were divided by the body weight distributions, resulting in a consumption dataset
252 (expressed in kg/kg consumer bw/day) for each country. Detailed information on the
253 methodology and results regarding the consumption data and body weight data is described
254 elsewhere [64].

255 In order to estimate the exposure to BPA, methylparaben and triclosan through seafood
256 consumption in each country, the consumption data of the species were combined with the
257 concentration data of contaminants in the samples according to the following formula [63]:

$$258 \quad Y_{i,c} = \sum_{v=1}^{v=15} C_{c,v} \times X_{i,v}$$

259 Where “ $C_{c,v}$ ” is the concentration of contaminant c in seafood species v [$\mu\text{g}/\text{kg}$ wet weight
260 (ww)], “ $X_{i,v}$ ” is the consumption of seafood species v per consumer i [kg/kg bw/day] and “ $Y_{i,c}$ ”
261 is the exposure to contaminant c for consumer i [$\mu\text{g}/\text{kg}$ bw/day].

262 Note that no adjustments were made for intra-individual correlations in this aggregated exposure
263 assessment model, meaning that a rough and “upper bound” estimation of the exposure was
264 calculated in this study. Adjustments could have been made to take into account correlations
265 between the consumption levels of the different seafood species within the individual as more
266 consumption of one species may imply less consumption of another species. However, in this
267 study, a generic upper bound estimation of the exposure was calculated instead.

268 3.4. Probabilistic exposure assessment

269 Calculations were performed using the software package @RISK version 6 (Palisade
270 Corporation, US) for Microsoft Excel. Best fit distributions were used for the consumption and
271 the body weight data in order to take into account the variability and uncertainty. For the
272 contaminant concentration data, a deterministic approach (point estimate, mean value) was
273 applied due to low data availability and/or no good distribution fit.

274 First order Monte Carlo simulations were performed considering 100,000 iterations to estimate
275 the BPA, methylparaben and triclosan intake through seafood consumption for the two scenarios
276 (lower and upper bound). Non-detects (<LOD) and non-quantified (<LOQ) were considered as

277 zero and LOD or LOQ for lower (LB) and upper bound (UB) scenario, respectively. The
278 estimated daily intake was expressed in $\mu\text{g}/\text{kg}$ consumer bw/day. For more detailed information
279 on the methodology regarding distribution fitting, we refer to Jacobs et al. [64].

280 3.5. Risk characterisation

281 To evaluate the possible health risk of human BPA exposure, a health based guidance value,
282 namely a Tolerable Daily Intake (TDI) was applied. The established TDI and TWI (Tolerable
283 Weekly Intake) for external oral exposure to BPA in humans are $4 \mu\text{g}/\text{kg}$ consumer bw/day and
284 $28 \mu\text{g}/\text{kg}$ consumer bw/week (based on the mean relative kidney weight effect in mice),
285 respectively [47].

286 No established health based guidance value is available for methylparaben. However, the JECFA
287 recommended an Acceptable Daily Intake (ADI) for the sum of three parabens, i.e.
288 methylparaben, ethylparaben, propylparaben, at $0\text{-}10 \text{ mg}/\text{kg}$ consumer bw/day (or on a weekly
289 basis $0\text{-}70,000 \mu\text{g}/\text{kg}$ consumer bw/week) [67]. In addition, the European Chemicals Agency
290 (ECHA) reported a Derived No-Effect Level (DNEL; the level of exposure to the substance
291 above which humans should not be exposed) for long-term oral exposure of $1.04 \text{ mg}/\text{kg}$
292 consumer bw/day (or $7,280 \mu\text{g}/\text{kg}$ consumer bw/week), when considering the general population
293 (systemic effects, repeated dose toxicity study) (retrieved April 12, 2016). Both ADI and DNEL
294 thresholds were taken into account in this study.

295 No health based guidance value was found for triclosan. In a review of Rodricks et al. [68] a
296 selected recommended Bench Mark Dose Lower limit BMDL_{10} (with corresponding lower 95%
297 confidence limit for a benchmark response of 10%) of $47 \text{ mg}/\text{kg}$ consumer bw/day was provided,
298 based on the incidence of male hamster kidney nephropathy. The Margin of Exposure (MOE)
299 approach was applied in order to evaluate the possible health risk due to exposure to triclosan.

300 The calculated MOE was based on the BMDL₁₀ value and on the estimated exposure, which was
301 included in the denominator of the formula. The latter means that the higher the MOE, the lower
302 the degree of concern. However, a narrative was needed to interpret the magnitude of the MOE
303 in order to evaluate the possible health risk.

304 4. Results and discussion

305 4.1. Contaminants occurrence and levels

306 Table 1 gathers the percentage of samples with contaminant levels either non-detected (levels
307 below Method Detection Limit (<MDL)), detected (levels of at least one contaminant above
308 Method Detection Limit (>MDL)), non-quantifiable (levels below Method Quantification Limit
309 (<MQL)), or quantifiable (levels of at least one contaminant above (>MQL)). PhACs were
310 detected in 54% and 62% of samples in the 1st and 2nd round, respectively; while EDCs were
311 detected in 100% of samples in the 1st round, and 84 % in the 2nd round. These results indicate a
312 high frequency of detection of both groups of CEC in seafood commercialised in Europe,
313 especially in the case of EDCs. Although PhACs were frequently detected, in many occasions
314 the levels found were below MQL; only in 14% of samples analysed during the 1st round
315 sampling campaign the levels of PhACs were quantifiable. This trend was previously observed
316 by our research group in marine fish from contaminated areas in Europe [18], where PhACs had
317 a high frequency of detection, but the levels found were all below MQL. Unlike PhACs, EDCs
318 measured in this study were quantified in 61% and 54% of samples in the 1st and 2nd round
319 sampling campaigns, respectively (table 1).

320 PhACs levels in seafood collected during the 1st and 2nd round are presented in table 2 (expressed
321 as dry weight (dw)). The values were converted into wet weight (ww) by using the percentage of
322 dry weight of every seafood type (see tables S1 and S2). As previously indicated, PhACs during

323 the 1st round were quantified in a reduced number of samples: in canned mackerel from Portugal,
324 tuna from the Pacific Ocean (imported to Europe from Indonesia), and mussel from the North
325 Sea (The Netherlands). Among the eight PhACs analysed, only diazepam, sotalol, venlafaxine
326 and sulfamethoxazole were quantified at concentrations ranging from 0.95 ± 0.04 ng/g dw of
327 diazepam in large tuna from Indonesia, up to 11.72 ± 3.70 ng/g dw of sulfamethoxazole in
328 mussels from the North Sea (table 2). These low values are in agreement with previous studies
329 [10-12, 69]. Since PhACs were not quantified in any sample from the 2nd round, a clear
330 relationship between seasons could not be established. Regarding the size, a decrease in the
331 levels of diazepam and sotalol was observed in larger specimens of pacific tuna (table 2).

332 EDCs levels in seafood samples from the 1st and the 2nd round are presented in table 3, table S3
333 and table S4 expressed as dry weight and wet weight. All EDCs analysed, except TBEP, were
334 present at quantifiable levels in the majority of the samples, pointing them as a recurrent group
335 of contaminants present in European seafood at levels higher than their respective MQL,
336 established here between 0.01 and 1.35 ng/g dry weight (table 3). Concretely, concentrations of
337 BPA were measured in canned mackerel and canned tuna from Portugal, farmed pangasius from
338 Vietnam, mussels and mackerel from Spain, mussel from Italy, seabream from unknown origin,
339 brown crab from The Netherlands, farmed salmon from Norway and mussels from France.

340 Triclosan was observed in tuna from Indonesia, Nile perch from the Lake Victoria, farmed
341 pangasius and farmed shrimp from Asia, mackerel from Spain, plaice, mackerel and mussel from
342 The Netherlands. Methylparaben was quantified in mussel from Spain, mussel and sole from
343 Italy, seabream from unknown origin, plaice and mussel from The Netherlands, mussel and
344 mackerel from Denmark, farmed salmon from Norway, plaice from Belgium and mussel from
345 France. The concentrations of BPA ranged from 8.26 ± 0.30 ng/g dw in mussels from Spain and

346 France, up to 69.1 ± 11.82 ng/g dw in canned tuna from Portugal (table 3). High levels of BPA
347 reaching several hundreds of ng/g in canned seafood have previously been reported [36, 53, 54]
348 due to BPA's widespread utilization in can coating formulations and its ability to migrate from
349 the package into food. However, the concentrations of BPA measured in canned seafood samples
350 in the present study were below the migration limit set by the European Commission in 2011
351 (0.6 mg/kg) [70]. Triclosan was measured at levels between 0.77 ± 0.20 ng/g dw in Nile perch
352 from Victoria Lake and 183.80 ± 14.40 ng/g dw in plaice from The Netherlands (table 3). This
353 maximum concentration of triclosan was not found again in plaice from the same location during
354 the 2nd round, thus indicating that it was likely due to an isolated source of contamination that
355 occurred during the 1st sampling period. The concentrations found for methylparaben were
356 between 1.27 ± 0.92 ng/g dw in plaice from Belgium and 8.86 ± 0.10 ng/g dw in mackerel from
357 Denmark (table 3). For comparison purposes with the maximum residues limits (MRLs)
358 established by the European Commission for pharmacologically active substances in foodstuff of
359 animal origin, all levels measured were below this limit [71]. However, a mixture of
360 contaminants where each compound is present at a dose below this threshold may display a
361 combined effect and a potential risk cannot be discarded. Kortenkamp et al. [72] observed that
362 mixtures of dissimilarly acting chemicals considered "safe" at levels below no observable
363 adverse effects (NOAELs) was not supported by empirical evidence.

364 EDCs showed a similar pattern in terms of occurrence (similar percentages of detection and
365 quantification) and concentrations in both periods, i.e. autumn and spring, showing no seasonal
366 variations. Regarding the size of organisms, a clear trend was not observed since increase,
367 decrease and no changes in EDCs concentrations were measured when the organism was larger
368 compared to the small size (table 3 and figure S1). Concretely, no changes with the size were

369 detected in levels of triclosan and methylparaben in tuna from the Pacific, sole from the
370 Mediterranean and plaice from the Channel, while an increase of triclosan concentration was
371 found in larger specimens of plaice from the North Sea, and a decrease of BPA in monkfish from
372 Portugal and tuna from the Pacific. Comparing the results obtained for the different species
373 collected at the same site, mussel was the species revealing the highest accumulation of EDCs
374 (except the BPA values in canned samples and triclosan in plaice from The Netherlands) (table
375 3).

376 4.2. Cooking effect on contaminants

377 Based on results obtained in the 1st round sampling campaign, a selection of samples was made
378 in order to study the effect of cooking (by steaming) on contaminant levels during the 2nd round.
379 This set of samples included sole, plaice, seabream, mackerel, tuna and mussels from different
380 locations. In the cooked samples analysed for PhACs their levels were under MDL or MQL
381 before and after steaming (results shown in table 2). Therefore, an effect on PhACs
382 concentrations due to steaming was not detected. Regarding EDCs, 14 samples were analysed in
383 the 2nd round both raw and cooked (figure 1 and table 3). It was not possible to study the effect
384 of the cooking process in demersal fish, such as plaice and sole, nor pelagic tuna, since
385 contaminant values remained below MDL or MQL after steaming (figure 1 and table 3). In the
386 remaining samples (62%) an increase in the concentration of EDCs was observed after steaming.
387 BPA levels significantly increased (between doubling to a 10-fold increase), whereas triclosan
388 and methylparaben presented levels up to a maximum of a 46-fold- increase in mackerel from
389 Spain, and 11-fold increase in mussel from Italy, respectively (figure 1). Besides, steaming
390 allowed quantifying BPA, triclosan and methylparaben in six samples revealing no quantifiable
391 levels when they were raw (figure 1). The same effect was previously observed in emerging

392 brominated flame retardants [63]. The concentrations found in cooked samples reached
393 54.70 ± 1.70 ng/g dw of BPA and 42.26 ± 8.50 ng/g dw of triclosan in mussels from Spain, and up
394 to 25.53 ± 1.10 ng/g dw of methylparaben in mussels from Italy (figure 1 table 3).

395 The increase in contaminant levels after steaming observed in this study may be due to the loss
396 of volatiles, lipids, carbohydrates and proteins [73], thus decreasing the total weight of seafood.

397 On the other hand, xenobiotic compounds like BPA, methylparaben and triclosan are
398 metabolised in vertebrates and in some invertebrate species by conjugation with glucuronides
399 and sulphates [74]. The resulting metabolites may be converted back to parent compounds by
400 deconjugation processes occurring at high temperature during cooking, as previously suggested
401 by McEneff et al., [57] who observed an overall increase for some acidic pharmaceuticals
402 residues, such as diclofenac, gemfibrozil and mefenamic acid by more than a factor of 20 in
403 contaminated mussels cooked by steaming. Studies describing the effect of cooking processes on
404 EDCs and pharmaceutical residue levels are extremely scarce. Recently, Alves et al. [55]
405 assessed the levels of methylparaben and venlafaxine in mussels before and after steaming and
406 did not find significant differences. In order to establish accurate recommendations and
407 guidelines for consumers further studies related to CEC levels after culinary treatments are
408 highly recommended.

409 Differences in the levels of EDCs in cooked mussels harvested in different countries were also
410 studied, since the risk of exposure to the population may vary depending on the geographical
411 location. Mussel samples available from the North Sea and Mediterranean Sea, revealed a
412 different pattern of contaminant levels before and after cooking depending on the sample origin
413 (figure 1). Mussels from the North Sea didn't show any quantifiable level of EDCs in raw
414 samples, while all mussels from the Mediterranean presented levels near 10 ng/g dw of BPA, and

415 2 ng/g dw of methylparaben (mussels from Italy). After steaming, these levels significantly
416 increased reaching near 10 ng/g dw of BPA in mussels from the North Sea, and more than 50
417 ng/g dw in mussels from the Mediterranean Sea (figure 1). The levels of methylparaben also
418 increased in mussel samples from both Seas, as around 2 ng/g dw were found in mussels from
419 the North Sea, and between 20 and 25 ng/g dw in mussels from the Mediterranean Sea. Triclosan
420 levels significantly increased only in cooked samples collected from the Mediterranean Sea,
421 ranging between 20 and more than 40 ng/g dw. Therefore, mussels from the North Sea appeared
422 to be less contaminated than mussels from the Mediterranean Sea, indicating a lower risk of
423 exposure to these compounds by the population through mussel's ingestion in northern European
424 countries. Actually, the levels of BPA and methylparaben found in samples from the North Sea
425 after steaming were similar to the ones present in mussels from the Mediterranean Sea before
426 cooking. A comparison between the seafood collected from the three countries located around
427 the Mediterranean Sea was also done. Significant higher levels of BPA and triclosan were found
428 in cooked mussels from Spain compared to Italy/ and France (figure 1). The opposite trend was
429 observed for methylparaben. Therefore, it can be concluded that consumers of mussels from the
430 Mediterranean Sea in Spain are likely exposed to significantly higher level of BPA and triclosan,
431 and significantly lower levels of methylparaben than consumers from Italy and France.

432 4.3. Exposure assessment and risk characterisation

433 The potential risk on human health derived from exposure to BPA, triclosan and methylparaben
434 through seafood consumption was evaluated in adults from Belgium, Italy, Ireland, Portugal and
435 Spain. For this purpose, the concentration measured in raw samples from this study and the
436 available literature was used. Levels in cooked samples were not initially used for risk
437 assessment due to the lack of available data in literature. However, the increase in the

438 contaminant concentrations observed in the present research was taken into account for the final
439 considerations of the study.

440 The results of the exposure assessment for BPA, methylparaben, and triclosan for both scenarios
441 (LB and UB) are shown in tables S8, S9 and S10, respectively. This assessment was based on the
442 levels of these contaminants in the seafood species (tables S5, S6 and S7) and the consumption
443 pattern in the different countries obtained from Jacobs et al. [64]. Mean exposure values,
444 standard deviation, P50, P75, P90, P95 and P99 for the five countries are described. Table 4
445 summarized the mean exposure and P99 (high seafood consumers) exposure for the UB scenario
446 for the five countries studied. In general, Spanish adults had the highest exposure to BPA,
447 methylparaben and triclosan through their seafood diet, followed by Portugal and Italy, whereas
448 Belgium and Ireland revealed the lowest exposure to the three contaminants (table 4). Such
449 results reflect that consumers in Spain exhibit the highest consumption of species with higher
450 levels of contaminants. Comparison of the estimated exposure to BPA through seafood
451 consumption with the TWI of 28 $\mu\text{g}/\text{kg}$ consumer bw/week (established by EFSA [47]) shows
452 that the dietary exposure in all countries was lower than the TWI, indicating no health concern
453 from BPA exposure through seafood consumption. Other dietary sources of exposure (e.g.
454 grains and grain-based products) or/and other non-dietary routes (e.g. dust) may increase the
455 exposure to BPA, but it is unlikely that this increase implies a potential health risk to consumers
456 [47]. Also for methylparaben it is unlikely that a health risk exists due to exposure through
457 seafood consumption in the five countries as the estimated exposure levels were substantially
458 lower than the Derived No-Effect Level (DNEL) of 7,280 $\mu\text{g}/\text{kg}$ consumer bw/week reported by
459 the European Chemicals Agency (ECHA), and the Acceptable Daily Intake (ADI) for the sum of

460 methylparaben, ethylparaben and propylparaben (0-70,000 $\mu\text{g}/\text{kg}$ bw/week) established by the
461 JECFA [67].

462 The obtained MOEs derived from the estimated exposure to triclosan through the seafood diet
463 for the five countries are provided in table S11. The lowest estimated MOEs were obtained for
464 Spanish adults, with a mean MOE of $1.6\text{E}+8$ and a 1st percentile (high seafood consumers) of
465 $3.9\text{E}+7$ (UB scenario). Hence, MOE estimates were substantially larger than the
466 safety/uncertainty factors that would typically be applied to account for uncertainties associated
467 with the development of toxicity values based on results of laboratory animal studies (i.e. factors
468 of 10 for intraspecies and 10 for interspecies uncertainty) [68]. This means that for the five
469 considered countries, it is unlikely that the exposure to triclosan via seafood consumption raises
470 a health concern.

471 The results and conclusions presented here are based on the available data and have to be
472 interpreted with caution as uncertainties and limitations are involved (for details see Jacobs et al.
473 [64]). However, insight is provided in the contribution of the overall seafood consumption
474 pattern to the exposure to BPA, methylparaben and triclosan in the five European countries. In
475 general, the highest exposure to these endocrine disruptors through seafood consumption was
476 assessed for Spanish adults and the studied population groups were mainly exposed to BPA and
477 to a lesser extent to methylparaben and triclosan. However, the estimated exposure to the three
478 compounds was unlikely to be of health concern. Cooking by steaming increased the
479 concentration of EDCs in 62% of the samples analysed in the present study, between 2-fold and
480 46-fold change increase were found, reaching up to a maximum concentration of 54.70 ± 1.7 ng/g
481 dw of BPA in mussels from Spain. Given that the estimated exposure based on data measured in
482 raw samples was far below the toxicological threshold values for BPA and methylparaben, and

483 that still large MOEs were identified for triclosan, it is unlikely that taking into account the effect
484 of cooking on contaminant levels would lead to a potential health concern.

485 5. Conclusions

486 In the majority of the commercial seafood from Europe, pharmaceuticals compounds (PhACs)
487 were not detected or were below quantification limits, discarding a potential human risk through
488 seafood consumption. However, EDCs were detected in almost all analysed samples, which
489 point them as a relevant group of contaminants present in European seafood at levels higher than
490 their respective MQL. EDCs such as BPA, methylparaben and triclosan were frequently detected
491 in raw seafood with concentrations reaching up to 184 ng/g dw of triclosan in plaice, 69 ng/g dw
492 of BPA in canned tuna, and 9 ng/g dw in mackerel. Steaming had no effect on PhACs levels, but
493 significantly increased the levels of EDCs in 62% of the samples analysed, reaching 46-fold
494 increase and 55 ng/g dw of BPA in cooked mussels from Spain. In general, the highest exposure
495 to EDCs through seafood consumption was assessed for Spanish adults, followed by Portuguese,
496 Italian, Irish and Belgian consumers. The studied population groups were mainly exposed to
497 BPA and to a lesser extent to methylparaben and triclosan. However, the estimated exposure to
498 the three compounds was unlikely to be of health concern, as the levels were far below the
499 toxicological threshold values for BPA and methylparaben, and large MOEs were identified for
500 triclosan. It is also unlikely that the increased levels of these contaminants registered after
501 steaming would result in a substantial increase risk to consumers. Although these results indicate
502 that there is no need for urgent actions by risk managers, the low data availability and the effect
503 of processing on CEC levels, urges the need to collect further data in order to perform an
504 aggregated exposure assessment considering also additional sources and routes of exposures. In
505 addition, to assure the correctness of the health risk evaluation on the assessed exposure,

506 collection of more toxicological information is recommended, especially for methylparaben and
507 triclosan, as well as toxicological studies on the “cocktail effect” of multiple endocrine
508 disrupting compounds, as synergistic detrimental effects on human health may occur.

509

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733

734 Table 2. Levels of PhACs in seafood measured in the 1st and 2nd round sampling campaigns expressed as mean value ± standard deviation (n=3 replicates) in ng/g dry weight (dw). Values are expressed as wet weight (ww) in table S1 and table S2.

Species	Origin	Raw or cooked (R or C)	Concentration (ng/g) expressed in dry weight (dw)																	
			Diclofenac		Diazepam		Sotalol		Carbamazepine		Citalopram		Venlafaxine		Azithromycin		Sulfamethoxazole			
			1 st round	2 nd round	1 st round	2 nd round	1 st round	2 nd round	1 st round	2 nd round	1 st round	2 nd round	1 st round	2 nd round	1 st round	2 nd round	1 st round	2 nd round		
Canned mackerel	Portugal	R	<MQL	<MDL	1.36 ± 0.10	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	
Canned tuna	Portugal	R	<MQL	<MDL	<MQL	<MDL	<MQL	<MDL	<MQL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	
Cod Pacific	Pacific Ocean	R	<MQL	n.m*	<MDL	n.m	<MDL	n.m	<MDL	n.m	<MDL	n.m	<MDL	n.m	<MDL	n.m	<MDL	n.m	<MDL	
Tuna small	Pacific Ocean (Indonesia)	R	<MQL	<MDL	2.05 ± 0.20	<MDL	2.25 ± 0.20	<MDL	<MDL	<MQL	<MDL	<MDL	<MQL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	
Tuna large	Pacific Ocean (Indonesia)	R	<MQL	<MDL	0.95 ± 0.04	<MDL	1.04 ± 0.04	<MDL	<MDL	<MQL	<MDL	<MDL	<MQL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	
Nile Perch	Lake Victoria	R	<MQL	n.m	<MQL	n.m	<MDL	n.m	<MDL	n.m	<MDL	n.m	<MQL	n.m	<MDL	n.m	<MDL	n.m	<MDL	
Farmed Pangasius	Vietnam	R	<MQL	n.m	<MQL	n.m	<MQL	n.m	<MQL	n.m	<MDL	n.m	<MQL	n.m	<MDL	n.m	<MDL	n.m	<MDL	
Farmed Shrimp	India	R	<MQL	n.m	<MQL	n.m	<MQL	n.m	<MQL	n.m	<MDL	n.m	<MQL	n.m	<MDL	n.m	<MDL	n.m	<MDL	
Mussels	Mediterranean Sea (Spain)	R	n.m.	n.m.	n.m.	<MDL	n.m.	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	
Mackerel	Atlantic Coast (Spain)	R	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MQL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	
Sole small	Mediterranean Sea (Italy)	R	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MQL	n.m.	<MDL	n.m.	<MDL	
Sole large	Mediterranean Sea (Italy)	R	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MQL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	
Mackerel	Mediterranean Sea (Italy)	R	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	
Mussels	Mediterranean Sea (Italy)	R	n.m.	n.m.	n.m.	<MDL	n.m.	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	
Farmed Seabream	Mediterranean Sea (Greece)	R	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	
Seabream	Other origin	R	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MQL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	<MDL	
Plaice small	North Sea (Netherlands)	R	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MQL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	
Plaice large	North Sea (Netherlands)	R	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MQL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	
Mackerel	North Sea (Netherlands)	R	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	
Mussels	North Sea (Netherlands)	R	n.m.	n.m.	n.m.	<MDL	n.m.	<MDL	<MDL	<MDL	<MDL	<MDL	2.76 ± 0.80	<MDL	<MQL	<MDL	11.72 ± 3.70	<MDL	<MDL	
Brown crab	North Sea (Netherlands)	R	n.m.	n.m.	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	<MDL	
Farmed salmon	North Sea (Scotland)	R	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MQL	n.m.	<MDL	n.m.	<MDL	
Mussels	North Sea (Ireland)	R	n.m.	n.m.	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	<MDL	
Mussels	North Sea (Denmark)	R	n.m.	n.m.	n.m.	<MDL	n.m.	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MQL	<MDL	<MDL	<MDL	<MDL	
Mackerel	North Sea. Denmark	R	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	
Atlantic cod	North Sea. Denmark	R	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MQL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	
Farmed salmon	North Sea (Norway)	R	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MQL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	
Plaice small	English Channel (Belgium)	R	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MQL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	
Plaice large	English Channel (Belgium)	R	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MQL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	
Mackerel	English Channel (Belgium)	R	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	
Mussels	English Channel (France)	R	n.m.	n.m.	n.m.	<MDL	n.m.	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	<MDL	
Tuna small	Pacific Ocean (Indonesia)	C	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MQL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL
Tuna large	Pacific Ocean (Indonesia)	C	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MQL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL
Mussels	Mediterranean Sea (Spain)	C	n.m.	n.m.	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL
Mackerel	Mediterranean Sea (Italy)	C	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL
Mussels	Mediterranean Sea (Italy)	C	n.m.	n.m.	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL
Mussels	English Channel (France)	C	n.m.	n.m.	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL
Method Detection Limit (MDL)			0.19-0.65		0.08-0.12		0.07-0.26		0.01-0.08		0.05-0.12		0.04-0.40		0.01		0.01-0.03			
Method Quantification Limit (MQL)			0.62-2.16		0.25-0.41		0.24-0.88		0.04-0.25		0.16-0.41		0.15-1.33		0.02-0.03		0.02-0.09			

735 *n.m.= not measured

738 Table 3. Levels of EDCs in seafood measured in the 1st and 2nd round sampling campaigns expressed as mean value ± standard deviation (n=3 replicates) in ng/g dry weight (dw). Values are expressed as wet weight (ww) in table S3 and table S4.

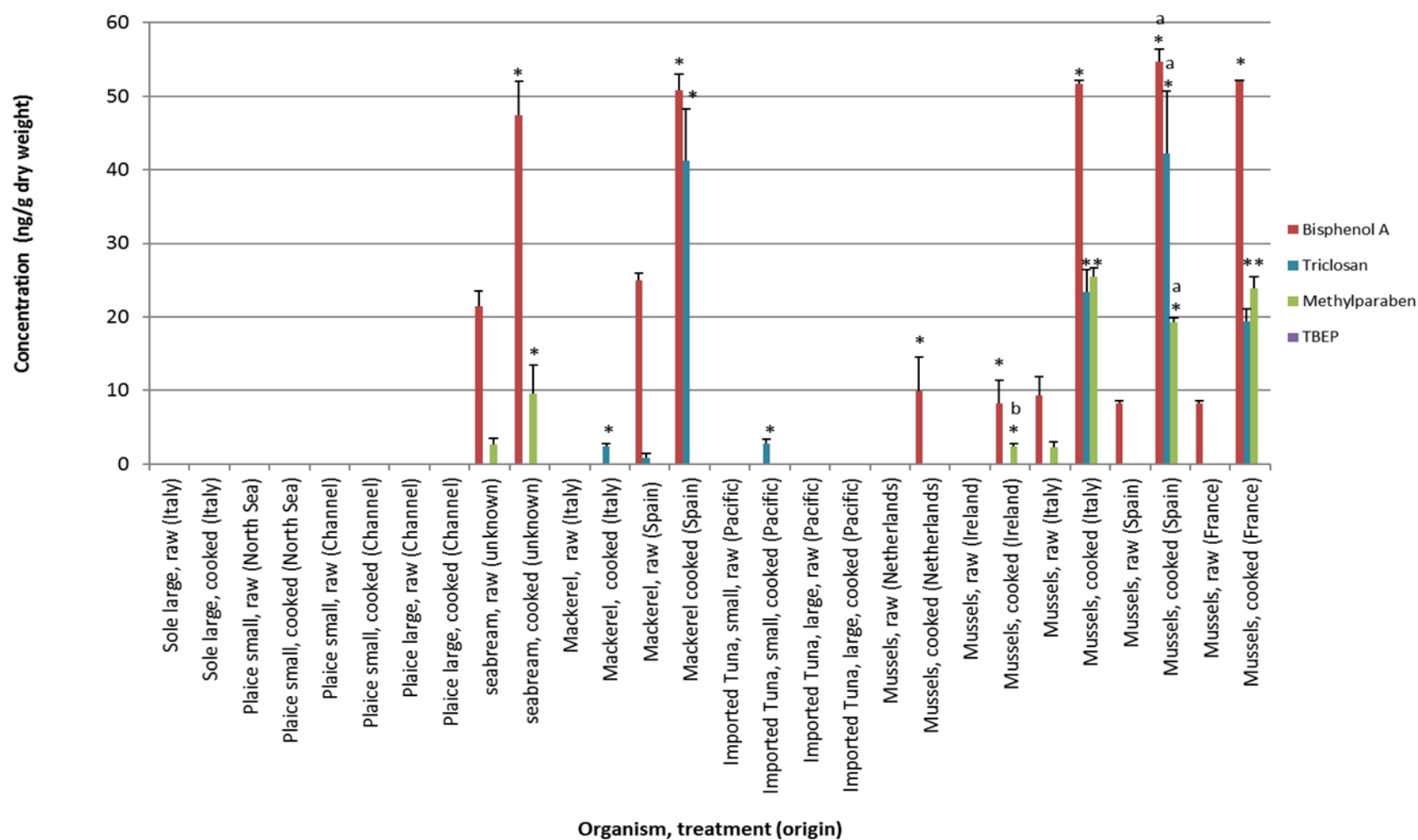
Species	Origin	Raw or cooked (R or C)	Concentration (ng/g) expressed in dry weight (dw)							
			BPA		Triclosan		Methylparaben		TBEP	
			1 st round	2 nd round	1 st round	2 nd round	1 st round	2 nd round	1 st round	2 nd round
Canned mackerel	Portugal	R	36.29 ± 4.20	7.60±1.50	<MDL	<MDL	<MDL	<MDL	<MQL	<MDL
Canned tuna	Portugal	R	17.74 ± 1.61	69.1±11.82	<MDL	<MDL	<MDL	<MDL	<MQL	<MDL
Cod Pacific	Pacific Ocean	R	<MQL	n.m.*	<MDL	n.m.	<MDL	n.m.	<MQL	n.m.
Tuna small	Pacific Ocean (Indonesia)	R	<MDL	<MDL	1.49 ± 0.10	<MQL	<MDL	<MDL	<MQL	<MDL
Tuna large	Pacific Ocean (Indonesia)	R	<MDL	<MDL	1.21 ± 0.20	<MDL	<MDL	<MDL	<MQL	<MDL
Nile Perch	Lake Victoria	R	<MQL	n.m.	0.77 ± 0.20	n.m.	<MDL	n.m.	<MQL	n.m.
Farmed Pangasius	Vietnam	R	9.16 ± 1.40	n.m.	3.69 ± 0.80	n.m.	<MDL	n.m.	<MQL	n.m.
Farmed Shrimp	India	R	<MQL	n.m.	1.19 ± 0.20	n.m.	<MDL	n.m.	<MQL	n.m.
Mussels	Mediterranean Sea (Spain)	R	<MDL	8.26±0.30	<MDL	<MDL	4.44 ± 0.48	<MQL	<MQL	<MQL
Mackerel	Atlantic coast (Spain)	R	<MDL	25.02±0.90	<MDL	0.89±0.50	<MQL	<MDL	<MQL	<MDL
Sole small	Mediterranean Sea (Italy)	R	<MQL	n.m.	<MQL	n.m.	2.34 ± 0.70	n.m.	<MQL	n.m.
Sole large	Mediterranean Sea (Italy)	R	<MQL	<MDL	<MQL	<MQL	<MQL	<MDL	<MQL	<MDL
Mackerel	Mediterranean Sea (Italy)	R	<MDL	<MQL	<MDL	<MDL	<MQL	<MDL	<MQL	<MQL
Mussels	Mediterranean Sea (Italy)	R	<MDL	9.32±2.50	<MDL	<MDL	4.82 ± 0.47	2.28±0.70	<MQL	<MDL
Farmed Seabream	Mediterranean Sea (Greece)	R	<MQL	n.m.	<MQL	n.m.	<MQL	n.m.	<MQL	n.m.
Seabream	Other origin	R	n.m.	21.50±2.0	n.m.	<MQL	n.m.	2.70±0.80	n.m.	<MDL
Plaice small	North Sea (Netherlands)	R	<MQL	<MDL	142.40 ± 15.20	<MQL	1.47 ± 0.43	<MDL	<MQL	MQL
Plaice large	North Sea (Netherlands)	R	<MQL	<MDL	183.80 ± 14.40	<MQL	1.68 ± 0.49	<MDL	<MQL	MQL
Mackerel	North Sea (Netherlands)	R	<MDL	<MDL	<MDL	0.96±0.10	<MQL	<MDL	<MQL	<MDL
Mussels	North Sea (Netherlands)	R	<MDL	<MDL	6.50 ± 0.97	<MDL	5.96 ± 0.32	<MDL	<MQL	<MDL
Brown crab	North Sea (Netherlands)	R	n.m.	10.31±2.21	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL
Farmed salmon	North Sea (Scotland)	R	<MQL	n.m.	<MDL	n.m.	<MQL	n.m.	<MQL	n.m.
Mussels	North Sea (Ireland)	R	n.m.	<MDL	n.m.	<MQL	n.m.	<MDL	n.m.	<MDL
Mussels	North Sea (Denmark)	R	<MDL	<MDL	<MDL	<MQL	3.76 ± 0.06	<MDL	<MDL	<MDL
Mackerel	North Sea (Denmark)	R	<MDL	<MDL	<MDL	<MDL	<MQL	8.86±0.10	<MQL	<MDL
Atlantic cod	North Sea (Denmark)	R	<MQL	<MDL	<MQL	<MQL	<MQL	<MDL	<MQL	<MDL
Farmed salmon	North Sea (Norway)	R	<MQL	8.56±1.50	<MDL	<MDL	<MQL	0.35±0.10	<MQL	<MQL
Plaice small	English Channel (Belgium)	R	<MQL	<MDL	<MQL	<MDL	1.27 ± 0.92	<MDL	<MQL	<MDL
Plaice large	English Channel (Belgium)	R	<MQL	<MDL	<MQL	<MDL	3.87 ± 0.41	<MDL	<MQL	<MDL
Mackerel	English Channel (Belgium)	R	<MDL	n.m.	<MDL	n.m.	<MQL	n.m.	<MQL	n.m.
Mussels	English Channel (France)	R	<MDL	8.26±0.60	<MDL	<MQL	3.07 ± 0.64	<MQL	<MDL	<MQL
Tuna small	Pacific Ocean (Indonesia)	C	n.m.	<MDL	n.m.	2.73±0.60	n.m.	<MDL	n.m.	<MDL
Tuna large	Pacific Ocean (Indonesia)	C	n.m.	<MDL	n.m.	<MQL	n.m.	<MDL	n.m.	<MDL
Mussels	Mediterranean Sea (Spain)	C	n.m.	54.70±1.70	n.m.	42.26±8.50	n.m.	19.22±0.70	n.m.	<MQL
Mackerel	Atlantic coast (Spain)	C	n.m.	50.8±2.20	n.m.	41.24±7.0	n.m.	<MDL	n.m.	<MDL
Sole large	Mediterranean Sea (Italy)	C	n.m.	<MDL	n.m.	<MQL	n.m.	<MDL	n.m.	<MDL
Mackerel	Mediterranean Sea (Italy)	C	n.m.	<MQL	n.m.	2.35±0.40	n.m.	<MDL	n.m.	<MDL
Mussels	Mediterranean Sea (Italy)	C	n.m.	51.71±0.40	n.m.	23.43±3.0	n.m.	25.53±1.10	n.m.	<MQL
Seabream	Other origin	C	n.m.	47.40±4.60	n.m.	<MDL	n.m.	9.6±3.9	n.m.	<MDL
Plaice small	North Sea (Netherlans)	C	n.m.	<MDL	n.m.	<MQL	n.m.	<MDL	n.m.	<MDL
Mussels	North Sea (Netherlans)	C	n.m.	9.90±4.60	n.m.	<MDL	n.m.	<MQL	n.m.	<MDL
Mussels	North Sea (Ireland)	C	n.m.	8.20±3.20	n.m.	<MDL	n.m.	2.44±0.30	n.m.	<MDL
Plaice small	English Channel (Belgium)	C	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL

Plaice large	English Channel (Belgium)	C	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL	n.m.	<MDL
Mussels	English Channel (France)	C	n.m.	52.02±0.20	n.m.	19.44±1.70	n.m.	23.92±1.50	n.m.	<MQL
Method Detection Limit (MDL)			0.008-0.06		0.25-0.30		0.005-0.04		0.02-0.45	
Method Quantification Limit (MQL)			0.03-0.20		0.75-0.90		0.01-0.12		0.05-1.35	

*n.m.= not measured

741 Table 4. Mean and P99 (high seafood consumers) exposure for the UB scenario for Belgium, Italy, Ireland, Portugal and Spain expressed in µg per kg of body weight per week (µg/kg consumer bw/week).

Country	BPA		Methylparaben		Triclosan	
	Mean Exposure (µg/kg bw/week)	P99 (High seafood consumers) (µg/kg bw/week)	Mean Exposure (µg/kg bw/week)	P99 (High seafood consumers) (µg/kg bw/week)	Mean Exposure (µg/kg bw/week)	P99 (High seafood consumers) (µg/kg bw/week)
Belgium	0.006	0.033	0.00023	0.0008	0.0011	0.0053
Italy	0.012	0.066	0.00064	0.0017	0.0018	0.0089
Ireland	0.009	0.061	0.00027	0.0010	0.0014	0.0074
Portugal	0.017	0.068	0.00068	0.0017	0.0018	0.0050
Spain	0.019	0.078	0.00086	0.0021	0.0028	0.0084



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744 Figure 1. Levels of EDCs measured in raw and cooked samples from the 2nd round sampling campaign (Spring 2015). Values are expressed as the
 745 mean ± standard deviation (n=3) in ng/g dry weight (dw). Statistical analyses of two independent groups were performed according to Mann-Whitney
 746 U test, significant when $p \leq 0.05$. EDCs levels, of the same sample raw and cooked, were compared and the concentrations found significantly
 747 different are marked with an asterisk (*). Lower case letters indicate (a) significantly different levels of EDCs between cooked mussels from the
 748 Mediterranean, (b) significantly different levels of EDCs between cooked mussels from the North Sea.