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Influence on the implementation of biosecurity measures in dairy cattle farms:

Communication between veterinarians and dairy farmers

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Abstract

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This study was carried out in two regions in Spain (Catalonia and Galicia) through eight focus groups; four for dairy farmers and four for veterinarians. The results showed that dairy farmers and veterinarians attributed responsibility to one another for not following biosecurity practices. The study brings to light contradictions among veterinarians and certain individual veterinary practices that participated in the study, which lead to doubt and confusion on the part of dairy farmers. Distinct perceptions were also identified of the role that government authorities should play in relation both to training and sanctions as a means of improving biosecurity on dairy farms. Additionally, the participants expressed varying opinions as to whether biosecurity measures ought to be made mandatory or remain voluntary. Results from this study highlight the need to promote initiatives through which distinct stakeholders such as veterinarians, government authorities, and dairy farmers can develop consensus-based messages on the implementation of biosecurity practices.

Introduction

Biosecurity is defined as "A set of management and physical measures designed to reduce the risk of introduction, establishment, and spread of animal diseases, infections, or infestations to, from, and within an animal population" (OIE, 2018). Consequently, it is important in understanding how farmers maintain an optimal state of animal health (Satyanarayana et al., 2008). In reality, farmers' biosecurity practices are inconsistent among distinct groups of farmers, within distinct geographical contexts and, more generally, within the agricultural commodity chain (Maye and Chan, 2020). In particular, the implementation of biosecurity measures in dairy cattle farms is influenced by a diversity of people and contexts present within these, and by a context in which dairy farmers take various risks in their final decisions (Oliveira et al., 2018; Ritter et al., 2017; Cardwell et al., 2016; Lestari et al., 2014; Brennan and Christley, 2013; Brennan and Christley, 2012). Veterinarians are the main source of information on animal health and health management for dairy farmers (Moya et al., 2020; Damiaans et al., 2018; Shortall et al., 2017). Consequently, veterinarians have a central role in delivering practical information on how to feasibly carry out biosecurity measures to farmers (Denis-Robichaud et al., 2019; Damiaans et al., 2018; Kuster et al., 2015). In this sense, knowledge and awareness are not usually a limitation for veterinarians in advising farmers (Denis-Robichaud et al., 2020; Pritchard et al., 2015), and farmers use and trust the information provided by veterinarians (Derk et al., 2013). Despite this, the promotion by veterinarians of preventive measures for farmers is limited and could be improved through better communication skills and through collaborative work among veterinarians (Denis-Robichaud et al., 2020; Ruston et al., 2016; Shortall et al., 2016). In fact, poor communication skills can be seen in the lack of agreement between veterinarians and their farmer clients on the discussion of specific biosecurity practices, where a higher proportion of veterinarians and a lower proportion of farmers report having discussed this. Similarly, the usefulness and importance of biosecurity may differ between veterinarians' perception of the perception of their farmer clients and farmers' own perception (Denis-Robichaud et al., 2020). Communication

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between veterinarians and farmers is therefore of paramount importance, to the extent that poor communication skills on the part of veterinarians can be detrimental to veterinarian-farmer trust and to their working relationships (Svensson et al., 2018).

In the farm production system, all stakeholders involved in the production chain must be committed to biosecurity in order to implement efficient biosecurity practices (Siekkinen et al., 2012), although they may have different understandings of biosecurity (Gunn et al., 2008). Hence, dairy farmers and veterinarians should carry out intra- and inter-group work to achieve that these practices are implemented in such a way. While there are some exploratory studies that evaluate collaborative work among dairy farmers in other fields, such as production and finance (Kristensen and Enevoldsen, 2008), there are no such studies on collaborative working among veterinarians.

In light of this, the main objective of the present study was to explore and scrutinise the communication dynamics between veterinarians and dairy farmers in relation to biosecurity practices in Spain. We suspect that biosecurity measures are poorly implemented since, on the one hand, dairy farmers do not fully trust their veterinarians and, on the other hand, veterinarians do not properly raise awareness among their dairy farmer clients. In this scenario, the establishment of face-to-face meetings could be a possible solution.

Ethics Statement

This study was approved by the Ethics Committee of the *Universitat Autònoma de Barcelona* (CEEAH 4055), which helped in the design of the Informed Consent for participants. The Informed Consent document was used to explain the objectives of the study and the conditions and guarantees pertaining to all participants. The document indicated that all data were confidential and would be processed anonymously; that no financial benefits were offered for participating; and that all focus-group activity would be recorded by audio or text. Participation in the study was entirely voluntary, and participants could leave the focus group at any time.

The Informed Consent document was signed by participants and researchers, and a copy was provided to each of them.

Materials and methods

Study area:

Dairy farms:

This research was conducted in Spain in two of its so-called *Autonomous Communities* (semi-independent regions). One area is Galicia—located in the north-west—and the other is Catalonia—located in the north-east. In general, Galician dairy farms are small and family-based compared to the sizeable Catalonian farms owned by large production companies (MAPAMA, 2016; De Llano, 1989). Galicia has 55% of all Spanish dairy farms, with an average of 43 cows per farm; Catalonia, in contrast, has 4% of all Spanish farms but with an average of 144 cows per farm (MAPAMA, 2018). Galicia produces 39% of all milk produced in Spain; Catalonia accounts for 10% of national production (MAPA, 2020a).

Types of veterinarians:

Throughout Spain (as elsewhere) there are control programs for regulated diseases that are generally compulsory (e.g., Bovine Tuberculosis) and for non-regulated diseases that are generally voluntary (e.g., Bovine Viral Diarrhoea). In these control programs, farms are brought under the auspices of Health Defence Associations (hereafter HDA; the acronym in Spanish is ADS). HDA are managed directly by farmers and receive financial subsidies from the government to support the activities included in control programs. In this regard, HDA can directly contract veterinarians in implementing such programs. In this article, veterinarians termed animal health veterinarians (hereafter AHV) can also be contracted—in the case of regulated diseases—by public companies who, at the same time, are subcontracted by the government. In Galicia, control programs of non-regulated diseases are conducted by AHV contracted directly by HDA,

while the control of regulated diseases is conducted by AHV contracted by public companies to participate in these compulsory eradication programs. In contrast, in Catalonia, AHV participating in the control of regulated diseases are contracted directly by the HDA, and there are no control programs for non-regulated diseases.

Veterinarians termed private veterinarians (PV) advise on distinct technical areas relating to herd health management (e.g., clinical/physician, reproduction, milk quality or nutrition). Finally, veterinarians belonging to the official veterinary services are responsible for monitoring farmers and veterinarians, ensuring that they carry out certain compulsory practices; they also control HDA activities. This last group is not included in this study.

Study design:

Qualitative research was conducted using focus groups. This qualitative technique brings together people who have certain characteristics in common, allowing them to share their views and to interact with each other on a specific topic (Rezaeian, 2019; Kitzinger, 1994). We used this technique as: i) we had insufficient information on dairy farmer-veterinarian communication dynamics that involve biosecurity; ii) we wanted to directly ascertain justifications for the opinions held by dairy farmers and veterinarians; iii) it facilitated addressing complex and sensitive issues on a range of communication skills and biosecurity measures among the parties concerned; and iv) we wanted to generate an environment in which both groups (farmers and veterinarians) could set out their problems and needs in relation to biosecurity (Dilshad and Latif, 2013).

Eight focus groups were used in this study. Following Guest et al. (2016), who pointed out that 90% of discussion topics could be covered by three to six focus groups, four focus groups per strata were used in hopes of reaching data saturation. The strata considered were 'type of stakeholder' (i.e., dairy farmers and veterinarians), and 'geographical area' (i.e., Galicia and Catalonia). Despite this, it is difficult to attain total saturation since there is always the possibility

of uncovering new concerns from the data (Hennink et al., 2019). Convenience sampling was used, based on the availability of those wishing to participate in this study (Etikan et al., 2015). Dairy farmers and veterinarians were contacted through the professional network of this study's researchers. As a result, groups of 14 farmers and 8 veterinarians were created. A higher number of farmers was initially planned, as it was assumed that the probability of not attending focus group meetings was higher among this sector. Figure 1 and Table 1 describe the characteristics of the dairy farmers and veterinarians attending each of the focus groups. Focus groups were conducted from 14 March 2019 to 9 September 2019 in both regions. Sessions were conducted face-to-face, recorded on audio tape, and lasted between 60-90 minutes. The focus-group recordings were then reviewed and transcribed by the first author of this article for data analysis. In the transcripts, statements were labelled with as "F" for dairy farmers or "V" for veterinarians, followed by "G" for Galicia or "C" for Catalonia; a number (i.e., 1 or 2) was also used for group differentiation (e.g., FG1 refers to a focus group of dairy farmers from Galicia). The original statements were translated and verified by two native speakers and a language service of the Universitat Autònoma de Barcelona, who verified that the meaning of the statements was maintained. Statements in the original language are given in the appendix. Data were analysed using critical discourse analysis through ATLAS.ti.8.4.18 (ATLAS.ti, 2019). This analysis was used as it facilitates far greater understanding of meaning and helps to comprehend complex phenomena, as described by Fairclough (1992). In this way, the ideas expressed by farmers and veterinarians were more comprehensively scrutinised, thereby providing a greater elucidation of biosecurity practices (Ponton and Larina, 2017; Ponton and Larina, 2016; Hodges et al., 2008; Van Dijk, 1998). In addition, critical discourse analysis takes a social and political approach (Van Dijk, 2001). This analysis therefore includes a relationship between discourse and social processes and structures, in which discourse influences social processes and structures, and vice versa

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(Hidalgo, 2011; Fairclough, 1992); in this case, this relationship was that shown by the intra- and inter-group discourse and social processes and structures of dairy farmers and veterinarians.

The analysis was based on the various statements made directly by participants. However, these statements were associated with the four main strata (i.e., FG, FC, VG and VC) and not with an individual speaker (Duggleby, 2005).

Results

farms with dirty boots:

The results of this study were organised into two main themes: veterinarians (sub-themes: 'contradictions' and 'face-to-face meetings') and government authorities (sub-themes: 'roles', 'mandatory biosecurity measures', and 'basic biosecurity measures').

Perceived veterinarian contradictions: Who is right?

Farmers emphasised that advice in relation to biosecurity could be divergent among veterinarians. This divergence, in the opinions both of farmers and veterinarians, may be influenced by the veterinarians' training and competence in biosecurity, the availability of time spent on farms, knowledge of the farm, and each veterinarian's intrinsic characteristics (i.e., personality). Consequently, veterinarians may have distinct perceptions of biosecurity, and distinct approaches to it, resulting in various contradictions.

Some contradictions were characterised by a discourse that, on the one hand, promotes the implementation of biosecurity measures among farmers by veterinarians, yet, on the other, were not borne out by certain veterinarians' actual practices, which were not in accordance with such discourse. In this respect, some farmers challenged practices that increased the risk of introducing infectious diseases onto their farms; specifically, veterinarians entering their clients'

(1)FG1: "(...) The best measure is for vets to bring clean boots, properly clean. Nothing's worse than them arriving with manure on their boots, putting on disposable plastic

overshoes and then dragging their feet along; when they go from here to there the plastic gets broken and so the contact is obviously the same as not having any protection at all.

I think that the vets should see that for themselves; farmers shouldn't have to ask for this.

And on top of that, they don't like it when you tell them (...)"

Similarly, on this same topic, certain farmers mentioned the excuses that some veterinarians gave them, such as not wanting to wear disposable plastic overshoes because they could slip:

(2)FG1: "(...) For one thing, for some vets, it's an effort just to put on disposable plastic overshoes.

We have to insist on this, if necessary, even with people who come here to teach us. With vets, we have to be very insistent about them putting on disposable plastic overshoes; they say that they slip if they wear them. They should be coming here to help us have a clean farm, but instead they end up making it dirty.

I think that AHV contracted by public companies excuse themselves by always pouring liquid over their boots before starting.

On the other hand, clinical vets do come with boots, they come in and when they leave, they wash them, but without disinfecting (...)"

Similarly, farmers did not understand why veterinary professionals with the same training and competences (i.e., the same type of veterinarian) could provide different or even contradictory advice on standards of on-farm biosecurity practices. In particular, there were distinctive differences among AHV involved in an HDA in providing on-farm biosecurity advice for farmers. In this situation, certain farmers were confused by the fact that some AHV involved in an HDA farm visit did not follow the same biosecurity practices. Such divergence leads farmers to distrust and question veterinarians' awareness of the preparations required for reducing the risk

of disease. Some farmers expressed surprised that recently graduated veterinarians could make these mistakes, as biosecurity is an important subject that should be covered in training:

(3)FG1: "(...) I once had an AHV contracted by the HDA who got here with worn-out boots, it was impossible for him to clean them. And he said: 'If you want, I can put bags over my boots'; but he didn't have any disposable plastic overshoes in the car either. He was here for a very short time. He was a young vet who'd only recently finished his degree, which is even more serious (...)"

In a similar mode, certain farmers did not understand why some AHV gave them advice on biosecurity, while others did not:

(4)FG1: "(...) In my case, the vet doesn't advise me about biosecurity.

In some cases, the AHV contracted by the HDA explains how you should do things. Or they ask you 'if you have a problem, how are you going to resolve it?' But they don't explain much to you anyway (...)"

During the focus groups, the participating veterinarians had divided views on a number of biosecurity measures, such as whether farmers should install disinfection arches to clean vehicles entering the farms. In this respect, some clinical or reproduction veterinarians pointed out that farms should have disinfection arches for vehicles; in contrast to this, the HDA veterinarians pointed out that it was unrealistic, and it would be more effective if only essential vehicles entered the farms via specific roads.

In light of the contradictory views expressed by veterinarians on the instalment of disinfection arches, farmers began questioning the ability and trustworthiness of their own veterinarians, since differing types of veterinarians gave conflicting advice, as the following comments show:

(5)FG1: "(...) The thing is that the criteria the vets have sometimes don't match, and then you get confused. The reproduction vets come along, and they tell you one thing; later,

228 the clinical vets come by, and they tell you another thing. And sometimes their criteria just doesn't match up. So you get more confused about what you should do. 229 230 That's especially the case when you get conflicting advice from AHV contracted by the HDA. 231 232 And there are things that you really need to think about, about what you are going to do, because you're not very sure and they haven't guided you to anything specific. It 233 makes you wonder (...)" 234 235 These contradictions were also perceived by veterinarians: 236 (6)VC1: "(...) Depending on the experience of an individual, one thing will be recommended for one farm and something different will be recommended for another. 237 238 And if the individual lacks the ability to demonstrate which [criteria] is actually better, it 239 can lead to this clash (...)" 240 However, farmers also understood that this could happen due to the differing characteristics 241 and competencies of distinct types of veterinarians. This did not necessarily mean that advice 242 from one veterinarian was considered more valid and better than that given by another, simply 243 that the approach suggested was different. In fact, veterinarians pointed out that divergent

(7)VG1: "(...) I think that we all have the same essential training, in spite of individual specialisation. We leave the faculty knowing all about biosecurity; but what happens is that, afterwards, each person applies this knowledge in their area (or doesn't apply it, as the case may be); or else it's easier to apply it for one person but far more difficult for another, it is very different (...)"

approaches might be owing to different specialisations in veterinary science and to the relative

Face-to-face veterinarian meetings: Do the meetings actually take place?

degree of importance ascribed to biosecurity practices:

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Veterinarians acknowledged the diversity and the specialisation of veterinarians visiting farms, and the need to organise face-to-face meetings among themselves:

(8)VG1: "(...) There are different technicians working on the same farm. Milk quality, clinical, reproduction, nutrition, or AHV contracted by the HDA. If they do come [to the farm], what does each one say?

What we need to do here, regardless of whether we're from the same working team or not, when there is a problem on a farm and it affects everybody, what we need to do is meet up and talk (...)"

(9)VG2: "(...) So they tell me: 'I've got problems with Bovine Viral Diarrhoea'. So, you talk to the AHV contracted by the HDA, that's their area, and you get involved in the HDA program to control it. And it's like what I said: 'I don't have the time to come here every time a calf's born, I don't have time and it's not my area of specialisation'. I think that specialisation is leading us towards this, to look for collaboration.

We need to meet up more (...)"

Veterinarians commented that reasons for face-to-face meetings among the different veterinarians visiting a farm were few, but included moments when they work together (i.e., on the same team) or in exceptional situations such as an outbreak of an exotic disease. Some veterinarians believed that such meetings were necessary in order to resolve problems for the benefit of farmers. However, veterinarians were also aware that their discrepancies should be resolved among themselves only, keeping farmers out of such discussion to avoid generating the distrust commented on above. These veterinarians therefore suggested that a problem should be approached collectively, among veterinarians only, in order to give unanimous advice to farmers.

According to certain veterinarians, farmers supported the idea of meetings exclusively among veterinarians. At all events, although veterinarians showed their willingness to participate, they also pointed out that it should be farmers who encouraged these meetings, even though this was actually rather complex to achieve:

(10)VG2: "(...) In short, there is no collaboration. The only person linking everyone together is the farmer, and in theory they should be deciding these things because they're the ones paying everybody. But the problem is that farmers are not usually qualified, they're not seen as leaders to coordinate a team of veterinarians.

The issue is that, if farms function as companies, who can direct them? I think that there are farmers who are perfectly well trained to do this. But there are others who simply aren't. I don't know what kind of "figure" we need to run things in such cases. Or maybe those who aren't specifically trained are just doomed to disappear.

As regards that "figure", I really don't know who it should be. I think it should be a farmer, but a farmer probably needs technical counselling in order to identify problems. The concept of "having problems" is very subjective; every farmer understands them differently (...)"

Veterinarians therefore believed that some farmers did not have the requisite skills (i.e., leadership and knowledge) to manage face-to-face meetings among veterinarians. Additionally, the perception of problems that farmers may face could vary, and may need technical counselling in order to be appreciated.

The veterinarians also stressed that farms need to function as competent companies or else eventually disappear. This is particularly the case with the very small farms in Galicia, which are characterised by a low level of professionalism, a factor that might also limit the implementation of biosecurity measures.

Some veterinarians drew attention to the current absence of face-to-face meetings among colleagues as problematic, since these are a framework within which to gain familiarity with distinct veterinary disciplines, or as a means of carrying out direct consultation with such colleagues to resolve certain technical problems common, which might also include biosecurity measures. However, not all veterinarians favoured such a framework. In this regard, they highlighted the fact that the distinct questions raised by farmers should be transferred to the relevant veterinarians only, and discarded the option of approaching disciplines distinct from their own. In this sense, veterinarians did not seek to invalidate any analyses made by others or pass on responsibilities to others. Nevertheless, on some occasions they appeared to disregard certain problems:

(11)VG2: "(...) There's very rarely any direct conflict. I don't find myself in situations where I need to say to a farmer: 'You decide: either listen to me, and give the animal a branded vaccine [the veterinarian understands this as a biosecurity measure], or listen to them, and do something else'. That doesn't really happen very often; but what does happen is that we keep knocking the ball backwards and forwards into each other's court (...)"

In agreement with these remarks, certain veterinarians stressed that clashes among veterinarians were not common, nor were attempts to force farmers into making the final decision on these matters.

The roles of government authorities: Reality and expectation

Farmers mentioned that government authorities (hereafter simply 'the authorities') have primarily a sanctioning role, although they commented that this role varied among regions. The possibility of being sanctioned is the reason that farmers have a defensive attitude towards (or plainly distrust) official veterinarians. However, farmers also observed that, in those regions in which the primary sector is more important, farmers received greater support:

(12)FC2: "(...) When the authorities come to the farm, 99% of the time it's to fine us, they don't come to find out what we're doing. In other parts of Spain, things are different, the authorities are at the same level as the farm because the primary sector is really important there. But here, when an outsider [official veterinarian] comes to your farm, you have to keep an eye out for things (...)"

In spite of the previous statement, one farmer mentioned that, on one occasion, farmers and official veterinarians had convivially enjoyed a meal together, and commented that this situation of "friendship" between both sectors should be normalised.

Farmers disagree with biosecurity measures that, in their opinion, do not make sense (such as visitor registers, for example). Additionally, farmers added that their attitudes towards certain measures are influenced by their views of official veterinarians (i.e., of the authorities as represented by that veterinarian) who, they feel, do not have enough knowledge about their farms. They observed that official veterinarians should try to determine the reality of their farms, and understand more fully how distinct farm activities are carried out. Despite this, both farmers and veterinarians recognised the important role of the authorities, which need to guarantee correct operational functionality, as farms deliver products for human consumption. Farmers and veterinarians also agreed that the authorities should play a more active advisory/training role and not merely that of sanction-giver:

(13)FC2: "(...) They [official veterinarians] should help us; what they should do is collaborate, provide a little guidance for us. They come with the excuse that, as they're regulated by the EU, they have to comply with these regulations. It's not that they want to, they say, it's because they're obliged to. That's one part of the story. The other part is what we say: 'A little bit of collaboration, help or advice would be fine, if it wasn't that they always come to fine us' (...)"

(14)VG1: "(...) The authorities, in my view, minimally ensure that everything works, 'more or less'. Food for human consumption is being produced, and some supervision helps ensure that the whole sector works correctly. And this calls for the presence of an important arbitrator.

But I do believe that the authorities should be more involved in training. I think it should do more in this ambit, and not always focus on sanctioning. Farmers and even veterinarians should be trained.

I think the authorities should have a double role. They need to must energise resources, important resources for training and for implementation, to establish animal health programs – this seems fundamental to me. And then there's the need for control, I think that control is necessary: thinking of the authorities as a friend just doesn't work (...)"

The authorities should therefore have a regulatory (supervisory) role that both advises and sanctions concurrently. Specifically, as regards training, the authorities could expand the incorporation of biosecurity measures based not only on official health programs (i.e., with regulated diseases) but also based on other infectious diseases, as is the case for example in Galicia with HDA programs (i.e., with non-regulated diseases). Consequently, animal health programs could be generated to favour both the productive sector and the end consumer. In the same way, according to farmers, the authorities should ensure that all farms follow certain basic biosecurity measures, thereby avoiding heterogeneous risk perceptions. They could therefore anticipate problems, instead of relying on measures implemented by the farmers themselves.

Finally, some farmers pointed out that the authorities should not merely be concerned with what happens within their own farms, but should also monitor what happens outside their farm premises. In this sense, it has been mentioned that there should be measures to control wild animals, which cause numerous problems. These farmers observed that the authorities should

be responsible for these problems and their consequences, as farmers can take responsibility only for what happens on their own farms, and at all events also have a range of other problems to solve. Dairy farmers, additionally, perceived that other animal production systems (e.g., swine and poultry) are less affected by wild animals in comparison to the dairy sector, since other sectors have very little direct contact with wild animals:

(15)FC1: "(...) Measures to control the population of wildlife in the country.

We are affected by wild animals. It is out of the authorities' control, and the wild-animal population is getting more and more serious, we're really suffering from this problem. It's 100% the authorities' responsibility.

We can be responsible for the premises inside the farm, but not for the environment outside; the authorities should be responsible for the environment surrounding the farm.

It is different for dairy cattle than for poultry or swine.

Apart from wildlife, we have other problems. There are areas close to farm animals with lots of different problems, not just with wild animals (...)"

Mandatory biosecurity measures

There was some discrepancy among veterinarians regarding the mandatory nature of biosecurity measures (e.g., control of cattle movements in an HDA), based on the tactic of 'apprehension' (i.e., a tactic that depends on the reluctance to receive sanctions), and on strategies to increase farmers' biosecurity awareness. Some veterinarians pointed out that mandatory measures from the authorities increase workload, since farmers have to implement them in order to avoid being penalised. However, penalties can also foster the implementation of measures on farms, as was the case with the control of antibiotics in milk, which led to a favourable change. According to some veterinarians, establishing mandatory biosecurity measures will lead farmers to implement them more effectively as they will be reluctant to

receive penalties and will want to avoid breaking the law. Conversely, there were veterinarians and farmers who highlighted the redundancy of making biosecurity measures compulsory. These people proposed, instead, constructive action such as subsidising certain basic measures or providing positive incentives, such as with controls on milk quality, which could be requirements for the market access of final products:

(16)VG2: "(...) For a dairy company to be able to export to third-world countries, it has to carry out some measures for certain diseases. Milk quality in the end was attained by penalisation within the industry (...)"

(17)FG2: "(...) To obtain points granting access to a subsidy, you have to do that. It may not actually be obligatory, but if you want access to a subsidy, the authorities give you points for having that (...)"

Farmers added that obligations or incentives for biosecurity measures should be given for those measures that are in fact useful to them. On the other hand, some veterinarians said that biosecurity measures should not be mandatory; instead, farmers should be aware of the importance of these measures for farms and for final products. As regards this latter point, certain veterinarians also added that the authorities should establish a series of measures that could be accompanied by an explanation and objective so that biosecurity measures would make better sense. Additionally, the positive effectiveness and impact of these measures should be demonstrated through studies so that farmers can understand why they need to implement them. Crucially, farmers noted that mandatory measures should consider the context of each particular farm (e.g., infrastructure and environment).

Finally, several farmers pointed out that preventative measures to reduce risks of introducing certain pathogens into farms should be voluntary, since this relates to their farms only, and does not represent a risk for third parties. In addition, these farmers considered themselves to have already implemented several measures voluntarily. Nonetheless, other farmers mentioned that

measures capable of reducing the risk of releasing and spreading certain pathogens from their farms should be mandatory, but that they require financial support from the authorities:

(18)FC1: "(...) I think it shouldn't be obligatory, because if there is a disease it's you who allows it to enter into your own farm.

I think there should be both obligatory and voluntary things. I don't personally agree with fencing off all farms or having a disinfection arch. If that's obligatory one day, then the authorities should help subsidise it.

A lot of measures are already being implemented voluntarily.

Obligatory, in the first place, only whatever might be harmful from your farm to another, but if it's only harmful to you, it's your responsibility; that should be voluntary (...)"

Basic biosecurity measures

become zoonotic.

Some farmers also highlighted the importance of not only considering external routes of introduction, but also possible spread within farms due to farm workers or to feeding management. In this regard, certain veterinarians also indicated that solutions need to be different according to the situation (i.e., prevention and emergency). As regards preventative measures, these veterinarians emphasised the importance of initiating approaches with a general on-farm diagnosis, and with a personalised risk analysis, to establish basic biosecurity measures in the short, medium, and long-term.

In contrast to this, according to veterinarians who did not hold these views, basic measures should mainly be directed towards those infectious diseases that could affect animal health, as well as having a financial and commercial impact on farms. In this vein, some veterinarians also

pointed out that non-zoonotic diseases should be taken into account by the authorities through

official animal health programs, noting that they might eventually consider that a risk could

Veterinarians also mentioned that other production systems (e.g., poultry or swine) are stricter than dairy farms. Such systems have, for example, mandatory basic measures relating exclusively to clothing and the condition of machinery, as well as isolated collection sites for dead animals.

Some farmers were aware that there is broad scope for improvement in implementing biosecurity measures, but they did not completely agree on establishing mandatory basic measures as, in their view, this was a question of common sense. However, other farmers disagreed, since 'common sense' tends to vary by individual. In light of this, these farmers pointed out that the authorities should indeed intervene through official control programs, with which they may or may not agree:

(19)FC2: "(...) I think that there has to be some common sense, doing things right. It's a problem that needs a solution, a little common sense and doing things as they should be done. Then there'd be no problems, not even for things like fences.

Common sense is very variable; for one person, one measure might be normal and for another it could be complete nonsense.

It's all very complicated; I think that the authorities should have basic standards to apply, which we might like or might not (...)"

In addition to this, some farmers cautioned that basic measures—if they became mandatory—should be implemented gradually. Nevertheless, veterinarians argued that if biosecurity measures are implemented, controlling and monitoring such implementation would be complicated, and that this would hamper the implementation of these measures by the sector as a whole. To this observation, farmers added the importance of understanding the effectiveness of biosecurity measures if they became mandatory. For example, certain farmers observed that a disinfection point could be placed at the entrance to a farm, but if it was located in a separate place and nobody used it, it would not be effective. A similar situation could occur

with other measures, such as perimeter fences and farm registers of entries and exits, the effectiveness of which was questioned:

(20)FC2: "(...) The measures have to be really effective. If the authorities say that you have to wear a disinfection backpack, I can't see that working because the backpack'll never be touched and that'll be the end of it. But, if they force you to have a place for trucks with disinfectant, that'd be more effective, I think.

It is the same as closing your perimeter with fences: you can't close in all your hectares, it's just not feasible (...)"

Certain veterinarians once again highlighted the role of the veterinarian, who is a fundamental and decisive figure of reference in the implementation of biosecurity measures, with some veterinarians pointing out the necessity of their support for ensuring implementation of basic measures. Similarly, other veterinarians commented on the importance of cohesion among all sectors, beginning with shared objectives, and on the need for collaboration among distinct veterinarians. However, following on from these basic measures, other veterinarians pointed out that when certain fundamental levels are attained and favourable results are achieved by farms, new objectives could then be created.

Discussion

With respect to the dynamics of communication between dairy farmers and veterinarians, contradictions among veterinarians were particularly evident. The contradictions pointed out in this study among veterinarians seem to derive from a lack of specific regulations throughout Spain. Animal Health Law (Regulation (EU) 2016/429) establishes biosecurity as a requirement for managing animal health in an efficient way. Currently in Spain there are no compulsory biosecurity measures for implementation on dairy cattle farms; however, there are several good-practice guidelines that include biosecurity recommendations (INLAC, 2007). Contradictions on this matter may be due to interest, time availability, knowledge of farms, and

the personal characteristics of a veterinarian (i.e., there are elements, such as interpersonal, management, decision-making, or problem-solving skills affecting biosecurity advice, and which are mainly related to individual experience). Naturally, this is also the case with any other veterinarian, such as those AHV involved in an HDA, for example, who should theoretically have common and substantiated criteria for giving advice on biosecurity measures.

Veterinarians may be responsible for biosecurity measures that have not been correctly conveyed to dairy farmers, since not only do they need adequate knowledge about biosecurity but also be able to transmit and promote this by raising general awareness and by means of distinct training. Through training sessions, the implementation of biosecurity measures should also be directly related to the viability of such measures, which in turn might indirectly depend on the veterinarian. In this regard, veterinarians should primarily consider the needs, priorities, motivations, and objectives of dairy farmers, in conjunction with their perception of the effectiveness of the measures being promoted (Svensson et al., 2019). In fact, Visschers et al. (2016) and Kuster et al. (2015) point out that veterinarians usually recommend preventive measures that they believe are feasible and effective to carry out. In this sense, communication is crucially relevant in the professional relationship between veterinarians and dairy farmers. Therefore, although farmers are generally satisfied with their interactions with their veterinarians, there is still room for improvement of these interactions (DeGroot el al., 2021).

veterinarians. In this study, we observed that there are veterinarians who are not greatly predisposed to recommending biosecurity measures to dairy farmers, which in turn can influence dairy farmers' interest. This lack of predisposition, together with seemingly contradictory advice given by veterinarians, may then result in dairy farmers not implementing biosecurity measures. In this respect, our study is in agreement with those conducted by Ruston et al. (2016), or Hall and Wapenaar (2012), who pointed out that veterinarians have become

There may be a wide range of factors that can affect communication between dairy farmers and

'partial prevention' advisors, since there seems to be, in general, little effort given to promotion, although this differs by geographical area and is affected by complex bureaucratic dynamics. In addition to having effective communication skills (e.g., the ability to effectively transmit knowledge), veterinarians must therefore also be proactive advisors and provide consensus messages that are both consistent and linked to continuous monitoring and evaluation (Oliveira et al., 2018; Jansen and Lam, 2012). In other words, veterinarians should draw on their own experience and re-appropriate this to consolidate the information that they provide, thereby improving their communication of 'preventative measures' (Ruston et al., 2016). Consequently, not only are communication skills important; so too are the time and method of communication (Hall and Wapenaar, 2012). On the other hand, due to the characteristics of the different veterinarians, and the different ways in which they are recruited and financed (e.g., through a cooperative or privately), it might be interesting to explore in future studies whether this might also have an impact on disagreements among veterinarians. In addition, it could be elucidated who might have a position to demand a unification and consensus of their messages, as there are currently no elements that motivate them to work together to convey such messages. Regarding to the specialisation that veterinarians may have, there is a possibility that they may recommend biosecurity measures based on such specialisation, mainly considering elements of plausibility on the part of their farmer clients. In this sense, these veterinarians could disregard the limited availability of scientific evidence supporting these measures and have to weigh, prioritise and select some of them according to their own criteria. This could not only deepen disagreements among them, but also deliver different recommendations between farms. However, this situation can be favourable as long as the farmer is aware of this fact and all their veterinarians unify these criteria on their farm, although they may vary between farms according to their particular elements. Despite the above, there may also be difficulties for veterinarians to address certain biosecurity practices with their farmer clients due to their lack of interest, receptivity, opportunity and time, or lack of biosecurity issues and priorities, among others,

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which may also lead to the delivery of different recommendations between farms (Denis-Robichaud et al., 2020).

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In relation to collaboration networks between dairy farmers and veterinarians, although it has been established that such networks may be of interest to dairy farmers, even when they are difficult to find (Hovi, 2005), the same cannot be said for collaboration networks among veterinarian which have been completely neglected. We observed that veterinarian collaboration networks tend mainly to be limited to certain types of veterinarians who, nevertheless, may have discrepant views, partly on account of the infrequency of their face-toface meetings and discussions. As a result, they have greater difficulty in providing a consensus message. In this way, orchestrating such meetings among veterinarians can strengthen veterinarian collaboration networks in favour of dairy farmers. In keeping with this, researchers such as Ruston et al. (2016) have identified the need for veterinarians to work collaboratively rather than competitively among themselves. Notwithstanding this, it is still necessary to address the reasons for this general lack of collaboration, which may not necessarily depend as much on veterinarians as on the context in which they work. Veterinarian competition is reinforced by the diversity and individualism of veterinarians, which may be positive and necessary, but which may also result in inconsistencies (Shortall et al., 2016), meaning that competition amongst a wide range of different types of veterinarians is not useful for dairy farmers.

Returning to the issue of face-to-face meetings among veterinarians, it is a significant finding that, although veterinarians indicated that it was the farmers who should demand more collaboration from their veterinarians, this latter group also indicted that farmers are not or would not be able to do this because of inadequate managerial skills. In this sense, a farm can be conceived of as a business in which the businessperson (i.e., farmers) has absolute power over their own decisions. However, there are also subcontracted businesses that condition

business through their activities and, therefore, the businessperson often has little power over their decisions. Hence, if a comparison is to be made, it should be noted that veterinarians act as a subcontracted business, over which the farmers have little decision-making power. At all events, and regardless of the farmer's skills, there may be structural elements contributing to this situation, such as veterinarians' organisational schedules (e.g., working times and work rhythms) and the schedules of other stakeholders in the productive sector. Last and by no means least, veterinarians may inadvertently or even consciously transfer the tasks involved in creating durable collaborative networks onto farmers, rather than assuming part of this themselves, as with the example of organising meetings.

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Therefore, an intra-group collaboration is essential for other members of the group-in this case, veterinarians. Once these issues have been resolved, far more progress could be made in making inter-group decisions, such as those between dairy farmers and veterinarians, to establish mutual objectives (Atkinson, 2010). In this regard, Sayers et al. (2014) also commented that dairy farmers and veterinarians are not regularly in contact, which in turn perpetuates the absence and inconsistency of standardised information given by veterinarians. Instead of such a situation, communication gaps could be overcome by a more effective integration of both groups, regardless of whether dairy farmers and veterinarians have different biosecurity frameworks and distinct perceptions of the problems involved (Shortall et al., 2016). The network of groups should be flexible enough to incorporate other groups subsequently approached, such as milk buyers, who are important agents of the dairy sector in the implementation of biosecurity measures (Richens et al., 2018). Thus, the literature underlines shared decision-making as a crucial element in the development of collaborative work (Wright et al., 2018). In this regard, our study is in accordance with others regarding the communication and exchange of knowledge throughout the entire dairy-sector chain, such as that between dairy farmers and the authorities or consumers (or, as in this current study, between dairy farmers and veterinarians) for the sake of generating collaborative networks (Young et al., 2010). Consequently, although this research contemplated an approximating of the hierarchical relationships between farmers and veterinarians within the dairy sector, it is necessary for future research to analyse other agents within the hierarchical structures of this sector, since the relationships between farmers and veterinarians may also possibly be conditioned by such agents (e.g., milk buyers).

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Mandatory biosecurity measures are a complex issue as regards dairy farmers and the authorities. The mandatory status of biosecurity measures currently receives increasingly significant attention; this is the case, for example, with the recent approval of the Infectious Bovine Rhinotracheitis program in Spain (Royal Decree 554/2019), an issue of interest because of the pressures exerted on dairy farmers involved in HDA programs. In this sense, it is interesting that farmers insist on maintaining their autonomy over the management of their farms (i.e., less intervention by the authorities), through the justification that, even if they assume animal-health risks, these will not harm third parties—a fact that might be incongruous. Nevertheless, it is interesting that farmers indicate that the authorities should be co-responsible if biosecurity measures become mandatory, eventually assuming part of their cost. Farmers therefore distinguish between two levels of reality, one that is of a productive-economic character; the other of a preventive-health character. What is evident from the farmers' statements recorded in this study is their perception of being trapped between these two levels of reality. In light of this, an analysis of the coincidence between the farmers' way of viewing these matters, on the one hand, and the productive-economic and preventive-health levels, on the other, should be the subject of future studies.

Diverse opinions by dairy farmers were recorded here as regards the authorities, some of them indicating that these mainly played a sanctioning role. This partly coincides with the scenario described by Oliveira et al. (2018), who found that penalties and incentives were essential for ensuring adequate biosecurity practices. Similarly, there was agreement regarding incentives

provided by the authorities in other European countries, although in distinct ambits. For example, the New Zealand authorities have generated initiatives to implement a green infrastructure for dairy farmers who meet the regulatory framework. However, the dairy sector and its farmers lacked sufficient motivation to carry out this implementation without the incentive provided by complementary payments from the authorities (McWilliam and Balzarova, 2017).

In general terms, then, it may be stated that dairy farmers can be positively influenced by veterinarians, and negatively by the authorities, as Brennan et al. (2016) pointed out. Similarly, according to Broughan et al. (2016) dairy farmers did not believe that veterinarians working for the authorities could help them, possibly because of the distrust felt by farmers regarding these authorities (Christley et al., 2011; Enticott, 2008). Again, future studies could carry out an indepth analysis of the levels of trust existing among the distinct agents involved within the dairy sector, as well as those factors that can increase or reduce such trust, since in a matter of risk management, trust-engendering processes are key. Additionally, communication processes are also essential to levels of trust. Such processes, besides supporting collective action, need to reframe various messages and deliver them from a neutral source (Heffernan et al., 2008). Additionally, there need to be both mandatory and voluntary biosecurity measures, an issue that could improve dairy farmers' perception of the authorities, provided that the authorities take these farmer's participation into account in their policies. It should not be forgotten that changes on dairy farms could be achieved through more active participation of all agents involved (Lahuerta-Marin et al., 2018).

Conclusion

Dairy farmers' understandings of biosecurity practices are shaped by veterinarians. While dairy farmers and veterinarians attribute responsibility to one other for not applying biosecurity measures, the responsibility for carrying out such practices lies with both groups (MAPA, 2020a;

Higgins et al. 2016; Donaldson 2013; Gunn et al., 2008). The development and establishment of face-to-face meetings in a participatory manner that involves dairy farmers and veterinarians, both intra- and inter-group, would be beneficial to biosecurity improvement. Perceptions of the authorities by dairy farmers and veterinarians, as well as of the biosecurity measures that may pertain to those authorities, are findings that merit further attention and in-depth study to gain fuller insight into those perceptions and also into the authorities' predisposition towards those under its administration. This article therefore hopes to be a starting point in generating common parameters and unified efforts aimed at developing initiatives for the dairy sector.

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Declarations of interest

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Fig. 1.

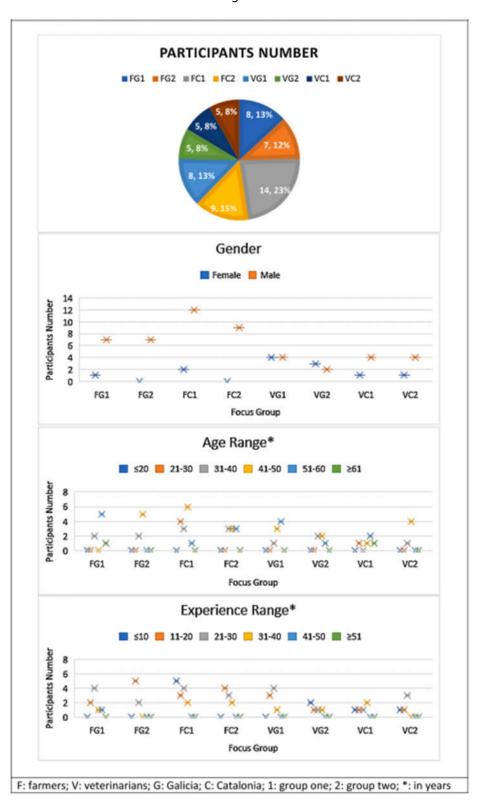


Table 1
Types of veterinarian that participated in the present study.*

| | VG1 | VG2 | VC1 | VC2 |
|-------------------|-----|-----|-----|-----|
| Clinical (PV) | 1 | 1 | 0 | 2 |
| Reproduction (PV) | 0 | 1 | 1 | 1 |
| Milk Quality (PV) | 3 | 1 | 1 | 0 |
| Nutrition (PV) | 1 | 0 | 0 | 0 |
| Consulting (PV) | 1 | 1 | 2 | 1 |
| AHV | 2 | 1 | 1 | 1 |
| Total | 8 | 5 | 5 | 5 |

AHV: animal health veterinarians; PV: private veterinarians.

V: veterinarians; G: Galicia; C: Catalonia; 1: group one; 2: group two.

Note: Technical areas are not exclusive. There may be veterinarians who have two or three technical areas at the same time. However, for the purposes of this study it was decided to choose the most representative technical area of each veterinarian.

^{*} Number of types of veterinarian.