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3 ***Citrus aurantium* flavonoid extract improves concentrate efficiency, animal**  
4 **behavior, and reduces rumen inflammation of Holstein bulls fed high-concentrate**  
5 **diets**

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## 22 ABSTRACT

23 One hundred forty-four bulls ( $164.8 \pm 5.91$  kg BW and  $135 \pm 7.2$  d of age) were  
24 randomly allocated to one of 8 pens and assigned to control (C) or citrus flavonoid (BF)  
25 treatments (*Citrus aurantium*, 0.4 kg per ton of concentrate of Bioflavex CA, > 20%  
26 naringin; BF). Each pen had one drinker, one separate five-space straw feeder, and one  
27 separate three-space feeder where mash concentrate containing mostly corn, barley, DDG  
28 and wheat was offered. Concentrate intake was recorded daily, whilst BW and animal  
29 behavior were recorded fortnightly. Animals were slaughtered after 168 d of study (12  
30 periods of 14 d), and HCW and carcass quality were recorded, and rumen papillae  
31 samples were collected. Final BW ( $437.9 \pm 1.85$  kg), HCW ( $238.7 \pm 2.02$  kg), and  
32 concentrate intake ( $7.1 \pm 0.13$  kg/d) were not affected by treatment. Concentrate feed  
33 conversion ratio (kg of concentrate/ kg of BW) tended ( $P < 0.10$ ) to be lesser in BF than  
34 in C bulls ( $5.11$  vs.  $5.36 \pm 0.108$  kg/kg). Percentage of animals eating concentrate during  
35 visual scan was greater ( $P < 0.01$ ) in BF compared with C bulls ( $10.02\%$  vs.  $7.97\% \pm$   
36  $0.512$ ). Oral non-nutritive behaviors, agonistic interactions (fighting, butting, and  
37 chasing) and sexual behaviors (flehmen, attempted and complete mounts) were greater ( $P$   
38  $< 0.01$ ) in C than in BF bulls. In the rumen epithelium, gene expression of *bitter taste*  
39 *receptor 7*, *bitter taste receptor 16*, *bitter taste receptor 38* and *bitter taste receptor 39*  
40 was greater ( $P < 0.05$ ) in C compared with BF bulls, as well as was gene expression of  
41 *free fatty acid receptor 2*, *pancreatic polypeptide receptor 1*, *cholecystokinin receptor 4*,  
42 *cytokine IL-25*, *Toll-like receptor-4* and  *$\beta$ -defensin1*. In conclusion, supplementation with  
43 flavonoids extracted from *Citrus aurantium* in bulls fed high-concentrate diets tends to  
44 improve efficiency, and reduces oral non-nutritive behaviors, agonistic interactions and  
45 sexual behavior. Moreover, flavonoid supplementation modifies the expression of genes  
46 in the rumen epithelium that could be related with eating and animal behavior regulation.

47 **Keywords:** bulls, flavonoids, performance, behavior, rumen inflammation, bitter taste  
48 receptors.

49 **Abbreviations:** ADG, average daily gain; ADF, acid detergent fiber; ANOVA, analysis  
50 of variance; BW, body weight; CP, crude protein; CV, covariance; DM, dry matter; EE,  
51 ether extract; FCR, feed conversion ratio; HCW, hot carcass weight; ME, metabolizable  
52 energy, NDF, neutral detergent fiber; NFC, non-fiber carbohydrates; SEM, standard error  
53 of the mean; TAS2R, bitter taste receptors; VFA, volatile fatty acids

## 54 **1. Introduction**

55 Phytochemicals are chemical substances found in vegetables and edible fruits. They play  
56 important functions in plants (Martinez et al., 2017), acting as protecting molecules from  
57 harmful agents (insects, bacteria) or stressful situations (UV, temperature, lack of water).  
58 Otherwise, phytochemicals have showed biological activities and healthy effects in  
59 humans (Middleton et al., 2000) and animals (Tipu et al., 2006; Tripoli et al., 2007; Hong  
60 et al., 2012). Flavonoids are polyphenols that have been deeply studied, and *Citrus* fruits  
61 are considered the major source of flavonoids, containing a wide range of these  
62 phytochemicals. Recently, Paniagua et al. (2018) studied in Holstein bulls fed high-  
63 concentrate diet the effect of an extract from bitter orange (*Citrus aurantium*) rich in  
64 naringin during the growing and finishing phase. Bulls supplemented with citrus  
65 flavonoid extract modified their eating pattern, by reducing large meal sizes (>750 g/  
66 meal) and spending more time eating straw, and rumen wall health parameters analyzed  
67 were improved. However, final BW and carcass weight were numerically reduced in bulls  
68 supplemented with citrus flavonoids. As this study was conducted with single-space  
69 feeders to register eating pattern of the bulls, this might modify total daily feeder access  
70 compared with commercial situations where feeders have multiple spaces (Verdú et al.,  
71 2015). It was hypothesized that such impact was the result of the use of single-space

72 feeders, which were limiting the total daily access of the animals to the concentrate  
73 supplemented with citrus flavonoids, limiting also the potential maximum daily  
74 concentrate intake, and therefore performance (final BW and carcass). Consequently, in  
75 the present study citrus flavonoid extract supplementation will be tested in a commercial  
76 farm with multiple-space feeders.

77 Supplementation with citrus flavonoids reduced agonistic behaviors throughout the  
78 fattening period, and sexual interactions during the finishing phase in past studies  
79 (Paniagua et al., 2018). The mechanisms whereby citrus flavonoids may modulate eating  
80 and animal behavior are unknown. Previously, studies with other extracts containing also  
81 naringin exhibited beneficial effects in regulating rumen pH, modulating ruminal  
82 microflora and ruminal fermentation (Balcells et al., 2012). This modulation of ruminal  
83 fermentation by citrus flavonoids affected volatile fatty acids (VFA) production in the  
84 rumen, increasing molar proportions of propionic acid (Balcells et al., 2012; Seradj et al.,  
85 2014), which is involved in the regulation of feed intake in ruminants feed high-starch  
86 diets by stimulating satiety (Oba and Allen, 2003; Bradford and Allen, 2007). Moreover,  
87 naringin is the flavonoid responsible of the typical bitter taste in some citrus fruits  
88 (Ribeiro et al., 2008). Bitter taste is one of the five basic tastes (sweet, salty, bitter, soar  
89 and umami) perceived by humans and animals (Jaggupilli et al., 2016), and has been often  
90 considered as a negative value (Favreau et al., 2010). Recent studies have demonstrated  
91 that taste receptors, including bitter taste receptors (TAS2R), are expressed in the  
92 gastrointestinal tract (Behrens and Meyerhof, 2011; Breer et al., 2012). Thus, TAS2R  
93 could be involved in eating pattern modulation of bulls observed when concentrate was  
94 supplemented with citrus flavonoids. Finally, it has been suggested that inflammation,  
95 microbiota, and diet may affect animal behavior (Haagensen et al., 2014) by the gut-brain  
96 axis crosstalk. Devant et al. (2016) studied the gene expression of receptors involved in

97 crosstalk mechanisms of the gut-brain axis in Holstein bulls fed different diets and  
98 suggested that some of these gut-brain crosstalk mechanisms could take place in the  
99 rumen.

100 The present study was designed to evaluate the effects of citrus flavonoid extract  
101 supplementation on concentrate consumption, growth rate, feed conversion ratio,  
102 macroscopic rumen wall health, carcass characteristics, and eating and animal behavior  
103 of Holstein bulls fed high-concentrate diets in commercial conditions with a multi-space  
104 feeder. Furthermore, the present study also aimed to investigate more deeply how citrus  
105 flavonoids supplementation could affect the expression of some genes in the rumen  
106 epithelium involved in gut-brain crosstalk mechanisms, such as taste receptors and  
107 inflammation regulators, that could explain differences related to the eating pattern and  
108 animal behavior.

## 109 **2. Materials and methods**

### 110 *2.1. Animals, feeding, housing, and experimental design*

111 This study was conducted in accordance with the Spanish guidelines for experimental  
112 animal protection (Royal Decree 53/2013 of February 1<sup>st</sup> on the protection of animals  
113 used for experimentation or other scientific purposes; Boletín Oficial del Estado, 2013).  
114 One hundred forty-four Holstein bulls ( $164.8 \pm 5.91$  kg of BW and  $135 \pm 7.2$  d of age)  
115 were fattened under commercial conditions in a farm (Granja l'Alsina, L'Alsina, Lleida).  
116 The whole study lasted 168 d, and was divided into growing (0 to 112 d) and finishing  
117 (113 to 168 d) phase. Animals were randomly allocated in one of eight 8 pens, and  
118 assigned to one of the two treatments (4 pens per treatment and 18 animals/ pen), either  
119 control (C) or supplemented (BF) with 0.04 % of bitter orange extract (*Citrus aurantium*)  
120 of the whole fruit rich in naringin (>20%; BF) (Bioflavex CA, Interquim, S.A., Barcelona,

121 Spain). Bioflavex was incorporated with the same procedure as premix was added to the  
122 concentrate during the concentrate manufacturing. Concentrates were manufactured from  
123 a 9,000 kg master-batch, of which 4,500 kg were C, and the other 4,500 kg BF. Each  
124 treatment concentrate was transported to the farm with the same truck, and stored into  
125 two different silos under the same conditions.

126 Pens were totally covered (12 m x 6 m) and were deep-bedded with straw and equipped  
127 with a three-space feeder (1.50 m length, 0.40 m width, 1.50 m height, and 0.35 m depth).  
128 The feeder of each pen weighed the concentrate continuously as described by Verdú et  
129 al. (2017), and these data were recorded to calculate concentrate consumption by pen.  
130 Pens were also equipped with one drinker (0.30 m length, 0.30 m width, 0.18 m depth).  
131 Straw was offered *ad libitum* in a separated straw five-space feeder (3.60 m length, 1.10  
132 m wide, and 0.32 m depth), and every time it was replaced it was recorded to estimate the  
133 total straw consumption. As straw was also used for bedding, these data are only an  
134 estimation.

## 135 2.2. Feed consumption and performance

136 Animals were fed a commercial concentrate in meal form, formulated to cover their  
137 nutritional requirements (FEDNA, 2008). The first 112 d of the study, animals were fed  
138 a grower concentrate formula, and between 112 d to the end of the study, animals were  
139 fed a finisher concentrate. Ingredients and nutritional composition of the concentrates are  
140 showed in **Table 1**. Throughout the study, animals had *ad libitum* access to wheat straw  
141 (3.5 % CP, 1.6 % ether extract, 70.9 % NDF, and 6.1 % ash; DM basis) and fresh water.

142 Animals were weighed individually every 14 d throughout the study in 12 experimental  
143 periods of 14 d. As already mentioned, during the 8 first periods (from 1 d to 112 d) the  
144 animals consumed the growing concentrate and during the last 4 periods (from 113 d to

145 168 d) and during the days before slaughter animals consumed the finishing concentrate  
146 (see **Table 1**). After 168 d of study bulls were transported to the slaughterhouse  
147 (Escorxador del Grup Alimentari Guissona, Guissona, Spain), located 15 km from the  
148 farm. Animals were slaughtered in two weeks, 4 pens per week, two pens from C and two  
149 from BF bulls each week. The time waiting before slaughter was less than 6 h. Animals  
150 were weighed before loading. They were slaughtered by commercial practices and  
151 following the EU Regulation 1099/2009 on the protection of animals at the time of killing  
152 or slaughtering.

### 153 *2.3. Animal behavior*

154 A visual scan procedure at days 15, 30, 43, 57, 71, 85, 94, 112, 127, 141, 155, and 167 of  
155 the study was performed to study the general activity (standing, lying, eating, drinking,  
156 and ruminating) and social behavior (nonagonistic, agonistic, and sexual interactions) of  
157 the animals in every pen. Social behavior activities recorded are described in **Table 2**.

158 General activities recorded were: consumption (when an animal had its head into the  
159 feeder and was engaged in chewing) of concentrate, and straw, drinking (when an animal  
160 had its mouth in the water bowl), ruminating (including regurgitation, mastication and  
161 swallowing of the bolus). Also, postures such as standing or lying (sternal recumbence  
162 with all legs folded under the body with the head down or up) were recorded. The visual  
163 observation was made for 2 pens at the same time from 8:00 to 10:30 h am, as described  
164 by Verdú et al. (2015). General activities were scored using 3 scan samplings of 10 s at 5  
165 min intervals, and social behavior was scored during three continuous sampling periods  
166 of 5 min. This scanning procedure of 15 min was repeated twice consecutively in each  
167 pen, starting randomly in a different pen every scanning day. This method describes a  
168 behavior exhibited by an animal at a fixed time interval (Colgan, 1978).



169 *2.4. Carcass quality*

170 After slaughtering, HCW was registered for every animal. Dressing percentage was  
171 calculated by dividing HCW by BW recorded before slaughtering. And, following the  
172 (S)EUROP categories described by the EU Regulation No. 1208/81 and 1026/91,  
173 conformation of carcasses was classified, where "E" corresponded to an excellent  
174 conformation, "U" to very good conformation, "R" to good conformation, "O" to fair  
175 conformation, and "P" to a poor conformation. The fat cover was classified according the  
176 EU Regulation No. 1208/81, which utilizes a classification system by numbers, 1.2.3.4.5,  
177 where 5 explains a very high degree of covering fat and heavy fat deposits in the thoracic  
178 cavity, and 1 is classified as low degree, with no fat cover.

179 *2.5. Rumen and liver macroscopic evaluation and sample collection*

180 Rumen and liver of every animal were macroscopically evaluated at the slaughterhouse.  
181 Rumens were classified depending on the color by a visual evaluation, from 1 to 5, being  
182 "5" a black colored rumen and "1" a white colored rumen (González et al., 2001). They  
183 were also divided into areas according to Lesmeister et al. (2004) to examine the presence  
184 of ulcers, baldness regions, and of clumped papillae (Nocek et al., 1984). Liver abscesses  
185 were classified according to Brown et al. (1975).

186 Additionally, a liquid sample from rumen was obtained from homogeneous contents  
187 strained with a cheesecloth from 18 animals randomly selected from two pens per  
188 treatment, immediately following slaughter. Following the procedures of Jouany (1982),  
189 4 mL of ruminal fluid was mixed with 1 mL of a solution containing 0.2% (wt/wt)  
190 mercuric chloride, 2% (wt/wt) orthophosphoric acid, and 2 mg/mL of 4-methylvaleric  
191 acid (internal standard) in distilled water, and stored at -20°C until subsequent VFA  
192 analysis. Also, a 1-cm<sup>2</sup> section of rumen wall (left side of the cranial ventral sac) was

193 sampled and papillae were excised before rinsed 2 times with chilled PBS after sampling  
194 and immediately incubated in RNA-later (Invitrogen, Madrid, Spain) to preserve the  
195 RNA. After 24 hours of incubation with RNA later at 4 °C, the liquid was removed and  
196 tissue was frozen at -80 °C until further RNA extraction and subsequent gene expression  
197 analysis.

## 198 *2.6. Biological and chemical analyses*

199 During the study, samples of concentrate were collected at d 0, 42, 84, 126, and 168 d.  
200 and analyzed for DM (method 925.04; AOAC, 2005), ash (method 642.05; AOAC, 2005),  
201 CP by the Kjeldahl method (method 988.05; AOAC, 2005), ADF and NDF according to  
202 Van Soest et al. (1991) using sodium sulfite and alpha-amylase, and EE by Soxhlet with  
203 a previous acid hydrolysis (method 920.39; AOAC, 2005).

204 Naringin was determined for every sample of concentrate (C and BF) as a Bioflavex CA  
205 marker for BF group, and was used as a marker confirming adequate inclusion of citrus  
206 flavonoid extract in the diets by Laboratory of Interquim S.A. Internal method for  
207 naringin quantification using HPLC developed by Interquim S.A. was used (Paniagua et  
208 al., 2018).

209 Ruminal VFA concentration was determined with a semicapillary column (15 m × 0.53  
210 mm ID, 0.5 µm film thickness, TRB-FFAP, Teknokroma, Barcelona, Spain) composed  
211 of 100% polyethylene glycol (PEG) esterified with nitroterephthalic acid, bonded and  
212 crosslinked phase (method number 5560; APHA–AWWA–WPCF, 2005), using a CP-  
213 3800-GC (Varian, Inc., Walnut Creek, CA).

214 For gene expression analyses, total RNA was extracted from rumen wall homogenizing  
215 tissues in Trizol (Invitrogen) by Polytron Instrument (IKA, Germany). Isolated mRNA  
216 was reverse transcribed to cDNA using a PrimeScript RT Reagent Kit (Takara, Frankfurt,

217 Germany) following the manufacturer's instructions. The RNA purity was assessed by a  
218 NanoDrop instrument (ThermoFisher, Madrid, Spain) at 260, 280, and 230 nm. The  
219 quantification of the expression of genes at the mRNA level coding for 1) the tight-  
220 junction protein Claudin4 (*CLDN4*); 2) the production, expression, and turnover of  
221 neurotransmitters: free fatty acid receptor 2 (*GPR43*) and free fatty acid receptor 3  
222 (*GPR41*), pancreatic polypeptide receptor 1 (*PPYR1*); actual name neuropeptide Y  
223 receptor Y4 [*NPY4R*], and  $\alpha$ 2-adrenergic receptor subtype C (*ADRA2C*), cholecystokinin  
224 receptor 4 (*CCKBR*); 3) pro-inflammatory cytokines TNF- $\alpha$  (*TNF $\alpha$* ) and cytokine IL-25  
225 (*IL-25*), pattern recognition receptor Toll-like receptor 4 (*TLR4*) and antimicrobial  
226 peptides released by intestinal cells ( *$\beta$ -defensins*, and *lactoferrin*); 4) bitter taste receptors  
227 type 2 member 7, 16, 38 and 39 (*TAS2R7*, *TAS2R16*, *TAS2R38* and *TAS2R39*) were  
228 performed by quantitative PCR (qPCR). The qPCR was performed using gene codifying  
229 for Ribosomal Protein Subunit 9 (*RPS9*) as a housekeeping gene, which was checked for  
230 stability following Vandesompele et al. (2002) in comparison with genes codifying for  $\beta$ -  
231 actin (*ACTB*), ubiquitously expressed Transcript protein (*UXT*) and Glyceraldehyde 3-  
232 phosphate dehydrogenase (*GAPDH*). The qPCR conditions for each set of primers were  
233 individually optimized (**Table 3**). The specificity of the amplification was evaluated by  
234 single band identification at the expected molecular weight in 0.8% DNA agarose gels  
235 and a single peak in the melting curve. The efficiency was calculated by amplifying serial  
236 1:10 dilutions of each gene amplicon. A standard curve of crossing point (Cp) versus the  
237 logarithm of the concentration was plotted to obtain the efficiency, which was calculated  
238 using the formula  $10^{1/\text{slope}}$ , with an acceptable range of 1.8 to 2.2. A total reaction volume  
239 of 20  $\mu$ L was used, containing 50 ng of cDNA, 10  $\mu$ L of SYBR Premix EXTaq  
240 (TliRNAseH) (Takara, Frankfurt, Germany) and the optimized primer concentration for  
241 each gene (**Table 3**). The qPCR reactions were performed as follows: an initial denaturing

242 step of 10 min at 95°C followed by 40 cycles of 10 s at 95°C, 15 s at optimized annealing  
243 temperature for each gene, 30 s at 72°C, and a final extension of 10 min at 72°C. The  
244 resulting Cp values were used to calculate the relative expression of selected genes by  
245 relative quantification using a reference gene (housekeeping gene) and a calibrator of  
246 control group (Pfaffl, 2004, Eq. [3.5]).

## 247 *2.7. Calculations and statistical analyses*

248 Only pen was considered the experimental unit and animals within pen were considered  
249 sampling units in some parameters. Concentrate efficiency data were transformed into  
250 log to achieve a normal distribution. The means presented in the tables and figures  
251 correspond to non-transformed data and, SEM and P-values correspond to the ANOVA  
252 analyses of the transformed data. The percentage of each general activity was calculated,  
253 and the average by day, pen, and scan obtained. Then, these data were transformed into  
254 natural logarithms to achieve a normal distribution. The frequency of each social behavior  
255 was calculated by summing by day, pen, and scan, and transformed into the root of the  
256 sum of each activity plus 1 to achieve a normal distribution. The ANOVA analysis was  
257 performed with transformed data, and the means shown in the tables correspond to the  
258 back transformed data.

259 Unification of performance, animal behavior and concentrate consumption data averaged  
260 by pen and period were analyzed using a mixed-effects model (Version 9.2, SAS Inst.,  
261 Inc., Cary, NC). The model included initial BW as a covariate, treatment, period (14-d  
262 period), and the interaction between treatment and period, as fixed effects, and the  
263 interaction between treatment and pen and the 3-way interaction between treatment, pen,  
264 and period as random effects. Period was considered a repeated factor, and for each  
265 analyzed variable, animal nested within the interaction between treatment and pen (the  
266 error term) was subjected to 3 variance-covariance structures: compound symmetry,

267 autoregressive order one, and unstructured. The covariance structure that yielded the  
268 smallest Schwarz's Bayesian information criterion was considered the most desirable  
269 analysis.

270 In the case of rumen gene expression and VFA data pen were considered the experimental  
271 unit and animals as sampling units, and data were analyzed using ANOVA where the  
272 model included treatment (as there were no repeated measures) as the main effect. For  
273 categorical variables analyses (carcass classification, rumen health parameters, hepatic  
274 abscesses) a Chi-square-test was used. Differences were declared significant at  $P < 0.05$ ,  
275 and trends were discussed at  $0.05 \leq P \leq 0.10$  for all models.

### 276 **3. Results**

#### 277 *3.1. Animal health*

278 Two animals from the C treatment were removed before the study end due to lameness  
279 problems. One animal from the BF treatment was also removed due to chronic respiratory  
280 problems.

#### 281 *3.2. Intake, performance and carcass quality*

282 No statistical differences were found in concentrate intake between treatments, neither  
283 during the growing phase (**Table 4**) nor for the finishing phase (**Table 5**). Also for the  
284 whole study (**Table 6**), no differences between treatments were observe for this  
285 parameter. In the same way, estimated straw consumption did not show statistical  
286 differences during the growing phase ( $P = 0.92$ ) ( $0.57$  vs,  $0.56 \pm 0.046$  kg/d for C and BF,  
287 respectively) nor for the finishing phase ( $P = 0.46$ ) ( $0.89$  vs.  $0.97 \pm 0.074$  kg/d for C and  
288 BF, respectively) (data not presented). Throughout the study straw consumption  
289 estimated were  $0.73 \pm 0.080$  kg/d for C group and  $0.77 \pm 0.080$  kg/d for BF animals, and  
290 no statistical differences were observed either ( $P = 0.74$ ) (data not presented).

291 During the growing phase the ADG was not affected by treatment. However, ADG during  
292 the finishing phase was greater ( $P < 0.05$ ) for BF bulls than for C bulls, and CV of ADG  
293 was lesser ( $P < 0.05$ ) for BF bulls compared with C bulls. Otherwise, CV of final BW  
294 was greater ( $P = 0.01$ ) for BF bulls than for C bulls. Concentrate FCR tended ( $P = 0.10$ )  
295 to be less for BF bulls than for C bulls at the end of the 168 d of study, although BW and  
296 concentrate intake were not affected by treatment. Furthermore, CV of water intake was  
297 greater ( $P < 0.05$ ) for C bulls than for BF bulls during the finishing phase. An interaction  
298 between treatment and time was found for concentrate FCR ( $P < 0.05$ ) thorough the study  
299 and during the finishing phase without any clear pattern. Carcass quality data are  
300 presented in **Table 7**. At the slaughterhouse BW, dressing percentage, carcass  
301 conformation and fatness classification were not affected by treatment.

### 302 *3.3. Animal behavior*

303 *General activities.* All data for animal behavior, general activities and active behavior as  
304 well, are showed in **Table 8** and **Table 9** for growing and finishing phase, respectively.  
305 No statistical differences were found in the percentage of animals per pen standing, lying,  
306 eating straw and ruminating throughout the visual observation period for the growing  
307 phase. The percentage of animals eating concentrate was greater ( $P < 0.01$ ) for BF  
308 compared C bulls, and the proportion of animals drinking water tended ( $P < 0.10$ ) to be  
309 greater as well for BF bulls than for C bulls during this phase.

310 For the finishing phase, no differences were found in the proportion of animals per pen  
311 standing, lying, eating straw and drinking water during the visual observation period. In  
312 this phase, the proportion of animals per pen eating concentrate tended ( $P < 0.10$ ) to be  
313 greater in BF bulls compared with C bulls, and the proportion of animals ruminating in  
314 BF group was also greater ( $P < 0.01$ ) than for C bulls.

315 *Active behavior.* In the growing phase, during the visual scan observation period, the only  
316 parameter not affected by treatment was the social behavior. Self-grooming behavior was  
317 greater for BF compared with C bulls, and C bulls exhibited more ( $P < 0.01$ ) oral non-  
318 nutritive behaviors than BF bulls. BF bulls exhibited less ( $P < 0.01$ ) agonistic interactions  
319 than C bulls. Fighting, displacement, chasing and chasing-up, and butting behaviors were  
320 greater ( $P < 0.05$ ) in C than in BF bulls. Flehmen behavior was greater ( $P < 0.05$ ) in C  
321 compared with BF bulls. Additionally, attempt to mount and complete mounts tended ( $P$   
322  $< 0.10$ ) to be greater in C than BF bulls.

323 During the finishing phase no differences between treatments were observed for social  
324 and oral behaviors. Bulls from the C group tended ( $P < 0.10$ ) to perform more self-  
325 grooming behaviors than BF bulls. Otherwise, differences among treatments in agonistic  
326 and sexual behaviors became more evident; C bulls exhibited more agonistic and sexual  
327 behaviors than BF bulls.

#### 328 *3.4. Macroscopic rumen evaluation and liver abscesses*

329 At the slaughterhouse (**Table 10**), color of rumen wall was lighter ( $P < 0.05$ ) for BF bulls  
330 (63.01% classified as color  $< "3"$ ) compared with C bulls (45.71 classified as color  $<$   
331  $"3"$ ). Baldness areas presence in the rumen were greater ( $P < 0.05$ ) in BF bulls (58.90%)  
332 than in C bulls (38.57%). No differences between treatments were observed in the  
333 remaining macroscopic parameters analyzed at the slaughterhouse (liver abscesses, ulcers  
334 and clumped papillae).

#### 335 *3.5. Rumen VFA concentration at slaughterhouse*

336 Rumen VFA concentration data are presented in **Table 11**. Total VFA concentration in  
337 the rumen was not affected by treatment. The molar proportion of acetate was greater ( $P$   
338  $< 0.001$ ) in BF bulls compared with C bulls, whereas molar proportion of propionate was

339 greater ( $P < 0.001$ ) for C bulls than for BF bulls. Accordingly, acetate:propionate ratio  
340 was greater ( $P < 0.001$ ) for the BF bulls than for C bulls. The remaining of VFA analyzed  
341 (butyrate, valerate, isobutyrate and isovalerate) were not affected by the treatment.

### 342 3.6. Expression of genes in the rumen epithelium

343 The relative expression at mRNA level of genes studied in the rumen epithelium are  
344 presented in **Figure 1**. The supplementation with flavonoids affected the expression of  
345 all the bitter taste receptors (*TAS2R*) analyzed. The relative expression of *TAS2R7*,  
346 *TAS2R16*, *TAS2R38*, and *TAS2R38* were greater ( $P < 0.01$ ) in the rumen of C compared  
347 with BF bulls. The relative expression of receptors related with the neurotransmitter  
348 signaling differ among treatment. The *ffar3* ( $P = 0.10$ ) and *ffar2* ( $P < 0.01$ ) were greater  
349 expressed in C bulls compared with BF bulls. In addition, the relative expression for  
350 *ppyr1* and *cckbr* was greater ( $P < 0.01$ ) as well for C bulls than for BF bulls. Furthermore,  
351 the relative expression of the receptors related with the inflammation like *IL-25*, *TLR4*,  
352 and *defensin*, were greater ( $P < 0.05$ ) for C bulls than for BF bulls.

## 353 4. Discussion

354 In this study, flavonoid supplementation tended to improve feed efficiency of bulls.  
355 Paniagua et al. (2018) found a reduction in concentrate intake explained by a numerical  
356 decrease of meal size in bulls supplemented with flavonoids fed with a single-space  
357 feeder. Consequently, the hypothesis that the single-space feeder could have been limiting  
358 the access to the concentrate was considered, especially during the finishing phase, when  
359 bulls possibly were not able to compensate the decrease of meal size by increasing the  
360 number of visits to the feeder. Therefore, in the current study, multiple-space feeders were  
361 used and, during the finishing phase, bulls supplemented with flavonoids did not exhibit  
362 a reduction of the concentrate intake. Moreover, during this phase, concentrate feeder



363 occupancy tended to be greater for BF animals. This supports the hypothesis that these  
364 animals were able to compensate meal size reduction by increasing the number of visits  
365 to the feeder. Additionally, in the present study BF bulls showed higher ADG than C bulls  
366 during this finishing phase without an increase of concentrate intake. Consequently, BF  
367 bulls were more efficient during this phase, although concentrate efficiency improvement  
368 was only numerical. Smaller meal sizes have been related to an improvement of feed  
369 efficiency in steers (Montanholi et al., 2010). Then, assuming that bulls supplemented  
370 with flavonoids may have reduced the large meal sizes (> 750 g/ meal) (Paniagua et al.,  
371 2018), this could explain the improvement in concentrate efficiency during the finishing  
372 phase and the greater ADG of these BF animals. In a previous *in vitro* study Seradj et al.  
373 (2014) observed that BF decreased methane production which could explain the  
374 efficiency improvement in BF supplemented bulls observed in the present study. Another  
375 possible mechanism involved in the feed efficiency improvement in beef animals  
376 described in the literature is based on the rumen VFA profile. Greater propionate  
377 percentage and lesser acetate:propionate ratio in rumen fluid are related with better  
378 efficiency in ruminants when ionophore antibiotics are added to the feed (Golder and  
379 Lean, 2016). Previously, in the study carried out by Balcells et al. (2012), an increase in  
380 molar proportions of propionic acid in the rumen of cannulated heifers supplemented with  
381 citrus flavonoids was observed. Propionic acid has been described as an important  
382 regulator of feed intake in ruminants fed high starch diets (Bradford and Allen, 2007).  
383 According to these results, Paniagua et al. (2018) hypothesized that supplementation with  
384 citrus flavonoids could reduce large meal sizes in bulls due to an increase in ruminal  
385 propionate production. However, the results of the current study showed greater rumen  
386 molar percentage of propionate at slaughterhouse in C bulls than in animals supplemented  
387 with flavonoids. Furthermore, rumen molar percentage of acetate was greater for BF bulls

388 and, consequently, acetate:propionate ratio was lower for C bulls compared with bulls  
389 supplemented with flavonoids. Sampling, in-farm or slaughter can affect rumen fluid  
390 VFA concentration and profile (Lam et al., 2018). Rumen epithelium health could affect  
391 VFA absorption. Accordingly with the results obtained by Paniagua et al. (2018), in the  
392 present study the color of the rumen wall was lighter for BF bulls. As propionate is rapidly  
393 absorbed by simple diffusion in the timeframe of the meal (Allen et al., 2009; Allen and  
394 Bradford, 2012), whilst for acetate absorption an active transport is needed (Aschenbach  
395 et al., 2014), a better health of the rumen epithelium could explain that BF bulls showed  
396 lesser rumen concentration of propionate content compared with C animals. Although BF  
397 bulls had greater baldness area in the rumen, and this could translated with a reduced  
398 capacity of absorption, this cannot be affirmed as total absorption surface of the rumen  
399 was not measured in the present study.

400 On the other hand, *ffar2* and *ffar3* tended to be lesser expressed in the rumen epithelium  
401 of BF compared with C bulls. These results would be coherent with the differences  
402 obtained in VFA profiles between BF and C bulls, as both nutrient sensing receptors,  
403 *ffar2* and *ffar3*, are greater stimulated by propionate compared with acetate in bovine  
404 (Hudson et al., 2012; Friedrichs, 2015). Although their functions are not well established  
405 in bovine, and further research is needed, these nutrient sensing receptors are involved in  
406 the modulation of the release of several gastrointestinal hormones (Mielenz, 2017),  
407 modulating eating pattern as well. Furthermore, as discussed later in the behavior effects  
408 of BF supplementation, the expression of *ffar3* could be related with serotonin release  
409 (Evans et al., 2013). Serotonin is a monoamine neurotransmitter that is involved in the  
410 regulation of learning, mood, sleep, anxiety, and other psychiatry-related afflictions and  
411 recently it has been studied as a signaling molecule linking the brain and the gut (Evans  
412 et al., 2013).

413 Moreover, taste receptors were initially discovered in taste buds located in the tongue and  
414 different parts of the oral cavity. Recently, an important number of studies are describing  
415 the presence of taste receptors for the basic tastes (sweet, bitter, umami, sour and salty)  
416 throughout the body, including respiratory system and gastrointestinal tract (Behrens and  
417 Meyerhof, 2011). This peripheral gustatory system would have the function of tasting the  
418 luminal content of the digestive tract, and regulating nutrient transporters expression,  
419 nutrients uptake, and also the release of gut hormones and neurotransmitters involved in  
420 the regulation of the gastrointestinal function, feeding and satiety (Depoortere, 2013).  
421 Bitter molecules trigger the release of mainly anorexigenic hormones and peptides, such  
422 as ghrelin (orexigenic), cholecystokinin (CCK), neuropeptide Y (NPY), and peptide YY  
423 (PYY) (Chen et al., 2006; Depoortere, 2013; Takai et al., 2016). This would be a logical  
424 response, as bitter taste has been often related to the presence of toxins (Favreau et al.,  
425 2010; Ginane et al., 2011), and is considered to have a negative value (Favreau et al.,  
426 2010). Thus, the activation of an anorexigenic response in the digestive tract would be an  
427 adaptive response to this taste. The TAS2R analyzed were chosen mainly based on human  
428 literature. Human TAS2R39 agonists are dietary compounds and flavonoids from many  
429 different plant sources (Roland et al., 2014), whereas TAS2R7 is activated by caffeine  
430 (Meyerhof et al., 2010; Poole and Tordof, 2017). TAS2R16 is activated mainly by similar  
431 molecules than TAS2R39, depending if they are glycosylated or not (Meyerhof et al.,  
432 2010), and TAS2R38 agonists are natural molecules as well, and this bitter taste receptor  
433 has been related to the immune system in humans (Meyerhof et al., 2010; Ahmed et al.,  
434 2016). In the present study, flavonoids supplementation reduced the gene expression of  
435 all TAS2R analyzed in the rumen epithelium (*TAS2R7*, *TAS2R16*, *TAS2R38*, and  
436 *TAS2R39*). Although naringin has a characteristic bitter taste, it is rapidly deglycosylated  
437 by enzymes to naringenin (Busto et al., 2007), and rumen microflora is able to degrade

438 naringin to naringenin (Simpson et al., 1969; Cheng et al., 1971) as well. Contrary to  
439 naringin, naringenin acts as an important bitter masking molecule (Jacob et al., 2014).  
440 Roland et al. (2014) described how some flavanones act as actual antagonists for human  
441 *TAS2R39*, reducing the receptor response possibly by orthosteric mechanism acting over  
442 a single binding pocket of the bitter taste receptor. Accordingly, our results would agree  
443 with the function of naringenin as a bitter masking molecule, acting as antagonist for all  
444 *TAS2R* analyzed. This reduction in the gene expression of *TAS2R* could be related with  
445 the greater time devoted to eat observed in BF bulls. Actually, our results have also  
446 showed a clear decline in the gene expression of receptors related with neurotransmitters,  
447 as *cckbr* (acts as *CCK* and *gastrin* receptor; Silvente-Poirot and Wank, 1996) and *ppyr1*  
448 (acts as *NPY* and *PYY* receptor; Larhammar, 1996) in bulls supplemented with flavonoids,  
449 that would be in concordance with the reduction in the expression of the *TAS2R* analyzed  
450 in the rumen epithelium of these animals, because of these taste receptors are involved in  
451 the release of these anorexigenic molecules. Consequently, we can hypothesize that  
452 supplementation with citrus flavonoids in bulls might modulate eating pattern acting over  
453 *TAS2R* expressed in the rumen epithelium, and consequently modifying the release of  
454 hormones and bioactive peptides involved in hunger and satiety. Therefore, some citrus  
455 flavonoids or their derivates might act as bitter masking molecules in the rumen, and bulls  
456 supplemented with these flavonoids devoted more time to eat, and this could be related  
457 to a decrease in agonist and sexual interactions.

458 Although reducing meal size and increasing occupancy of the feeder at the same time  
459 could be considered a contradiction, in fact, naringin supplemented in the concentrate is  
460 a bitter molecule that would be triggering the release of anorexigenic hormones and  
461 peptides, until is metabolized into naringenin. Conversely, naringenin would be acting as  
462 a bitter masking molecule, reducing the release of these anorexigenic hormones and

463 activating eating behavior. However, more research is needed to deeply investigate the  
464 interrelationships between naringin, naringenin and how both flavonoids act over the  
465 eating behavior in bulls. Moreover, the effects of flavonoids or their derivatives on rumen  
466 fermentation may affect other nutrients like amino acids or VFA that may affect the  
467 receptors related with the nutrients sensing mechanisms that alter eating pattern.

468 Flavonoid supplementation affected animal behavior, it is important to have in mind that  
469 nowadays, animal welfare is considered an important issue in animal production systems,  
470 and in developed societies there is a growing concern about wellbeing of farm animals.  
471 Thus, improving animal welfare is a challenge that intensive animal production systems  
472 will have to face in the coming years. Nutritive strategies (Devant et al., 2016; Celi et al.,  
473 2017), the use of different feed additives (McGrath et al., 2018), and enriching the  
474 environment in the farms (Casal-Plana et al., 2017) have been proposed as possible  
475 alternatives to ameliorate animal welfare. In beef cattle, some animal behaviors, as  
476 aggressive and oral non-nutritive behaviors, have been described as indicators of poor  
477 welfare, frustration and discomfort (Gonyou et al., 1994; Devant et al., 2016). Gut-brain  
478 axis has been proposed as a communication network between digestive system and brain,  
479 and may affect behavior in humans and other animals (Haagensen et al., 2014; Devant et  
480 al., 2016; Wiley et al., 2017). Beyond the mechanisms described above related to the  
481 nutrient sensing mechanisms, Devant et al. (2016) suggested that the rumen could be  
482 involved in the crosstalk between digestive system and brain in beef cattle, indicating that  
483 animal aggressive and sexual behaviors could be modulated by this axis.

484 Previously, Paniagua et al. (2018) observed in bulls supplemented with the same citrus  
485 flavonoids a reduction of oral non-nutritive behaviors, and aggressive and sexual  
486 interactions. In agreement with these previous results, in the present study BF bulls  
487 exhibited less oral non-nutritive behaviors during the growing phase. Licking objects with

488 non-nutritional finality has been described as an abnormal oral behavior in cattle, and  
489 digestive dysfunctions, as rumen lesions, low rumination activity and low pH, have been  
490 proposed as possible causes of this behavior (Bergeron et al., 2006; Devant et al., 2016).  
491 Furthermore, in the present study, ruminating activity was greater in BF bulls during the  
492 finishing phase, and rumen wall color was lighter for BF bulls. Thus, it could be  
493 hypothesized that supplementation with citrus flavonoids reduced oral non-nutritive  
494 behaviors modulating eating pattern of bulls.

495 As previously observed (Paniagua et al., 2018), in the present study all agonistic and  
496 sexual interactions studied were reduced in BF bulls compared with non-supplemented  
497 animals throughout the study. Mechanisms whereby flavonoids supplementation may  
498 reduce these agonistic and sexual behaviors are unknown. Flavonoids supplementation  
499 might modulate animal behavior through mechanisms involved in the gut-brain crosstalk.  
500 Some of those mechanisms could be related with nutrient sensing mechanisms (capacity  
501 to sense and respond to nutrients) being here bitter taste and FFAR receptors key players.  
502 On the other hand, molecules regulating gastrointestinal inflammation and neuropeptides  
503 could also have a relevant involvement in animal behavior modulation.

504 In the present study, citrus flavonoids supplementation has clearly reduced the gene  
505 expression of the proteins related with the inflammation in the rumen epithelium of the  
506 bulls such as *IL-25*, *TLR4*, and *defensin*. Inflammation has been suggested to play an  
507 important role in animal welfare (Haagensen et al., 2014; Wiley et al., 2017) and behavior  
508 (Devant et al., 2016), possibly by the gut-brain axis crosstalk. Inflammation could be  
509 involved in a decrease of serum serotonin concentrations, a neurotransmitter that plays an  
510 important role within the gut-brain axis, and has been associated with mood modulation  
511 (Evans et al., 2013) and a reduction in aggressive behaviors (Haagensen et al., 2014).  
512 Additionally, selective serotonin reuptake inhibitors (which increase extracellular

513 serotonin) have been related to libido reduction and sexual problems in humans (Balon,  
514 2006). *IL-25* is produced by a variety of cells, including immune and non-immune cells  
515 (epithelial and endothelial) and it can potentiate allergic inflammation (Gu et al., 2013).  
516 *TLR4* is involved in the recognition of endotoxin of gram-negative bacteria and LPS  
517 (Yunhe et al., 2013), and plays a fundamental role in pathogen recognition and activation  
518 of innate immunity (Lu et al., 2008). *B-defensin* is an antimicrobial peptide, and have  
519 modulatory effects on innate and adaptive immune processes in mammals (Yang et al.,  
520 2001 and 2007). Thus, in our study, citrus flavonoids supplementation reduced the gene  
521 expression of these inflammation-related molecules, and this could be leading to a  
522 reduction in inflammatory response and inflammation in the rumen epithelium.  
523 Furthermore, naringenin could act as a potent antioxidant and its anti-inflammatory  
524 effects has been deeply described (Manchope et al., 2017). According to the previous  
525 results (Paniagua et al., 2018), in the present study aggressive and sexual interactions in  
526 bulls supplemented with citrus flavonoids were reduced, and rumen gene expression data  
527 would support that the reduction of the rumen inflammation could be a key player in this  
528 response.

529 Finally, as mentioned before when analyzing eating and animal (social and sexual)  
530 behaviors one should have in mind that they could be interrelated. Qaisrarni et al. (2012)  
531 described that some nutritional strategies, focused on increasing time devoted to eat,  
532 reduced aggressive and abnormal behaviors of the animals. In this case, bulls  
533 supplemented with flavonoids dedicated more time to eat concentrate or ruminating  
534 during the visual scan procedure. Thus, we could not reject the hypothesis that animals  
535 devoting more time to feeding events had less time to perform other behaviors, as  
536 aggressive and sexual interactions.

## 537 **5. Conclusions**

538 Concentrate intake regulation (time devote to eat) together with the inflammation and  
539 other gut-brain crosstalk mechanisms in the rumen epithelium might be involved in the  
540 improvement of animal behavior and welfare along with efficiency of bulls supplemented  
541 with citrus flavonoids fed high-concentrate diets.

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762 **Table 1.** Ingredients and nutrient composition of the feed concentrates.

Item	Growing <sup>1</sup>	Finishing <sup>2</sup>
<b>Ingredient, g/ kg</b>		
Corn grain meal	399.7	450.9
Barley grain meal	179.8	155.5
DDGs	179.8	150.2
Wheat	109.7	110.3
Beet pulp	73.9	80.2
Palm oil	20.0	25.0
Calcium carbonate	15.5	12.8
Urea	8.0	4.0
Sodium bicarbonate	5.0	4.0
Dicalcium phosphate	3.6	3.1
Vitamin premix	3.0	2.0
Salt	2.0	2.0
<b>Nutrient</b>		
ME, Mcal/kg DM	3.30	2.97
CP, g/ kg DM	157	123
Ether extract, g/ kg DM	58	54
Ash, g/ kg DM	56	44
NDF, g/ kg DM	178	151
NFC, g/ kg DM	550	628

763 <sup>1</sup> from 0 to 112 days of the study.

764 <sup>2</sup> from 113 days to the end of the study.

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773 **Table 2.** Description of the social behavioral categories recorded.

Interactions	Item	Definition
Nonagonistic interactions	Self-grooming	Nonstereotyped licking of its own body, scratching with a back limb or against the fixtures.
	Social behavior	Licking, nosing with the muzzle or horning a neighboring bull.
	Oral non-nutritive behavior	Licking or biting fixtures with non-nutritive finality.
Agonistic interactions	Fighting	When bulls push vigorously head against head.
	Butting	When one bull pushes vigorously its head against any part of another bull's body.
	Displacement	When one bull jostles itself between 2 other bulls or between a bull and any equipment.
	Chasing	When a bull follows fast or run behind another bull.
	Chasing-up	When a bull pushes a resting animal and make him to stand up.
Sexual interactions	Flehmen	Upper lip reversed.
	Attempted mounts	Head on the back of another animal.
	Completed mounts	Forelimbs on the back of another animal.
Stereotypies	Oral stereotypies	Tongue rolling, stereotyped licking or biting any equipment

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776 **Table 3.** Sequence, annealing temperature (At), concentration ( $\mu\text{M}$ ), efficiency (%) and  
 777 amplicon size (bp) of the primers used for qPCR.

	<b>Fw Primer</b>	<b>Rv Primer</b>	<b>At</b>	<b><math>\mu\text{M}</math></b>	<b>bp</b>	<b>Efficiency</b>
<i>RPS9</i>	CCTCGACCAAGAGCTGAAG	CCTCCAGACCTCACGTTTGTTTC	57	0.125	63	2.04
<i>TAS2R7</i>	TGGGGTGTGTTGGTCTTCTCG	GGCAATGAAAAGGAGGAGGAATG	60	0.25	218	1.96
<i>TAS2R16</i>	GCTTGAGAGACTTGAGGCGT	GCCATGAGCAAGACTGTGGA	60	0.25	108	1.96
<i>TAS2R38</i>	AATTTCGGGACCTGGTGAG	AGCTCAGCGGGTCTTTCATC	60	0.25	151	1.97
<i>TAS2R39</i>	GTGGCGGATTTCTCCTACCC	CACTCTGGCCCAAGGAAACA	60	0.5	105	2.09
<i>LTF</i>	TGAAAGGGGAAGCAGATG	AAGTCCTCACGATTCAAGTT	50	0.5	552	1.98
<i>PPYR1</i>	TGAGGCCATCCCCATTTGTC	CTCAGACTCCTCCACAGGGA	57	0.25	174	2.22
<i>TLR4</i>	TCAGAAACCTCCGCTACCTTG	TTCTGAAAAGAGTTGCCTGCC	55	0.5	117	1.91
<i>FFAR2</i>	CGCTCCTTAATTTCTGCTG	CAAAGGACCTGCGTACGACT	52	0.5	173	2.03
<i>FFAR3</i>	AAAGCAGCAGTGGCCATGA	GAGGTTTAGCAAGAGCACGTCC	57	0.25	182	1.98
<i>ADRA2C</i>	TGCGCGCCCCGCAGAACCTCTTCCT	ATGCAGGAGGACAGGATGTACCA	59	0.5	403	1.97
<i>CLDN4</i>	CATGATCGTGGCCGGCGTG	AGGGCTTGTCGTTGCGGG	62	0.125	226	1.82
<i>TNF<math>\alpha</math></i>	AACAGCCCTCTGGTTCAAAC	TCTTGATGGCAGACAGGATG	60	0.5	296	1.89
<i>B-DEF</i>	GGTCACAAGTGGCAGAGGAT	TGGTTGAAGAACTTCAGGGC	60	0.25	152	2.01
<i>CCKBR</i>	TGTGTTGGTTGCCCGTGTAT	AGGCGTAGCTTAGCAAGTGG	60	0.25	114	1.97
<i>IL-25</i>	TAAGGCTGTCACCTTGCCTC	CGAGCCCAACTTCTATCCCC	60	0.25	194	1.89
<i>UXT</i>	TGTGGCCCTTGATATGGTT	GGTTGTCGCTGAGCTCTGTG	57	0.125	100	2.05
<i>ACTB</i>	CTGGACTTCGAGCAGGAGAT	CCCGTCAGGAAGCTCGTAG	57	0.125	75	1.82
<i>GAPDH</i>	GCATCGTGGAGGGACTTATGA	GGGCCATCCACAGTCTTCTG	52	0.125	67	2.03

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780 **Table 4.** Performance and concentrate intake for growing phase in Holstein bulls fed  
 781 high-concentrate diets supplemented with citrus flavonoids.

Item	Treatment <sup>1</sup>			P-value <sup>2</sup>		
	Control	BF	SEM3	T	Time	T x Time
Initial age, d	134.25	135.22	0.215	<0.001		
Final age, d	246.16	247.22	0.689	0.32		
Initial BW, kg	165.03	164.64	5.906	0.96		
Final BW (168 d of study), kg	360.34	360.27	1.282	0.97		
CV, %	8.65	9.37	0.773	0.54	<.0001	0.34
ADG, kg/d	1.75	1.75	0.011	0.97	<.0001	0.58
CV, %	19.98	22.15	0.934	0.11	0.0011	0.29
Concentrate DM intake						
Mean, kg/d	6.83	6.60	0.143	0.26	<.0001	0.46
CV, %	10.53	11.29	0.700	0.45	0.0002	0.95
Water intake						
Mean, kg/d	17.93	19.87	1.683	0.42	<.0001	0.28
CV, %	31.43	24.01	7.255	0.47	0.36	0.40
FCR, kg/kg	4.50	4.34	0.087	0.19	<.0001	0.22

782 <sup>1</sup> C = non-supplemented, BF = concentrate supplemented with citrus flavonoids.

783 <sup>2</sup> T = treatment effect; Time = time effect (period of 14 d); T x Time = treatment by  
 784 time interaction effect.

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787 **Table 5.** Performance and concentrate intake for finishing phase in Holstein bulls fed  
 788 high-concentrate diets supplemented with citrus flavonoids.

Item	Treatment <sup>1</sup>			P-value <sup>2</sup>		
	Control	BF	SEM	T	Time	T x Time
Initial age, d	246.16	247.22	0.689	0.32		
Final age, d	302.02	303.22	0.677	0.25		
Initial BW, kg	360.34	360.27	1.212	0.97		
Final BW (168 d of study), kg	436.34	439.48	1.849	0.28		
CV, %	7.04	8.24	0.308	0.01	0.82	0.76
ADG, kg/d	1.36	1.41	0.019	0.048	<.0001	0.35
CV, %	42.83	36.28	1.831	0.02	0.018	0.95
Concentrate DM intake						
Mean, kg/d	7.96	7.91	0.193	0.86	0.022	0.39
CV, %	11.68	11.43	0.767	0.82	0.63	0.70
Water intake						
Mean, kg/d	28.35	31.04	1.500	0.22	<.0001	0.01
CV, %	42.05	16.85	8.351	<0.05	0.58	0.54
FCR, kg/kg	7.08	6.66	0.297	0.34	<.0001	0.049

789 <sup>1</sup> C = non-supplemented, BF = concentrate supplemented with citrus flavonoids.

790 <sup>2</sup> T = treatment effect; Time = time effect (period of 14 d); T x Time = treatment by  
 791 time interaction effect.

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821 **Table 6.** Performance and concentrate intake for the whole study in Holstein bulls fed  
 822 high-concentrate diets supplemented with citrus flavonoids.

Item	Treatment <sup>1</sup>			P-value <sup>2</sup>		
	Control	BF	SEM	T	Time	T x Time
Initial age, d	134.25	135.22	0.215	<0.001		
Final age, d	302.02	303.22	0.677	0.25		
Initial BW, kg	165.03	164.64	5.906	0.96		
Final BW (168 d of study), kg	436.34	439.48	1.849	0.28		
CV, %	8.10	8.91	0.764	0.46	<.0001	0.34
ADG, kg/d	1.62	1.64	0.011	0.19	<.0001	0.57
CV, %	27.60	26.85	1.564	0.74	<.0001	0.61
Concentrate DM intake						
Mean, kg/d	7.21	7.04	0.126	0.37	<.0001	0.51
CV, %	10.93	11.32	0.623	0.66	0.0002	0.97
Water intake						
Mean, kg/d	21.42	23.58	1.411	0.28	<.0001	0.07
CV, %	34.77	21.30	6.992	0.18	0.61	0.51
FCR, kg/kg	5.36	5.11	0.108	0.10	<.0001	0.03

823 <sup>1</sup> C = non-supplemented, BF = concentrate supplemented with citrus flavonoids.

824 <sup>2</sup> T = treatment effect; Time = time effect (period of 14 d); T x Time = treatment by  
 825 time interaction effect.

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855 **Table 7.** Carcass quality from Holstein bulls fed high-concentrate diets supplemented  
 856 with citrus flavonoids.

Item	Treatment <sup>1</sup>			<i>P-value</i> <sup>2</sup>
	C	BF	SEM	
Age before slaughter, d	313.38	314.75	0.916	0.29
Days in study, d	179.37	179.53	0.431	0.80
BW before slaughter, kg	450.39	452.62	3.154	0.62
Hot carcass weight, kg	237.60	239.92	2.019	0.42
Dressing percentage, %	52.80	53.07	0.326	0.56
Fatness, %				-
1				
2				
3	100	100		
Conformation, %				0.37
P	91.43	84.93		
O	8.57	13.70		
R	0	1.37		
U				

857 <sup>1</sup>C = non-supplemented, BF = concentrate supplemented with citrus flavonoids.

858 <sup>2</sup>T = treatment effect.

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860 **Table 8.** General activities (%) and social behavior (times/ 15 min) during the growing  
 861 phase in Holstein bulls fed high-concentrate diets supplemented with citrus flavonoids.

Item	Treatment <sup>1</sup>			P-values <sup>2</sup>		
	Control	BF	SEM <sup>3</sup>	T	Time	T x Time
General Activity, %						
Standing	55.64	58.80	0.100	0.60	<0.0001	0.99
Lying	44.36	41.15	0.115	0.58	<0.001	0.99
Eating concentrate	8.95	11.07	0.040	<0.0001	<0.0001	0.82
Eating straw	4.87	7.45	0.059	0.35	0.188	0.44
Drinking	1.40	2.59	0.015	0.09	0.06	0.89
Ruminating	12.24	14.74	0.128	0.70	<0.01	0.86
Social behavior, /15 min						
Selfgrooming	15.22	18.23	0.091	<0.01	<0.0001	<0.05
Social	4.61	5.97	0.181	0.14	<0.0001	0.99
Oral non-nutritive	1.41	0.88	0.078	<0.01	0.177	0.78
Fighting	7.42	3.20	0.147	<0.001	<0.001	0.91
Butting	4.19	1.61	0.091	<0.0001	<0.0001	0.73
Displacement	1.69	1.09	0.038	<0.001	<0.001	0.85
Chasing	0.84	0.30	0.063	<0.05	0.140	0.70
Chasing up	0.16	0.02	0.027	<0.05	0.103	0.22
Flehmen	3.03	2.00	0.148	<0.05	<0.05	0.63
Attempt to mount	1.76	0.75	0.101	0.09	<0.0001	0.31
Complete mounts	1.33	0.91	0.098	0.09	<0.0001	0.31

- 862 1. C = non-supplemented, BF = concentrate supplemented with citrus flavonoids.  
 863 2. T = treatment effect; Time = time effect (measurements every 14 d); T x Time =  
 864 treatment by time interaction.  
 865 3. SEM = standard error of the means of the log-transformed data (general activity) or  
 866 root transformed data (social behavior).  
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868 **Table 9.** General activities (%) and social behavior (times/ 15 min) during the finishing  
 869 phase in Holstein bulls fed high-concentrate diets supplemented with citrus flavonoids.

Item	Treatment <sup>1</sup>			P-values <sup>2</sup>		
	Control	BF	SEM <sup>3</sup>	T	Time	T x Time
General Activity, %						
Standing	63.46	64.11	0.041	0.51	0.739	0.70
Lying	35.44	35.68	0.122	0.75	0.881	0.86
Eating concentrate	6.00	7.91	0.059	0.09	0.395	0.65
Eating straw	4.27	6.25	0.068	0.24	0.072	0.69
Drinking	1.87	1.93	0.	0.87	0.203	0.85
Ruminating	7.33	12.68	0.049	<0.0001	0.194	0.99
Social behavior, /15 min						
Selfgrooming	8.62	7.00	0.122	0.08	0.480	0.80
Social	4.69	3.53	0.222	0.24	0.451	0.92
Oral non-nutritive	0.94	0.38	0.108	0.20	0.271	0.54
Fighting	10.34	3.53	0.288	<0.0001	<0.001	0.49
Butting	4.63	2.00	0.224	<0.001	0.046	0.50
Displacement	0.78	0.28	0.089	<0.001	0.143	0.91
Chasing	1.62	0.19	0.051	<0.0001	<0.0001	<0.05
Chasing up	0.13	0.03	0.016	0.12	0.450	0.17
Flehmen	4.91	3.78	0.182	0.07	<0.01	0.86
Attempt to mount	8.01	2.32	0.324	<0.001	<0.0001	<0.05
Complete mounts	6.16	2.52	0.252	<0.001	<0.0001	0.20

870 1. C = non-supplemented, BF = concentrate supplemented with citrus flavonoids.  
 871 2. T = treatment effect; Time = time effect (measurements every 14 d); T x Time =  
 872 treatment by time interaction.  
 873 3. SEM = standard error of the means of the log-transformed data (general activity) or  
 874 root transformed data (social behavior).  
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876 **Table 10.** Macroscopical observations of the rumen and liver at slaughterhouse of  
 877 Holstein bulls fed high-concentrate diets supplemented with citrus flavonoids.

Item	Treatment <sup>1</sup>		<i>P</i> -value <sup>2</sup>
	C	BF	
Color of the rumen <sup>3</sup>			< 0.05
> 3	54.29	36.99	
< 3	45.71	63.01	
Papillae clumping			0.74
Yes	22.86	20.55	
No	77.14	79.45	
Baldness region			< 0.05
Yes	38.57	58.90	
No	61.43	41.10	
Liver abscess <sup>4</sup>			0.51
None	87.14	83.56	
A	4.29	2.74	
A-	2.86	8.22	
A+	1.43	0	
Inflammation	4.29	5.48	

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879 <sup>1</sup> C = non-supplemented, BF = concentrate supplemented with citrus flavonoids.

880 <sup>2</sup> T = treatment effect.

881 <sup>3</sup>Adapted from Gonzalez et al. (2001): Rumen color: 1= white; 5 = black.

882 <sup>4</sup>Adapted from Nocek et al. (1984).

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884 **Table 11.** Rumen VFA concentration at slaughterhouse of Holstein bulls fed high-  
 885 concentrate diets supplemented with citrus flavonoids.

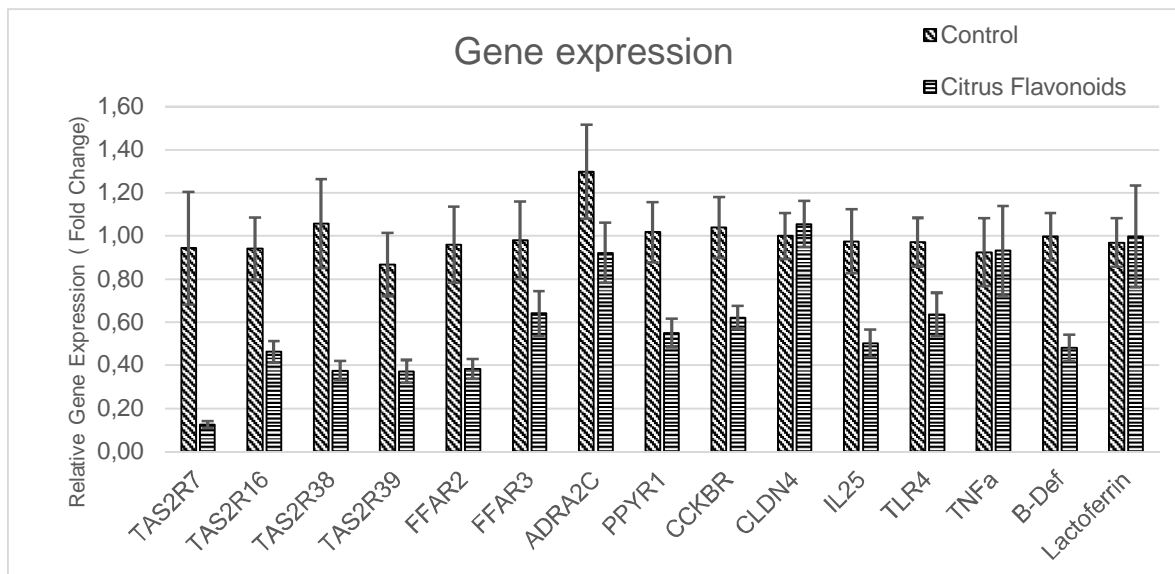
	Treatment <sup>1</sup>			<i>P</i> -value <sup>2</sup>
	C	BF	SEM	
Rumen				
Total VFA, mM	75.6	67.2	4.76	0.22
Individual VFA, mol/100 mol				
Acetate	58.8	66.4	1.12	<0.0001
Propionate	28.9	20.7	1.21	<0.0001
Isobutyrate	7.4	7.5	0.34	0.90
<i>n</i> -butyrate	1.2	1.5	1.13	0.11
IsoValerate	1.5	1.3	0.13	0.26
Valerate	2.1	2.5	0.24	0.22
Acetate:propionate, mol/mol	2.15	3.35	0.171	<0.0001

886 <sup>1</sup> C = non-supplemented, BF = concentrate supplemented with citrus flavonoids.

887 <sup>2</sup> T = treatment effect.

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889 **Figure 1.** Gene expression in rumen epithelium of Holstein bulls fed high-concentrate  
 890 diets with or without citrus flavonoids supplementation.  
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- 894 TAS2R7: *Bitter taste receptor 7*  
 895 TAS2R16: *Bitter taste receptor 16*  
 896 TAS2R38: *Bitter taste receptor 38*  
 897 TAS2R39: *Bitter taste receptor 39*  
 898 FFAR2: *Free fatty acid receptor 3 (gpr41)*  
 899 FFAR3: *Free fatty acid receptor 2 (gpr43)*  
 900 ADRA2C: *Alpha 2-adrenergic receptors subtype C*  
 901 PPYR1: *Pancreatic polypeptide receptor 1*  
 902 CCKBR: *Cholecystinin receptor 4*  
 903 IL-25: *Interleukin-25*  
 904 TLR4: *Pattern recognition receptors, like Toll-like receptor 4*  
 905 TNFa: *Tumor necrosis factor alpha*  
 906 B-Def: *Beta-defensin*  
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