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1 **Multi-isotopic assessments of spatio-temporal variability of diet: the case of two**
2 **sympatric gulls in the Western Mediterranean**

3

4 Virginia Morera-Pujol^{1*}, Raül Ramos¹, Néstor Pérez-Méndez², Marta Cerdà-Cuéllar³,
5 Jacob González-Solís¹

6 1. Institut de Recerca de la Biodiversitat (IRBio) and Departament de Biologia
7 Evolutiva, Ecologia i Ciències Ambientals, Universitat de Barcelona, 08028-
8 Barcelona, Spain.

9 2. Instituto de Investigaciones en Recursos Naturales, Agroecología y Desarrollo
10 Rural (IRNAD), Sede Andina, Universidad Nacional de Río Negro, 8400-San
11 Carlos de Bariloche, Río Negro, Argentina

12 3. Centre de Recerca en Sanitat Animal (CRESA), IRTA, Campus Universitat
13 Autònoma de Barcelona, 08193-Bellaterra, Barcelona, Spain,

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24 **Running title:** multi-isotopic assessment of sympatric gulls' diet

25 *Corresponding author: morera.virginia@gmail.com.

26 orcid.org/0000-0001-6500-5548, Tel.: +34 93402104

27 **ABSTRACT**

28 In predator populations, one may expect changes in foraging behaviour in response to spatio-
29 temporal variability of prey. Prey depletion might cause trophic niche widening in generalist
30 species, but not in specialists, which should increase their foraging effort without diet shifts. In
31 sympatric species feeding on similar resources, reduced food availability can increase
32 interspecific competition and cause trophic niche segregation. To understand these processes, we
33 studied the spatio-temporal variability in diet and niche width in two sympatric gull species, the
34 yellow-legged gull (*Larus michahellis*) and the Audouin's gull (*Ichthyaetus audouinii*), which
35 have experienced exponential growth over the last decades due to an increase in anthropogenic
36 food subsidies. We sampled feathers from chicks of both species in several colonies along the
37 Western Mediterranean from 2009 to 2011 and performed stable isotope analysis (SIA) of carbon,
38 nitrogen and sulphur on those feathers. Our results from Bayesian modelling showed that both
39 species displayed an opportunistic behaviour where different types of resources were available,
40 but could also narrow their trophic niche if one resource was abundant. We also provide evidence
41 of trophic segregation between the two gull species, suggesting the occurrence of interspecific
42 competition for food. Our meta-population approach provides a comprehensive view of the
43 trophic ecology and the competitive interactions of these gull species. We emphasize the
44 usefulness of three-dimensional isotope analyses to correctly assess spatio-temporal variability in
45 trophic behaviour of predator species, revealing differences that would remain hidden in single
46 population studies or when using only the isotopic ratios of two elements.

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53 **Keywords:** foraging ecology, Bayesian modelling, niche segregation, stable isotopes, diet
54 variability

55 **Introduction**

56 Predators display diverse functional responses to variations in trophic resource availability. Diet-
57 switching processes and changes in interspecific interactions are expected responses to spatio-
58 temporal heterogeneity in their trophic resources and in the levels of intra- and interspecific
59 competition (Frederiksen et al. 2006). In particular, anthropogenic food subsidies can have
60 profound effects on the feeding ecology and population dynamics of predator species (Ramos et
61 al. 2009a, Oro et al. 2013). Understanding and forecasting these responses is critical to predict
62 possible changes in predator populations' dynamics, which may have relevant implications for
63 the entire ecosystem and the management of protected species.

64

65 Resource availability can undergo natural variation due to intrinsic factors of prey populations
66 (e.g., daily movements, migrations, or specific feeding behaviours) or due to responses of these
67 populations to extrinsic factors, such as changes in the physical environment (e.g., seasonal
68 upwelling or climate phenomena; Weimerskirch et al. 2005). However, resource availability can
69 also vary due to human activities, some of them creating artificial food subsidies that often
70 override natural variability, such as fishery discards or human waste (Oro et al. 2013). Responses
71 of predators to the spatial and temporal changes in resource availability partially depend on the
72 plasticity of the species. A specialist species is adapted to exploit a small proportion of all
73 available resources. Thus, in response to changes in resource availability, individuals of a
74 specialist species will change their foraging effort in order to keep feeding on the same resource,
75 without experiencing important changes in population trophic niche. This behaviour makes them
76 more vulnerable to sudden changes in resource availability, due to their difficulties in modifying
77 their feeding preferences in a short time period (Clavel et al. 2011). In contrast, generalist species
78 can exploit a broad range of the available resources, which results in a wide trophic niche at a
79 population level. According to the optimal foraging theory, for generalist species we could expect
80 consumption of suboptimal prey and widening trophic niches as a response to a resource
81 limitation maintained over time (MacArthur & Pianka 1966). Thus, generalist species are more

82 resilient to changes in resource availability than specialist species, and their trophic niches can
83 shift and/or grow in accordance to those changes. (Ronconi et al. 2014).

84
85 Competition within and among species over the same food resources can also modify their trophic
86 niche width. Individuals from larger populations will have to face density-dependent effects
87 related to food availability and, according to the optimal foraging theory, individuals foraging in
88 areas with depleted resources will either increase their foraging effort or consume suboptimal
89 prey, widening their niche (MacArthur & Pianka 1966). Thus, we expect that larger populations
90 will show wider niches due to this density-dependent effect. In addition, species co-occurring in
91 sympatry in heterogeneous environments might reduce interspecific competition by specialising
92 on distinct food sources, producing therefore trophic niche partitioning (Amarasekare 2003).
93 These differences in trophic niche can be seen along time when resource availability changes, or
94 across space when competing species share locations with diverse resource availability
95 (Linnebjerg et al. 2013). Thus, knowing the variation in resource availability, and in niche size
96 and position along time or across space can help us understand not only population dynamics in
97 response to changes in food availability, but also the role that intra- and interspecific competition
98 might play in their dietary changes.

99
100 These classic ecological questions have often been studied through conventional analyses of diet,
101 but difficulties and biases of these approaches can obscure the determination of the trophic
102 relationships and the measurement of trophic niche widths (Barrett et al. 2007). In this regard,
103 stable isotope analysis (SIA) has proved to be an invaluable and unbiased tool, since it can provide
104 detailed knowledge of the trophic resources exploited by the individuals and/or populations over
105 different scales. In marine ecosystems, SIA of carbon ($\delta^{13}\text{C}$) and nitrogen ($\delta^{15}\text{N}$) on consumers'
106 tissues has been often used to identify, respectively, the origin and the trophic position of the prey
107 they exploit. Values of $\delta^{13}\text{C}$ are most helpful to identify the habitat of origin of the prey: benthic,
108 in-shore food webs will have a higher $\delta^{13}\text{C}$ than food webs based on phytoplanktonic carbon (i.e.
109 pelagic, offshore), and similar differences are present between marine (higher $\delta^{13}\text{C}$ values) and

110 terrestrial (lower $\delta^{13}\text{C}$ values) environments (Hobson et al. 1994, 1997, Navarro et al. 2009). SIA
111 of nitrogen on consumers' tissues has often been used to infer trophic position, as it undergoes
112 enrichment in a predictable manner with every step in the trophic chain (Post 2002). However,
113 for opportunistic species that feed in a wide variety of environments, such as large gulls, this two-
114 isotope approach might not have enough discriminatory power to unravel food preferences. For
115 this reason, sulphur isotopic ratios ($\delta^{34}\text{S}$) are increasingly used, as they differ more widely among
116 marine (highest $\delta^{34}\text{S}$ values), fresh-water, and terrestrial (lowest $\delta^{34}\text{S}$ values) food webs (Knoff et
117 al. 2002, Herbert et al. 2008, Moreno et al. 2010). Furthermore, SIA also allows us to calculate
118 isotopic niches of the studied populations, a measurable proxy of their ecological niches. The area
119 or volume that individuals of a given population occupy in the δ -space, in addition to its relative
120 position, can be used as proxies of size and position of its trophic niche (Jackson et al. 2011).

121

122 Gull species breed in a wide variety of environments, often overlapping their distributions and
123 breeding sympatrically in mixed colonies of closely related species (González-Solís et al. 1997,
124 Kim & Monaghan 2006). This, in addition to the recent demographic changes in their populations
125 (Vidal et al. 1998, Fernández-Chacón et al. 2013, Payo-Payo et al. 2015), makes them an excellent
126 model to test the responses of predator populations to changes in prey availability, and the degree
127 of intra- and interspecific competition. Several studies have documented, at the species level,
128 large differences in diet composition among distant populations of gulls in accordance with local
129 food availability (Ramos et al. 2009b). This dietary plasticity has allowed some gull species to
130 exploit resources derived from human activities (e.g., human waste and fishery discards), leading
131 to increases of some gull populations over the last decades (Payo-Payo et al. 2015), as well as
132 range expansions caused by the colonisation of new breeding sites (Payo-Payo et al. 2017).
133 However, there is still scarce knowledge about how dietary partitioning between coexisting
134 species changes among populations with differential resource availability, and in what conditions
135 it supposes a dietary switch towards anthropogenic food subsidies.

136

137 In this study, we sampled feathers of chicks from yellow-legged (*Larus michahellis*) and
138 Audouin's gulls (*Ichthyaetus audouinii*) in up to six breeding sites spread along the Western
139 Mediterranean coast and up to three consecutive years. Through the analysis of $\delta^{13}\text{C}$, $\delta^{15}\text{N}$ and
140 $\delta^{34}\text{S}$ of these feathers we aimed to (1) determine how food availability (access to different trophic
141 resources in different localities) influence diet and niche widths of the two species and (2)
142 understand how competition between the two species influences niche width and trophic
143 segregation between them. Owing to the generally assumed more generalist behaviour of yellow-
144 legged gulls compared to Audouin's gulls, we expect the former to vary in diet and trophic niche
145 width among populations and years consistently with changes in food availability to a greater
146 extent than the latter. We also hypothesise that yellow-legged gulls will exhibit wider isotopic
147 niches than Audouin's gulls and that resource limitations will accentuate competition between the
148 two species, promoting an increase in their trophic niche widths as well as in trophic segregation
149 between them.

150

151 **Materials & Methods**

152 *Study species and sampled area*

153 Yellow-legged gull breeds all around the Mediterranean basin and the NE Atlantic, with a
154 European population of around 1,000,000 individuals (IUCN 2017). In the last decades, its
155 population has substantially increased due to their opportunistic feeding behaviour and the
156 increase of human-related food subsidies. In several places, the species is considered a nuisance
157 because of its interaction with protected species (Oro et al. 2005), its disturbance in urban areas
158 or its potential role in the transmission of pathogens (Cabezón et al. 2016), reason for which
159 population control measures have been implemented in some breeding sites along its breeding
160 range (Bosch et al. 2000).

161

162 Audouin's gull is a less common species, with breeding populations endemic to the Mediterranean
163 Sea. It was considered "near threatened" until 2012 but has recovered since the 70s and the species
164 is now considered least concern with a population estimated around 42,000 mature individuals

165 (IUCN 2017). Although the species has specialist traits, in the last few decades it has been
166 documented exploiting fisheries discards and freshwater food resources (Navarro et al. 2010).

167

168 At each site we sampled only one chick per brood, to avoid pseudoreplication due to parental
169 dietary preferences. We weighed chicks to the nearest 5 g and measured the culmen to the nearest
170 0.1 mm to estimate their age. We collected 10-15 body feathers of chicks that were, at least, three
171 weeks old, and stored them in plastic bags until laboratory analyses. We collected body feathers
172 from yellow-legged and Audouin's gull chicks in 2009, 2010 and 2011 in up to 6 breeding
173 colonies spread throughout the Western Mediterranean coast and Zembra Island (Fig. 1). These
174 locations differ widely regarding proximity with human refuse dumps, accessibility to fishing
175 vessels and abundance of both gull species (see Table 1 for details). Samples of the two species,
176 when breeding in close contact on the same site, were only collected in two localities: Zembra
177 Island and Ebro Delta, although both species breed in the six sites except Medes, where only
178 yellow-legged gulls breed (Table 1). Sample sizes for each species, colony and year are shown in
179 Table 2.

180

181 *Sample preparation and laboratory procedures*

182 Feathers were washed in a 0.25M sodium hydroxide solution, rinsed repeatedly with distilled
183 water to remove surface contaminants, dried to constant mass in an oven at 60°C, and grounded
184 to powder in a freezer mill (SpexCertiprep 6750; Spex Industries Inc., Metuchen, New Jersey,
185 USA) operating at liquid nitrogen temperature. We weighed a subsample of 0.4 mg of feather
186 powder to the nearest μg for carbon and nitrogen analyses and about 3.5 mg for sulphur analyses,
187 placed each sample in a tin capsule and crimped it for combustion. Samples were oxidized in a
188 Flash EA1112 (for $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$) and EA1108 (for $\delta^{34}\text{S}$) coupled to a Delta-C stable isotope mass
189 spectrometer through a ConFlo III interface (Thermo Finnigan, Bremen, Germany), which was
190 used to determine the $\delta^{13}\text{C}$, $\delta^{15}\text{N}$ and $\delta^{34}\text{S}$ values. Isotope ratios are expressed as δ values in parts
191 per mil (‰), related to the standard ratios of Vienna-Pee Dee Belemnite (V-PDB), atmospheric
192 nitrogen (AIR), and troilite from the Canyon Diablo Meteorite, for carbon, nitrogen and sulphur,

193 respectively. Samples were analysed in the Isotopic Ratio Mass Spectrometry Facility of the
194 University of Barcelona, which applied international standards (IAEA CH₇, IAEA CH₆ and USGS
195 40 for carbon; USGS 40, IAEA N₁, IAEA NO₃, IAEA N₂ and IAEA 600 for nitrogen; and NBS-
196 127, YCEM, SO-5 and SO-6 for sulphur) every 12 samples to calibrate the system and
197 compensate for drift over time. Replicated essays of standard materials indicated a sample error
198 of $\pm 0.1\%$ for carbon, $\pm 0.2\%$ for nitrogen and $\pm 0.1\%$ for sulphur, although those are probably
199 underestimated values for complex organic compounds such as feathers.

200

201 *Isotopic considerations*

202 Although SIA has been used to study trophic ecology of animals for more than three decades now,
203 the methods available still struggle to take into account the several sources of uncertainty that can
204 affect our interpretation of the results. Several reviews have thoroughly discussed these issues
205 elsewhere (Newsome et al. 2007, Hoeninghaus & Zeug 2008, Bond & Diamond 2011, Layman et
206 al. 2012), so here we address only the main concerns regarding our own data in the following
207 paragraph.

208

209 Isotopic ratios at the base of food webs show spatial variations that are reflected in the tissues of
210 the top consumers. Therefore, when comparing diets of consumers in different geographical areas
211 it is necessary to check for spatial variations in isotopic ratios of potential prey items, as well as
212 baseline values. Regarding isotopic ratios of prey, previous studies of yellow-legged gulls diet
213 showed no differences in the isotopic ratios of the three elements for different prey items collected
214 in several colonies along the Mediterranean coast of Spain (Ramos et al. 2011, Abdennadher et
215 al. 2014). Furthermore, a recent study modelling spatial variations of $\delta^{13}\text{C}$ at a global scale showed
216 little variation inside the Mediterranean basin (Magozzi et al. 2017). A longitudinal gradient in
217 $\delta^{15}\text{N}$ has been reported for the Mediterranean basin (Gómez-Díaz & González-Solís 2007, Somes
218 et al. 2010). Nevertheless, we expect geographical variation in baseline isotopic values to be
219 smaller than the isotopic differences among the different types of potential prey. To our

220 knowledge, there are no published data on spatial variations of baseline $\delta^{34}\text{S}$ values in marine
221 environments.

222

223 *Statistical analyses*

224 Following Rossman et al. (2016), we estimated mean isotopic ratios for the three elements, and
225 their covariance matrices using a Bayesian model, producing full posterior probabilities for all of
226 them. Priors to the model were left uninformative. The model was run using Markov Chain
227 Monte Carlo sampling through JAGS (Plummer 2003). We ran the model in two chains of 10^5
228 iterations each, discarding the first 50,000 as a burn-in and thinning by 15, which produced a
229 posterior distribution of 6,668 samples. We evaluated convergence by exploring the trace and
230 density plots of the parameters estimated, and several other diagnostic parameters provided by
231 the modelling function. We then calculated the Standard Ellipsoid Volume (SEV hereafter) of
232 each year-colony group as a proxy of its trophic niche width. We also calculated the Euclidean
233 distance in the δ -space between centroids, to be used as a proxy for trophic segregation, and the
234 geometric volume of overlap between ellipsoids of all pairwise combinations, which gives
235 information on both the isotopic niche volume and the distance between them (larger volumes
236 will exhibit more overlap than smaller volumes with the same distance between centroids). As all
237 these calculations were made in a Bayesian framework, the results were not point estimates but
238 full posterior distributions. This allowed us to further compare the different groups by calculating
239 the probability of each pair of centroids having different location, and of every pair of ellipsoids
240 of having different size, in the isotopic space. These probabilities (P) are calculated as

$$241 \quad P = \frac{n. \text{samples}(a > b)}{n}$$

242 or the number of posterior samples where the value to compare (distance or volume) is larger in
243 the first group of the comparison (a) than in the second (b), divided by the total number of
244 posterior samples (n). From this simple formula it follows that, when P is close to 1, most of the
245 values in the posterior of the first group are larger than those of the second group, which is
246 expressed as there being a high probability of group a having a higher value of whatever is being

247 compared than group *b*. When P is close to 0.5, in roughly half the samples the value of *a* is larger
248 than that of *b* and vice versa, i.e. the values of the two groups having a low probability of differing.
249 When P approaches 0 most of the samples of *b* have larger values than those of *a*, i.e. there is a
250 low probability of *a* being larger than *b* or, conversely, a high probability of *b* being larger than
251 *a*. To make comparisons easier we considered values of P ranging 0.3-0.7 as “low probability of
252 differing”, and 0.0-0.3 and 0.7-1.0 as “high probability of differing”. Finally, with the median
253 value of the distances between centroids we constructed a dendrogram, using a neighbour-joining
254 clustering method implemented in the R package *ape*. All statistical analyses were conducted in
255 R 3.3.2 (R Core Team 2016) using the *jagsUI* package (Kellner 2016) to interact with JAGS. The
256 package *SIBER* (Jackson et al. 2011) was used for plotting purposes only, to draw the two-
257 dimensional ellipse plots.

258

259 **Results**

260 In general, the Bayesian model estimated lower $\delta^{13}\text{C}$, $\delta^{15}\text{N}$ and $\delta^{34}\text{S}$ values for yellow-legged gull
261 than for Audouin’s gull chicks (Table 2, Fig. 2, Fig. S1). Differences in centroid location and
262 SEV were also generalised in almost all comparisons between and within species (Table S4 and
263 S5). Distances between centroids were shorter between populations of the same species than
264 between populations of different species, indicating clear differences in their diets (Fig. 3).

265

266 *Isotopic niche position of yellow-legged gulls*

267 In yellow-legged gulls, lower isotopic ratios for the three elements were found in Dragonera and
268 Medes, and the highest values in Zembra for $\delta^{13}\text{C}$ (Tables 2 and S1), in the Ebro Delta for $\delta^{15}\text{N}$
269 (Tables 2 and S2), and in Columbretes for $\delta^{34}\text{S}$ (Tables 2 and S3). Distances between centroids
270 of all groups (i.e., colony-year combinations) of yellow-legged gull ranged from 0.46 (between
271 Ebro Delta 2009 and Ebro Delta 2011) to 6.91 (between Columbretes 2010 and Medes 2010,
272 Table 3, Fig. 3). When comparing centroid locations, there was high probability of differing for
273 most pairwise comparisons, except for different combinations between Dragonera and Medes
274 (values of P ranging 0.35-0.64) and Columbretes 2009-Columbretes 2011 (Table S4).

275

276 *Isotopic niche volumes of yellow-legged gulls*

277 SEV sizes were very variable among Yellow-legged gull groups, with those of Medes and
278 Dragonera having a high probability of being larger than those of any other group.. Zembra and
279 the 2009 and 2010 Ebro Delta groups had intermediate values, while Columbretes and Ebro Delta
280 2011 had small SEV, with high probability of being smaller than the SEV of all the other groups
281 (Tables 2 and S5).

282

283 *Isotopic niche positions of Audouin's gulls*

284 In Audouin's gull, the highest $\delta^{13}\text{C}$ values were estimated in Alboran 2009 and 2011, and the
285 lowest values in the Ebro Delta 2010 and 2011 (Tables 2 and S1). The highest $\delta^{15}\text{N}$ values were
286 found in all three years of Alboran and the lowest in Zembra 2009 (Tables 2 and S2). The highest
287 $\delta^{34}\text{S}$ values were found in Zembra 2009 and the lowest ones in the Ebro Delta 2011 (Tables 2 and
288 S3). Distances between centroids of all groups of Audouin's gull ranged from 0.64 (Alboran
289 2010-Alboran 2011) to 2.92 (Alboran 2009-Ebro Delta 2011; Table 3 & Fig. 3). The centroid
290 locations of most groups were different, with very high values of P (except for Alboran 2010-
291 Alboran 2011, $P = 0.46$, and for Alboran 2010-Ebro Delta 2009, $P = 0.54$; Table S4).

292

293 *Isotopic niche values of Audouin's gulls*

294 SEV sizes were also variable among Audouin's gulls groups with those of the Ebro Delta having
295 a high probability of being larger than any other, and those of Alboran having a large probability
296 of being smaller than any other (but see discussion below, Tables 2 and S5).

297

298 *Between species comparison when breeding in sympatry*

299 For the two colonies in which both species were sampled on the same year, the smallest distance
300 between species was found in the Ebro Delta 2011 (1.91) and the largest in the Ebro Delta 2010
301 (2.42; Table 3 & Fig 3). Centroid locations of all these pairwise comparisons had high probability
302 of being different (Table S4). SEV had high probability of differing between species in the Ebro

303 Delta 2010 and 2011, but not in Ebro Delta 2009 (Table S5). There was no overlap between SEV
304 of the two species from the same year and colony (Table 3).

305

306 **Discussion**

307 Mean isotopic ratios and isotopic SEVs (a proxy for trophic niche size) differed widely among
308 colonies and years for both yellow-legged and Audouin's gulls. Interestingly, colonies with high
309 heterogeneity in their food resources showed greater among-year variability in their isotopic ratios
310 than colonies with lower diversity of resources. This suggests that variability in niche widths is
311 mainly dependent on the amount and diversity of resources available at each study site, rather
312 than on the species, indicating that both species can use diverse resources depending on the local
313 and annual environmental conditions.

314

315 *Spatio-temporal variability of diet*

316 Columbretes Islands are a small isolated archipelago located 55 km offshore, and it is well known
317 that yellow-legged gulls in this area associate to fisheries regularly and feed largely on discards
318 (Abelló et al. 2003). Among all yellow-legged gull colonies, we expected chicks from
319 Columbretes to show the most exclusively fish-based diet, and therefore with the narrowest
320 isotopic niche (Ramos et al. 2009b). Our data supported this hypothesis, with chicks of this
321 locality showing the highest isotopic ratios for the three elements and the smallest SEVs, thus
322 confirming a diet mainly based on fish. Isotopic ratios of yellow-legged gull chicks from Zembra
323 were similarly high, suggesting that marine fish were also the main resource in their diet, which
324 coincided with the results of a previous study in the same area (Abdennadher et al. 2010).
325 However, a larger SEV also suggested high variability in the Zembra chicks' diet, including food
326 sources with lower isotopic ratios (such as terrestrial prey or human waste). This was consistent
327 with prey found in chick regurgitates at the nearby colony of Chickly in Tunisia (Abdennadher et
328 al. 2010), and with what we expected, since Zembra Island is not as isolated as Columbretes
329 Islands, but closer to the coast and with crops and urban areas within the foraging range of the
330 species (40 km, Oro et al. 1995). In the Ebro Delta, several studies have documented that gulls

331 exploit discards from the large fleet of trawlers operating in the area (Abelló et al. 2003).
332 Nevertheless, the Ebro Delta colony is in a marsh area surrounded by extensive rice fields, where
333 breeding adults can also find freshwater and terrestrial prey. The two nearby refuse dumps also
334 make human waste available. Even though high isotopic ratios for the three elements suggested a
335 diet largely based on marine prey, the heterogeneity in food resources was evident in the larger
336 SEVs. Indeed, previous studies showed that more than 20% of the diet of yellow-legged gull
337 chicks from the Ebro Delta came from sources other than marine (Ramos et al. 2009b). Chicks of
338 Dragonera and Medes showed the lowest $\delta^{13}\text{C}$, $\delta^{15}\text{N}$ and $\delta^{34}\text{S}$ values. Both colonies have the
339 largest urban areas within the species foraging range, as well as crops and some flooded areas,
340 and the fishery activity in these areas is noticeably smaller than that operating close to the Ebro
341 Delta. This, combined with the isotopic results, suggested that marine prey was not as relevant in
342 their diet as in other populations. Large SEV sizes of these two populations also suggested that
343 these gulls had a very diverse diet, exploiting refuse dumps and terrestrial and freshwater prey
344 (Ramos et al. 2009b).

345

346 Audouin's gulls had long been thought to be specialized nocturnal predators of shoaling clupeids,
347 although several studies also proved their dependency on trawlers' discards and their interactions
348 with purse-seiners (Arcos et al. 2001, Abelló et al. 2003, Garcia-Tarrason et al. 2015). Similar to
349 Columbretes, Alboran is a small, isolated island located 55 km away from the nearest coast. It is
350 a very productive fishing area, where purse-seiners, bottom trawlers and long-liners operate.
351 However, trawlers operate only over the continental shelf (Baez-Barrionuevo 2015), which could
352 make trawler discards unavailable for gulls breeding there. Accordingly, we expected the diet of
353 chicks from Alboran to consist mainly of epipelagic fish, part of it possibly caught in association
354 with the purse-seiners operating in the area, as found for the nearby colony of Chafarinas Islands
355 (González-Solís et al. 1997). Indeed, high isotopic ratios for the three elements in this site, and
356 the small SEVs for all years (but see discussion below), indicated a diet mainly composed of fish.
357 In the easternmost sampling site of Zembra, Audouin's gull chicks presented similar SEVs, $\delta^{13}\text{C}$
358 and $\delta^{34}\text{S}$ values to those of Alboran chicks, but with slightly lower $\delta^{15}\text{N}$ values. These results

359 suggested Audouin's gulls from Zembra might also feed largely on epipelagic fish, whereas the
360 differences in $\delta^{15}\text{N}$ values could possibly reflect baseline differences in isotopic ratios across the
361 Mediterranean (Gómez-Díaz & González-Solís 2007). In the Ebro Delta, Audouin's gull chicks
362 also showed generally high isotopic ratios for the three elements, indicating a marine diet.
363 However, there was a high variability within and among years in the isotopic ratios of these
364 chicks, producing large SEVs for the three years, and disparate centroid locations, indicating that,
365 gulls might consume other food sources beside marine prey, such as freshwater prey from rice
366 fields (Garcia-Tarrason et al. 2015).

367

368 Temporal variability in isotopic ratios and SEVs was relatively high in the Ebro Delta (for both
369 species) and for yellow-legged gulls breeding in Medes and Dragonera, and generally low for
370 yellow-legged gulls in Columbretes, and Audouin's gulls in Alboran. In the Ebro Delta and
371 Medes, this concurred with what we expected, since a large variety of prey types is available in
372 those breeding locations. In Dragonera, the noticeable differences in $\delta^{34}\text{S}$ values and SEVs
373 between the two years of sampling were likely related to the closure of a refuse dump site in
374 Mallorca before the summer of 2010 (Payo-Payo et al. 2015). The large isotopic volumes of 2010
375 suggested that during their first breeding season without access to the refuse dump, birds
376 diversified their diet, and switched to a more marine related prey type (as indicated by higher $\delta^{34}\text{S}$
377 values). However, in 2011, $\delta^{34}\text{S}$ values and the SEV dropped to levels similar to those found in
378 chicks from Medes. This result strongly suggested that adults may have found alternative dump
379 sites the following year, as it has been identified in other regions of the Iberian Peninsula after a
380 dump site closure (Arizaga et al. 2013). In Columbretes, values of $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ remained
381 constant throughout time, but the isotopic niche of 2010 was slightly shifted towards higher $\delta^{34}\text{S}$
382 values, and there was no overlap between the ellipsoid of 2010 and the other two years. In
383 Audouin's gull's chicks from Alboran 2010, there was a high variability in $\delta^{13}\text{C}$, resulting in a
384 larger SEV. The low $\delta^{13}\text{C}$ values coincided with those found in Berlengas Islands, an Atlantic
385 archipelago off the coast of Portugal, in feathers of adult yellow-legged gulls in the same year
386 (Ceia et al. 2014). An exceptionally strong negative North Atlantic Oscillation (NAO) index was

387 registered that year (Avalos et al. 2017), which might have affected the mixing of Atlantic and
388 Mediterranean waters around the Alboran Sea (Millot 1999) and might have caused a high
389 variability in $\delta^{13}\text{C}$ and $\delta^{34}\text{S}$ values of marine prey, potentially explaining those changes in the
390 isotopic ratios of predator tissues.

391

392 The spatio-temporal variability in isotopic ratios, centroid locations, and SEVs of both species
393 provided evidence of the importance of food availability in determining the trophic niches of
394 yellow-legged gulls' populations, as was expected for a generalist species, but also to some extent
395 for Audouin's gulls. Even though the isotopic ratios suggested that the main prey for Audouin's
396 gulls might be marine fish in all sampled sites, the isotopic niches were wider in those locations
397 where other food sources were also available, showing how secondary food sources can
398 complement the diet of populations that, so far, had been considered specialist. (Witt et al.
399 1981). This highlights the importance of meta-population studies that analyse the foraging
400 strategies of predators in spatio-temporally varying conditions to correctly assess the degree of
401 specialisation of predator species. Using one single locality could underestimate the trophic niche
402 width of the species, as its feeding behaviour largely depends on the diversity and availability of
403 food resources

404

405 *Trophic strategy of two sympatric species*

406 When two species with similar ecological requirements breed in sympatry, some degree of
407 competition is expected, which often leads to trophic segregation (Steenhof & Kochert 1985,
408 Pianka 2000). Our results indeed showed a clear trophic segregation, as isotopic niches of the two
409 species did not overlap within the same year on a given sample site. Previous works in the
410 Southwestern Mediterranean and the southern coast of Portugal have found that both species use
411 marine prey, causing some overlap of their trophic niches, but yellow-legged gulls use benthonic
412 prey made available by trawlers discards, while Audouin gulls feed on epipelagic fish, either from
413 purse-seiners or naturally caught. (González-Solís et al. 1997, González-Solís 2003, Calado et al.
414 2018). In the Ebro Delta it has already been shown that yellow-legged gulls complement their

415 diet with refuse and terrestrial prey (Ramos et al. 2009b) while Audouin's gulls have a diet mainly
416 composed of epipelagic fish, although it is complemented with the non-native American crayfish
417 (*Procambarus clarki*, Navarro et al. 2010, Garcia-Tarrason et al. 2015). It has also been shown
418 that both species benefit of the high availability and predictability of the trawlers' discards, which
419 would reduce the pressure for segregation and allow some overlap in their trophic niches
420 (González-Solís et al. 1997). However, there is a trawling moratorium in the Ebro Delta since
421 1991, lasting two months and overlapping with different stages of the breeding period of the two
422 species every year (Oro 1999), which might have reduced the availability of fisheries discards,
423 exacerbating the effect of competition and forcing the segregation between the two species, and
424 the temporal differences we reported in trophic niche widths. For Zembra, where the diversity of
425 available resources is much lower, isotopic niches of the two species did not overlap either,
426 showing that trophic segregation still occurred even when the variety of resources was limited.
427 These results supported our original hypothesis of trophic segregation under conditions of limited
428 abundance of resources.

429

430 Specialist and generalist populations are expected to differ in their response to interspecific
431 competition, the former increasing foraging effort to find the same type of prey, and the latter
432 widening their trophic niche to forage on different types of suboptimal prey (MacArthur & Pianka
433 1966). In consequence, we should expect to find larger SEVs for yellow-legged gulls than for
434 Audouin's gulls in the colonies where the two species co-occur. However, our data showed
435 similar SEVs for both species in Zembra and in the Ebro Delta in 2009, and larger for Audouin's
436 gulls in the Ebro Delta in 2010 and 2011. In Zembra, this unexpected similarity could be explained
437 by the small colony size for both species (Grimes 2001) conducting to a low degree of
438 competition, as resources were abundant enough to allow both species to have similarly small
439 isotopic niches. In the Ebro Delta, the population size of the Audouin's gull slightly increased
440 during the three years of sampling, while yellow-legged gulls were less abundant in 2009 but
441 increased to equal that of Audouin's gulls in 2010 and 2011 (Payo-Payo et al. 2017). Moreover,
442 the Ebro Delta is a place where innumerable seabirds forage during summer (i.e. the breeding

443 season of most seabird species), most of them scavenging off fisheries (Abelló et al. 2003). Thus,
444 the reduced food availability caused by the trawling moratorium could have taken the ecosystem
445 near to its maximum capacity, forcing supposedly specialist species such as the Audouin's gull
446 to find alternative prey, thus widening their niche. Despite the SEV in 2009 being equal for both
447 species in the Ebro Delta, there was a large distance between the centroids of the two ellipsoids.
448 This indicated that the food depletion also affected yellow-legged gulls, causing trophic
449 segregation as well as niche widening. In the year 2010, even though the trawling moratorium
450 was less severe (DOGC 2009, 2010), and some discards were available, isotopic ratios of the three
451 elements as well as a larger SEV indicated a low abundance of marine prey in the diet of yellow-
452 legged gull chicks of the Ebro Delta. In 2010, the distance between ellipsoid centroids of the two
453 species was also the largest, indicating a more intense effect of competition-induced trophic
454 segregation. This could be due either to population increases of both species or to more severe
455 environmental conditions that year (Avalos et al. 2017). In 2011 higher isotopic ratios for the
456 three elements, as well as a very small SEV of the yellow-legged gull population of the Ebro Delta
457 (comparable to that of yellow-legged gulls in Columbretes) suggested a diet very specialized in
458 demersal fish, likely obtained from trawlers' discards. A less severe effect of the moratorium, and
459 ameliorating environmental conditions that year, might have increased the availability of prey and
460 reduced competition, even if population sizes remained constant. It has already been discussed
461 elsewhere how yellow-legged gulls can competitively exclude Audouin's gulls from scavenging
462 off trawlers (Arcos et al. 2001), which would explain the apparent change of roles of both species,
463 with yellow-legged gulls foraging mainly on marine prey while Audouin's gulls diversify their
464 diet towards continental items. However, distance between centroids of both species in the Ebro
465 Delta in 2011 was the smallest of the three years, indicating that the diets were similar and thus
466 suggesting that the availability of prey also reduced the trophic segregation effect of competition
467 in that colony.

468

469 **Conclusions**

470 Firstly, our results highlight the trophic plasticity of the yellow-legged gull and, to a lesser extent,

471 that of the Audouin's gull. This plasticity had already been described in the diet of yellow-legged
472 gulls sampled at different colonies but, to our knowledge, no isotopic study had been conducted
473 on the trophic niches of Audouin's gulls at a metapopulation level. By these means, we
474 demonstrate that under conditions of limited resources, coupled to the effects of intra- or
475 interspecific competition, and to the increased burden of the rearing duties, Audouin's gulls can
476 also broaden their trophic niche to exploit diverse food sources when available, although to a
477 lesser extent than yellow-legged gull. Also, these results emphasize the relevance of meta-
478 population studies to correctly assess the degree of specialisation of populations, as different
479 foraging strategies can stem from differences in food availability, adding complexity to the
480 foraging ecology of a given species. Secondly, we show that both species displayed high temporal
481 variability in both isotopic ratios and SEVs in colonies where a variety of resources exist, and low
482 temporal variability in colonies where only one type of resource is overabundant. Thirdly, we
483 provide clear evidence of complete trophic segregation between the two species of gulls in the
484 colonies where they co-occur, which suggests an effect of interspecific competition on their
485 foraging strategies. However, a more exhaustive effort in sampling colonies where the two species
486 breed in sympatry, as well as precise information on population sizes, oscillations of prey
487 availability, and the baseline isotopic levels along the study area are necessary to provide clearer
488 evidence. Fourthly, our study points out the ease, convenience and robustness of using SIA on
489 keratinous tissues when assessing the trophic ecology of the populations and species sampled
490 along diverse spatio-temporal gradients.

491

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672

673 **Tables and figures**

Table 1: informative parameters of the colonies sampled. Fisheries catch was calculated over a 100 km radius to account for the mobility of both the birds and the vessels. Numbers in bold indicate the sampled populations. (a) <http://www.idescat.cat> Catalan Statistics Institute; (b) <http://www.agroambient.gva.es> Valencian Government, Agriculture Council; (c) Payo-Payo et al., 2015); (d) <http://www.sweep-net.org/>; (e) Calculated in ArcGis Pro 2.0.1 based on the Corine Landcover Layer obtained from <https://www.esa-landcover-cci.org/>

Locality site	Fisheries catch (Tm x 1000) landed in a 100 km radius ^{a,b}	Legal landfills within 50 km radius ^{a,b,c,d}	% area in 50 km radius classified as ^e					Dist. from human settlements	Num. of breeding pairs		References
			Urban	Cropland (rainfed or irrigatd)	Flooded (fresh, saline or brackish)	Marine	Yellow-legged gull		Audouin's gull		
Columbretes	Isolated archipelago in a Marine Reserve	34.67	0	0	0	0	100	55 km	480	525	Oro et al. 2006
Ebro Delta	Isolated peninsula in a National Park	38.80	2	0.54	3.78	0.17	55.27	7.5 km	8,000	12,500	Oro et al. 2006
Dragonera	Protected islet off the coast of a tourist resort	2.48	0	1.05	2.84	0.03	84.08	0.8 km	4,500	200	Ramos et al. 2011
Medes	Protected islands off the coast of a tourist resort	14.87	5	1.81	12.05	0.08	59.30	0.9 km	7,300	0	Bosch et al. 2000
Zembra	Protected island in a National Park	-	0	0.19	4.34	0	83.10	15 km	100	10	Grimes 2001
Alboran	Remote island in a Marine Reserve	13.35	0	0	0	0	100	55 km	100	600	Paracuellos and Nevado 2003

Table 2. Summary of the Bayesian model output. Posterior estimates (median and 95% Credibility Interval of the posterior distributions) for the $\delta^{13}\text{C}$, $\delta^{15}\text{N}$ and $\delta^{34}\text{S}$ values and Standard Ellipsoid Volume (SEV, representing isotopic niche size) for each combination of year and colony for each species, Yellow-legged and Audouin's gulls.

Species	Colony	Year	n	$\delta^{13}\text{C}$ (‰)	$\delta^{15}\text{N}$ (‰)	$\delta^{34}\text{S}$ (‰)	SEV (‰ ³)	
Yellow-legged gull	Columbretes	2009	17	-18.3 (-18.6, -18.9)	11.6 (11.3, 11.9)	16.8 (16.5, 17.1)	0.6 (0.4, 1.1)	
		2010	27	-18.8 (-19.0, -18.6)	11.0 (10.8, 11.2)	17.5 (17.2, 17.8)	0.6 (0.4, 0.9)	
		2011	46	-18.4 (-18.5, -18.3)	11.4 (11.3, 11.6)	16.2 (15.9, 16.6)	0.6 (0.4, 0.8)	
	Ebro Delta	2009	16	-18.9 (-19.1, -18.6)	12.1 (11.8, 12.4)	16.2 (15.6, 16.8)	1.2 (0.7, 2.2)	
		2010	33	-19.4 (-19.6, -19.2)	11.5 (11.4, 11.7)	15.6 (15.1, 16.2)	1.5 (1.0, 2.4)	
		2011	23	-19.1 (-19.3, -18.9)	12.0 (11.8, 12.2)	16.4 (16.1, 16.7)	0.7 (0.5, 1.2)	
	Dragonera	2010	21	-20.3 (-20.7, -19.8)	10.2 (10.0, 10.5)	15.5 (14.7, 16.3)	4.0 (2.5, 6.9)	
		2011	33	-19.6 (-19.8, -19.4)	10.4 (10.1, 10.6)	11.4 (10.7, 12.0)	2.2 (1.5, 3.4)	
	Medes	2009	16	-18.8 (-19.1, -18.5)	10.4 (10.0, 10.7)	12.9 (12.2, 13.5)	1.6 (0.9, 3.0)	
		2010	52	-20.1 (-20.2, -19.9)	10.4 (10.3, 10.36)	10.8 (10.4, 11.1)	1.8 (1.3, 2.5)	
		2011	74	-19.5 (-19.7, -19.4)	10.2 (10.1, 10.3)	10.9 (10.4, 11.4)	2.6 (2.0, 3.5)	
	Zembra	2009	20	-17.7 (-17.9, -17.4)	11.0 (10.7, 11.3)	17.0 (16.5, 17.4)	1.0 (0.6, 1.8)	
	Audouin's gull	Alboran	2009	32	-16.07 (-16.2, -15.9)	13.2 (13.1, 13.4)	18.4 (18.1, 18.7)	0.4 (0.3, 0.7)
			2010	22	-17.3 (-18.1, -16.5)	13.4 (13.2, 13.6)	18.2 (18.0, 18.4)	1.7 (1.1, 2.9)
			2011	21	-16.7 (-16.9, -16.5)	13.5 (13.3, 13.7)	18.2 (18.0, 18.4)	0.3 (0.2, 0.6)
Ebro Delta		2009	19	-17.27 (-17.5, -17.0)	12.8 (12.6, 13.1)	17.7 (17.2, 18.2)	1.2 (0.7, 2.1)	
		2010	38	-18.9 (-18.4, -17.9)	12.5 (12.3, 12.6)	17.5 (17.0, 18.0)	1.9 (1.3, 2.8)	
		2011	48	-18.1 (-18.3, -17.8)	12.7 (12.6, 12.9)	16.4 (15.8, 17.0)	2.8 (2.0, 4.1)	
Zembra		2009	10	-17.3 (-17.7, -16.9)	12.0 (11.5, 12.5)	18.5 (18.1, 18.9)	0.9 (0.5, 2.0)	

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Table 3. Comparisons between colony-year groups for each species. The upper diagonal shows the percentage (%) of the SEV of the group on the row that's overlapping with the SEV of the group in the column. The lower diagonal shows the posterior estimates of the distance (% units) between centroid locations in the three-dimensional space generated by the isotopic ratios of the three elements. (median of the posterior distribution)

Species	Colony	Year	Yellow-legged gull									Audouin's gull									
			Columbretes			Ebro Delta			Dragonera		Medes			Zembra	Alboran			Ebro Delta			Zembra
			2009	2010	2011	2009	2010	2011	2010	2011	2009	2010	2011	2009	2009	2010	2011	2009	2010	2011	2009
Yellow-legged gull	Columbretes	2009	-	0	35.3	2.0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
		2010	1.1	-	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
		2011	0.6	1.4	-	0.1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	Ebro Delta	2009	1.0	1.7	0.9	-	11.9	30.0	0	0	0	0	0	0	0	0	0	0	7.2	2.0	0
		2010	1.6	2.1	1.1	1.0	-	13.9	0	0	0	0	0	0	0	0	0	0	0	0	0
		2011	1.0	1.5	0.9	0.5	0.9	-	0	0	0	0	0	0	0	0	0	0	0	0	0
	Dragonera	2010	2.7	2.7	2.3	2.5	1.7	2.3	-	0	0	0	0	0	0	0	0	0	0	0	0
		2011	5.7	6.3	5.1	5.2	4.4	5.3	4.2	-	3.6	27.4	56.6	0	0	0	0	0	0	0	0
	Medes	2009	4.1	4.7	3.5	3.7	3.0	3.9	3.0	1.7	-	0	15.1	0	0	0	0	0	0	0	0
		2010	6.4	6.9	5.8	5.8	5.0	5.9	4.7	0.8	2.5	-	36.5	0	0	0	0	0	0	0	0
		2011	6.2	6.7	5.6	5.7	4.9	5.8	4.6	0.5	2.1	0.7	-	0	0	0	0	0	0	0	0
	Zembra	2009	1.0	1.3	1.2	1.8	2.2	1.8	3.1	6.0	4.3	6.7	6.4	-	0	0	0	0	0	0	0
Audouin's gull	Alboran	2009	3.2	3.6	3.7	3.8	4.7	3.8	6.0	8.4	6.8	9.1	8.8	3.1	-	27.2	1.6	0	0	0	0
		2010	2.6	2.9	3.1	2.9	3.8	3.0	5.2	7.9	6.3	8.5	8.3	2.8	1.3	-	14.8	3.4	0	0	0
		2011	2.9	3.3	3.4	3.3	4.2	3.4	5.6	8.1	6.5	8.7	8.5	2.9	0.7	0.6	-	1.0	0	0	0
	Ebro Delta	2009	1.9	2.4	2.4	2.3	3.2	2.4	4.6	7.2	5.6	7.9	7.6	2.0	1.5	0.9	1.0	-	6.4	24.8	4.5
		2010	1.2	1.6	1.7	1.6	2.4	1.5	3.7	6.7	5.1	7.3	7.1	1.7	2.4	1.5	1.9	1.1	-	40.5	1.5
		2011	1.3	2.2	1.4	1.1	1.9	1.3	3.5	5.8	4.3	6.4	6.2	1.9	2.9	2.1	2.4	1.6	1.72	-	0
	Zembra	2009	2.1	2.1	2.7	2.8	3.6	2.8	4.6	7.7	6.1	8.4	8.2	1.9	1.8	1.6	1.7	1.2	1.5	2.4	-

680 **Figures**

681 Figure 1: map of the Western Mediterranean with the locations of the breeding colonies included
682 in the study. Full circles mark colonies where only yellow-legged gulls (*Larus michahellis*) chicks
683 were sampled, and open circles mark colonies where only Audouin's gulls (*Ichthyaetus*
684 *audouinii*) were sampled. The colonies where both species were sampled are marked by half-full
685 circles.

686 Figure 2: biplots of (a) $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ and (b) $\delta^{34}\text{S}$ and $\delta^{15}\text{N}$ of feathers, representing the isotopic
687 variability among individuals from every group (i.e., colony by year). Biplots are represented for
688 each species separately (at the same scales) to better represent the isotopic segregation between
689 the two gull species. Coloured lines represent the bivariate standard ellipses for every group.
690 Three-dimensional isotopic niches for each species are reported as Supplementary Material
691 (Supplementary Material Appendix 1).

692 Figure 3: Neighbour-joining tree showing isotopic relationships based on median $\delta^{13}\text{C}$, $\delta^{15}\text{N}$ and
693 $\delta^{34}\text{S}$ values of feathers from each colony-year group. The tree is based on Euclidean pairwise
694 distances among centroids of the Standard Ellipsoids; the length of the scale bar represents 0.5
695 units of distance. Illustrations courtesy of Martí Franch.

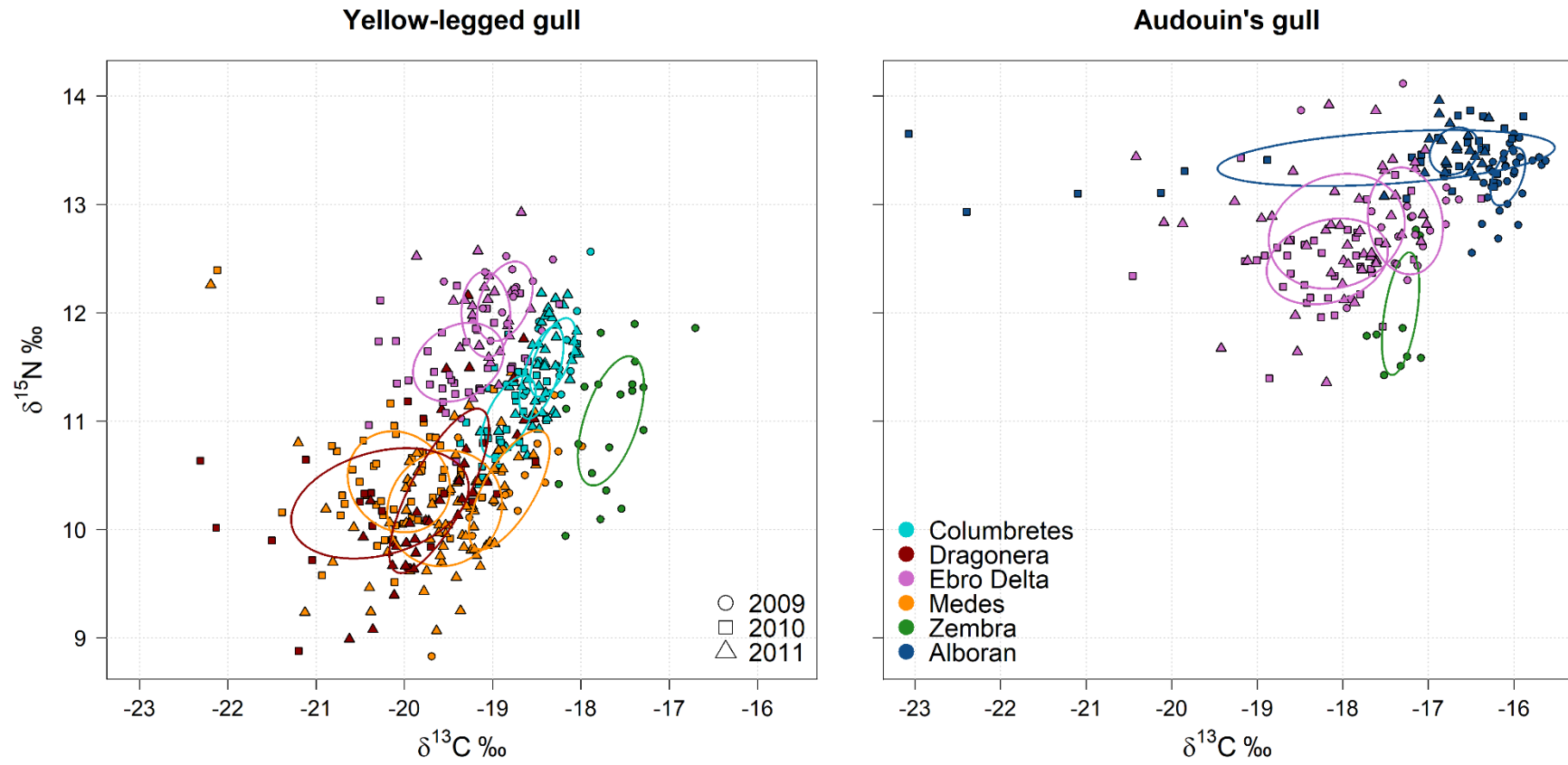
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Figure 1



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Figure 2 (a)



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Figure 2 (b)

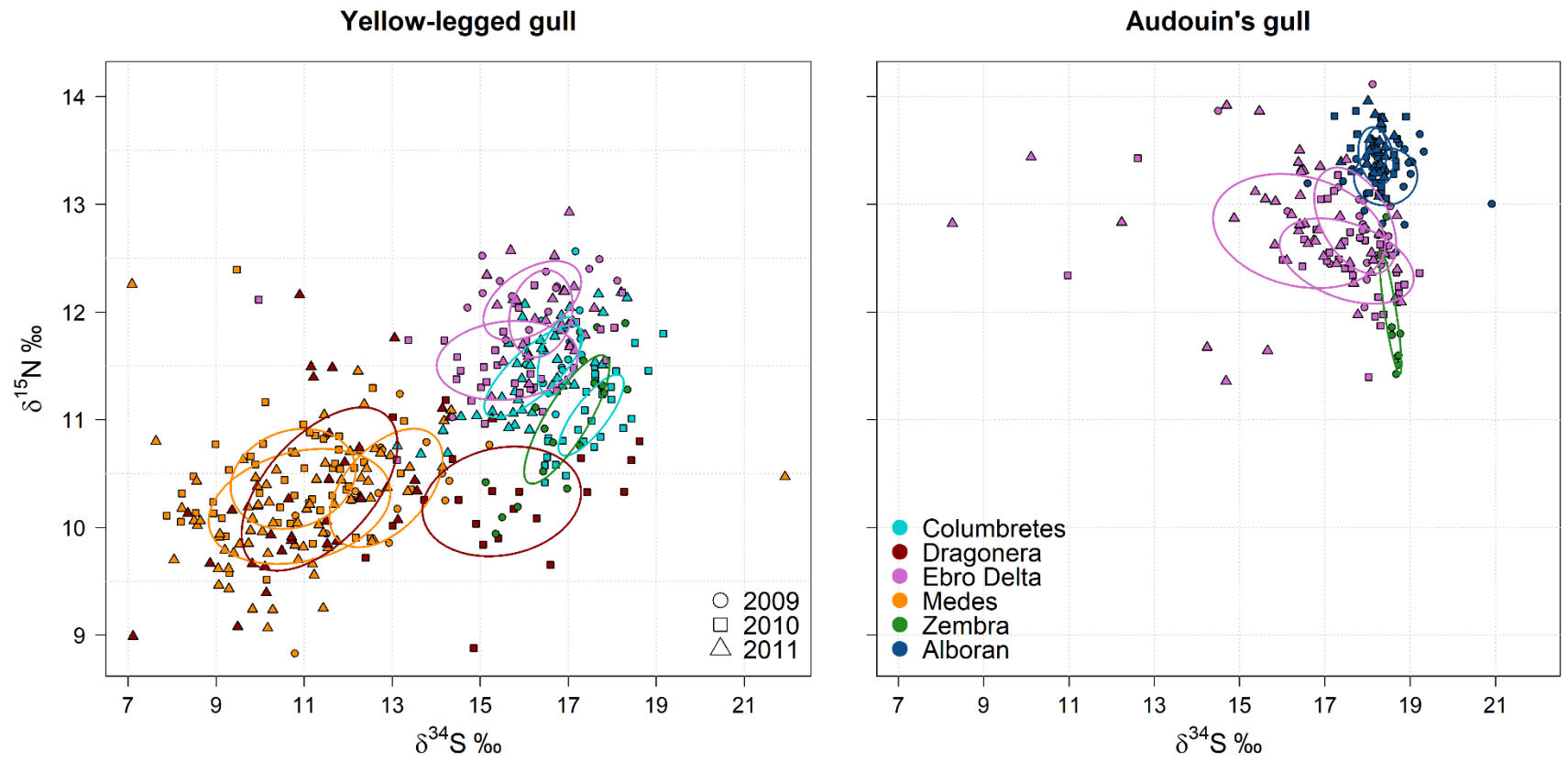


Figure 3

