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3 **Seasonal-and dose-dependent effects of recombinant**
4 **gonadotropins on sperm production and quality in the flatfish**
5 ***Solea senegalensis***

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33

34 **Abstract**

35

36 Consecutive treatments with recombinant follicle-stimulating and luteinizing hormones
37 (rFsh and rLh, respectively) stimulate spermatogenesis and potentiate sperm production in
38 pubescent specimens of the oligospermic Senegalese sole (*Solea senegalensis*). However,
39 sperm production in response to the hormones is highly variable, and the steroidogenic
40 potential of the testis may be diminished due to sustained hormone supply. Here, we
41 compared the effectiveness of low (9 µg/kg) and high (18 µg/kg) doses of rFsh and rLh to
42 improve sperm production in adult sole during late winter-early spring (onset of the natural
43 spawning period), and in autumn under a controlled temperature of 12°C (period of
44 testicular recrudescence). Treatment with rFsh over six weeks during spring, followed by a
45 single rLh injection, did not enhance sperm production, possibly because of an advanced
46 stage of sexual maturation of the males, as reflected by high Lh plasma levels (~17 ng/ml)
47 before rFsh treatment. In contrast, in autumn, when the Lh circulating levels were much
48 lower (~3 ng/ml), the low doses of rFsh and rLh generated a four-times increase in sperm
49 production, whereas the high doses of the hormones were ineffective. However, treatment
50 with rLh, regardless of the effect of rFsh, improved the motility of spermatozoa during both
51 spring and autumn. These data confirm that consecutive rFsh and rLh treatments increase
52 sperm production and quality in adult sole males, although they seem to be highly sensitive
53 to the rFsh dose. The efficiency of recombinant gonadotropins also appears to be season-
54 dependent despite the asynchronous nature of the sole testis.

55

56 1. Introduction

57
58 In temperate teleosts, the reproductive period is seasonal and therefore testicular
59 development, which occurs in a cystic and synchronous manner, is highly dependent on
60 environmental conditions such as temperature and photoperiod (Migaud et al., 2010; Schulz
61 et al., 2010). In seasonal breeders, spermatogonial proliferation and meiosis initiation
62 (spermatogenesis) is activated during the reproductive season, and resulting haploid
63 spermatids embedded in the Sertoli cells transform into fully differentiated spermatozoa
64 (spermiogenesis), which are subsequently released into the lumen of the testicular lobules
65 and further transported to the spermatic ducts during the process of spermiation (Schulz et
66 al., 2010; Schulz and Chauvigné, 2018). As in other vertebrates, the processes of
67 spermatogenesis and spermiogenesis in teleosts are believed to be tightly regulated by the
68 pituitary gonadotropins, follicle-stimulating (Fsh) and luteinizing (Lh) hormones, through
69 activation of the Fsh receptor (Fshr) in Sertoli cells and Lh/choriogonadotropin receptor
70 (Lhcgr) in the steroidogenic Leydig cells, respectively (Levavi-Sivan et al., 2010; Schulz et
71 al., 2010). Thus, in this model it is established that Fsh promotes spermatogenesis by the
72 activation of growth factor release from Sertoli cells, whereas Lh regulates spermatozoa
73 maturation and spermiation through the activation of steroidogenesis in Leydig cells and
74 possibly of the Lhcgr expressed by haploid germ cells (Schulz et al., 2010; Chauvigné et
75 al., 2014b). Some unique features observed in teleosts are that while the Lhcgr is
76 specifically activated by its ligand, the Fshr may be promiscuous in some species, and that
77 Fsh can also exert steroidogenic actions through the activation of its cognate receptor in
78 Leydig cells (Schulz et al., 2010; Xie et al., 2017; Schulz and Chauvigné, 2018). However,
79 recent gene editing studies in the zebrafish (*Danio rerio*) suggest that Lh signaling and Fsh
80 signaling are redundant and either hormone alone can support spermatogenesis in this
81 species (Xie et al., 2017).

82 The use of gonadotropin-based hormone therapies is envisaged as the most potent
83 method to counteract reproductive dysfunctions of cultured male fish. Amongst the newest
84 biotechnological approaches to increase sperm production and quality is the use of specific
85 recombinant gonadotropin hormones (rFsh and rLh), produced in heterologous eukaryotic
86 systems such as the Chinese hamster ovary (CHO) cells in the form of a single-chain
87 (García-Campayo et al., 1997; Mazón et al., 2013, 2014; Yom-Din et al., 2016; Chauvigné
88 et al., 2017). Administration of these types of rFsh and rLh triggers testicular recrudescence
89 and promotes spermiation in juvenile European sea bass (*Dicentrarchus labrax*), which
90 show a seasonal and cyclic pattern of testicular activity (Mazón et al., 2013, 2014).
91 Injection of rFsh also enhances the androgen plasma concentration, and the testis volume
92 and sperm count in other seasonal breeders (Mylonas et al., 2017).

93 Some flatfish species of high commercial interest, such as the Senegalese sole (*Solea*
94 *senegalensis*), exhibit an asynchronous pattern of spermatogenesis, in which
95 spermiogenesis occurs within the lumen of the seminiferous lobules (i.e. a semicystic type
96 of spermatogenesis) (García-López et al., 2005). As a consequence, in this species
97 spermatogenesis and spermiation occur all year-round, although these processes are
98 enhanced during spring, coinciding with a peak in the plasma levels of Fsh, Lh and the
99 major androgen 11-ketotestosterone (11-KT), and the seasonal occurrence of female
100 ovulation (García-López et al., 2006a; 2006b, Cabrita et al., 2011; Chauvigné et al., 2015,
101 2016). The production of sperm in Senegalese sole is however very low (<130 μ l),
102 particularly in the first generation (F1) of cultured males, which complicates the

103 development of *in vitro* fertilization methods for selective breeding programmes at an
104 industrial level (Morais et al., 2014). Several attempts have been made to improve sperm
105 quality and quantity in sole by the administration of gonadotropin-releasing hormone
106 agonist (GnRHa) or human chorionic gonadotropin (hCG) using either injections or
107 implants (Agulleiro et al., 2006, 2007; Cabrita et al., 2011; Guzmán et al., 2011a), as well
108 as by dietary supplementation with fatty acids and vitamins (Beirão et al., 2015), but none
109 of these treatments have resulted in a significant increase in sperm volume, density or
110 motility.

111 In a recent study, we reported for the first time that consecutive treatments of sole F1
112 pubescent males with Senegalese sole specific rFsh and rLh, which are able to stimulate
113 testicular steroidogenesis and regulate genes involved in spermatogenesis both *in vitro* and
114 *in vivo* (Chauvigné et al., 2012, 2014a), can enhance spermatogenesis and increase sperm
115 production *in vivo* (Chauvigné et al., 2017). In this latter study, however, we found a high
116 variability in the production of sperm by the males in response to the hormones when
117 treatments were administered towards spring and during the spawning period. The
118 variability may have been caused by a decreased survival and steroidogenic potential of the
119 Leydig cells as a consequence of a weekly rFsh administration during 10 weeks (Chauvigné
120 et al., 2017). In the present work, we conducted new experiments to identify the most
121 effective conditions for the induction of sperm production and quality in Senegalese sole
122 adult F1 males by evaluating the effectiveness of different doses of rFsh and rLh
123 administered for shorter times on the same fish under different conditions of temperature
124 and photoperiod.

125

126 **2. Materials and methods**

127

128 *2.1. Animals*

129 Approximately three-year old adult Senegalese sole F1 males were obtained from the
130 commercial company Stolt Sea Farm S.A. (Spain), and the Andalusian Institute of
131 Agricultural and Fisheries Research and Training (IFAPA), Centro El Toruño. Fish were
132 transported to the IRTA fish research facilities at Sant Carles de la Ràpita (Spain), and held
133 in fiber glass tanks of 10 m³ connected to a recirculation system (IRTAMar®). Fish were
134 fed five days a week with 0.75% of wet feed (mussels and polychaetes) and 0.55% of dry
135 feed (balance diet) of the total biomass. The procedures relating to the care and use of
136 animals and sample collection were conducted in accordance with the protocols approved
137 by the Ethics Committee (EC) of the Institut de Recerca i Tecnologia Agroalimentàries
138 (IRTA) following the European Union Council Guidelines (86/609/EU).

139

140 *2.2. Experimental design and sample collection*

141 The experiments carried out in this study were designed to investigate the effect of
142 consecutive treatments with different doses of rFsh and rLh on sperm production and
143 quality by adult Senegalese sole F1 males (Fig. 1). The homologous single-chain
144 Senegalese sole rFsh and rLh were produced in CHO cells by Rara Avis Biotec (Valencia,
145 Spain) as previously described (Chauvigné et al., 2017). The trials were carried out on the
146 same groups of males (886 ± 25 g; mean ± SEM) during two periods of the reproductive
147 cycle under natural photoperiod. The first trial was conducted slightly preceding the major

148 natural spawning period of sole, from late winter to early spring (from mid February to
149 early April), when temperature naturally increased from ~13°C to ~17°C and photoperiod
150 ranged from 10.5 h light (L):13.5 h dark (D) to 12 h L:12 h D. Three groups of males ($n =$
151 9-12) were weekly injected intramuscularly with CHO cell culture medium (control group)
152 or 9 or 18 $\mu\text{g}/\text{kg}$ rFsh during 6 successive weeks, followed by a single injection of medium
153 or rLh at the same doses (9 or 18 $\mu\text{g}/\text{kg}$) on the sixth week (Fig. 1). Plasma samples were
154 collected before the first rFsh injection (time zero), and 24 h after rLh injection on the sixth
155 week, when semen quantity and quality were also evaluated. After this trial, fish were
156 rested under a controlled temperature of ~19°C throughout the summer until early autumn
157 (mid October), when temperature in the holding tanks was decreased and maintained at
158 $12.2 \pm 0.03^\circ\text{C}$ for two weeks while maintaining a natural photoperiod ranging from 10 h
159 L:14 h D to 9 h L:15 h D. Similar low temperatures have been suggested to enhance
160 spermatogenesis and the reproductive performance of F1 Senegalese sole (Anguis and
161 Cañavate, 2005; Agulleiro et al., 2007; Martin et al., 2014), and potentiate the effect of rFsh
162 on germ cell development in pubescent sole (Chauvigné et al., 2017). After low
163 temperature acclimation, fish were treated during autumn (from early November until mid
164 December) with the same rFsh and rLh doses and time lengths as in the late winter-spring
165 experiment. Collection of plasma and semen samples was carried out in the same manner as
166 in spring.

167 For the samplings, fish were sedated with 60 mg/l tricaine methanesulfonate (MS-
168 222; Sigma-Aldrich) and weighed. Then, a sample of 0.8 ml of blood was collected from
169 the caudal vein using a syringe previously coated with 0.5 M EDTA pH 8. The blood was
170 mixed with 5 μl 0.5 M EDTA into a tube and kept on ice until centrifugation (3000 x g for
171 15 min at 4 °C). The plasma was aliquoted and stored at -80 °C. The sperm was collected
172 by applying soft pressure massage to the abdomen from the testes along the sperm ducts
173 until the cloaca. The sperm was collected with a micro hematocrit 75 x 1.15 mm capillary
174 (Brand GMBH) that allowed an accurate estimation of the volume of the ejaculate. The
175 sperm was immediately transferred into a 1.5-ml tube at room temperature (~15-18°C) and
176 the motility of spermatozoa evaluated within 30 min.

177

178 2.3. Gonadotropin and steroid determination

179 Plasma levels of endogenous and recombinant gonadotropins were determined by
180 enzyme-linked immunosorbent assays (ELISAs) as previously described (Chauvigné et al.,
181 2015, 2016, 2017), using specific antibodies against Senegalese sole Fsh and Lh β subunits.
182 The levels of 11-KT in plasma were determined by commercial ELISA (Cayman Chemical
183 Company) as described previously (Chauvigné et al., 2012, 2017). Steroids were extracted
184 from plasma (5 μl) in methanol and the resulting pellet was diluted 1:50 in ELISA buffer
185 (0.1 M $\text{K}_2\text{HPO}_4/\text{KH}_2\text{PO}_4$, 1.54 mM sodium azide, 0.4 M NaCl, 1 mM EDTA, and 0.1%
186 BSA, pH 7.4). A standard curve was run for each ELISA plate and samples were analyzed
187 in duplicate.

188

189 2.4. Computer-assisted sperm analysis (CASA)

190 An aliquot of freshly collected sperm was diluted 1:10 with non-activating medium
191 (NAM; in mM: 59.89 NaCl, 1.48 KCl, 12.92 MgCl_2 , 3.51 CaCl_2 , 20 NaHCO_3 and 10
192 mg/ml BSA, pH 7.7; 300 mOsm) (Fauvel et al., 1999). The spermatozoa concentration was

193 evaluated in three different regions of the sperm counting chamber with a CASA system
194 (ISASv1 software, Proiser, Spain) coupled to a phase contrast microscope (Nikon Eclipse
195 50i, Nikon) equipped with a x20 negative phase contrast objective. The total number of
196 spermatozoa per ejaculate was normalized by the weight of the fish. Sperm samples were
197 subsequently diluted in NAM to 10^9 cells/ml, which for samples with low sperm
198 concentration was unnecessary. Motility was recorded immediately (5 s) after dilution (1:6)
199 in artificial seawater (ASW; in mM: 420.9 NaCl, 9 KCl, 22.9 MgCl₂, 25.5 MgSO₄, 9.25
200 CaCl₂, 2.1 NaHCO₃, pH 8.0; 1100 mOsm), and every minute until motility completely
201 stopped (Chauvigné et al., 2017). The sperm kinetics parameters evaluated were the
202 percentage of total motile and progressive spermatozoa, as well as the curvilinear velocity
203 (VCL, in $\mu\text{m/s}$). Each ejaculate was assessed in triplicate.

204

205 2.5. Statistics

206 Data are the mean \pm SEM. and were statistically analyzed by two-way ANOVA, after
207 log or arcsine transformation of the data when needed, followed by the Duncan's multiple
208 range test, using the Statgraphics Plus 4.1 software (Statistical Graphics Corp., USA). A *P*
209 value < 0.05 was considered statistically significant.

210

211 3. Results and discussion

212

213 The aim of the present study was to compare the effectiveness of recombinant
214 gonadotropin-based therapies on sperm production and quality in adult Senegalese sole F1
215 males at two different times of the year, when temperature increases towards spring, which
216 corresponds to the onset of the natural spawning period, and in autumn under a controlled
217 stable temperature of 12°C, which mimics the time when plasma androgens start to increase
218 and testicular recrudescence takes place (García-López et al., 2006b; Chauvigné et al.,
219 2016). In both trials, treatments with low (9 $\mu\text{g/kg}$) and high (18 $\mu\text{g/kg}$) doses of rFsh
220 during 6 weeks, followed by a single injection with equal doses of rLh, were selected based
221 on our previous study (Chauvigné et al., 2017), which we estimated could prevent potential
222 toxic effects of the hormones while still being effective at stimulating spermatogenesis and
223 spermiation.

224

225 3.1. Gonadotropin-induced androgen release is season-independent

226 To evaluate the endocrine state of the fish before the start of the experiments in spring
227 and autumn, as well as the steroidogenic response of the testis to the recombinant
228 gonadotropins, we first determined the circulating levels of Fsh, Lh and 11-KT (Fig. 2).
229 The basal plasma levels of endogenous Fsh before the start of the experiments in spring and
230 autumn (mid February and early November, respectively) were relatively low in the three
231 groups (2.6 ± 1.1 , 2.7 ± 0.9 and 2.7 ± 1.1 ng/ml, and 2.6 ± 0.3 , 2.4 ± 0.3 and 1.6 ± 0.3
232 ng/ml, for the control, 9 $\mu\text{g/kg}$ rFsh and 18 $\mu\text{g/kg}$ rFsh groups, respectively), and it did not
233 significantly change in the non-treated males at the end of the experiments (2.8 ± 0.5 and
234 2.6 ± 0.6 ng/ml in spring and autumn, respectively) (Fig. 2A). The low Fsh values recorded
235 in autumn are in general in accordance with previous results on adult sole males under the
236 natural temperature conditions of this time of the year when Fsh is generally $< 10\text{ng/ml}$
237 (Chauvigné et al., 2016, 2017). However, the low Fsh plasma levels found in spring

238 contrast with the variations that have been previously described during the same period
239 (from ~15 to ~20 ng/ml) (Chauvigné et al., 2016, 2017). Nevertheless, in both experiments
240 higher plasma levels of Fsh than in the controls could still be detected in the groups treated
241 with rFsh one week after injection at the end of the trials, which confirmed that rFsh is
242 highly stable in Senegalese sole plasma (Chauvigné et al., 2017). However, although the
243 plasma levels of total Fsh remained the highest in the males treated with 18 µg/kg rFsh
244 (21.6 ± 2.6 ng/ml) at the end of the experiment in autumn, during spring the same group did
245 not show higher Fsh concentrations than the group treated with 9 µg/kg rFsh after six
246 weeks (10.2 ± 1.7 and 12.6 ± 3.4 ng/ml, respectively) (Fig. 2A), suggesting that the half-life
247 of the rFsh is lower at high temperatures.

248 In contrast to the levels of Fsh, the basal plasma levels of total Lh in the three
249 experimental groups before the start of the experiment in spring were about 6-times higher
250 (18.9 ± 4.2 , 15.1 ± 2.1 , and 17.1 ± 3.5 ng/ml, for the control, 9 µg/kg rFsh and 18 µg/kg
251 rFsh groups, respectively) than those in autumn (3.1 ± 0.4 , 3.1 ± 0.9 , and 3.2 ± 0.4 ng/ml,
252 for the control, 9 µg/kg rFsh and 18 µg/kg rFsh groups, respectively) (Fig. 2B), suggesting
253 a slight seasonal advancement of Lh secretion in these males with respect to previous
254 reports (Chauvigné et al., 2016, 2017). Accordingly, the Lh plasma levels in control males
255 significantly increased towards the end of the experiment (5.2 ± 0.6 ng/ml) in autumn, but
256 not in spring, during which the levels remained unchanged (17.9 ± 4.7 ng/ml) (Fig. 2B).
257 The groups injected with rLh showed a dose dependent increase in plasma Lh, both in
258 spring and autumn (Fig. 2B), which could be a result of the determination of the hormone
259 levels only 24 h after rLh injection, despite the fact that this recombinant gonadotropin
260 shows a slightly lower half-life than that of rFsh (Chauvigné et al., 2017).

261 In both the spring and autumn trials, the plasma levels of 11-KT were relatively low
262 in all groups before the start of the experiments (5.3 ± 1.5 , 6.1 ± 1.0 and 6.7 ± 1.1 ng/ml,
263 and 4.0 ± 0.8 , 5.1 ± 1.3 and 3.4 ± 0.3 ng/ml, for the control, 9 µg/kg rFsh and 18 µg/kg rFsh
264 groups, respectively) (Fig. 2C), which was expected based on early reports which show a
265 clear peak of plasma 11-KT during winter (García-López et al., 2006ab; Chauvigné et al.,
266 2016). The levels of 11-KT in control males slightly but significantly increased towards the
267 end of the experiment in spring (10.4 ± 1.7 ng/ml), possibly as a consequence of the high
268 plasma levels of Lh during this period, whereas at the end of the autumn experiment the
269 androgen levels were unchanged (4.8 ± 1.1 ng/ml) (Fig. 2C). Following rLh injection,
270 plasma 11-KT concentrations increased in a Lh dose-dependent manner with respect to
271 those in the control fish, reaching levels up to 82.7 ± 12.0 and 70.0 ± 9.8 ng/ml during
272 spring and autumn, respectively (Fig. 2C), which are in the same order of magnitude to
273 those observed in previous experiments after rFsh or rLh injection (Chauvigné et al., 2017).
274 Such active androgen synthesis was previously found to stimulate Leydig cell and germ cell
275 proliferation and entry into meiosis of pubescent F1 sole males, although sustained
276 accumulation of high 11-KT plasma levels as a result of repeated rFsh and rLh injections
277 for 10 weeks in spring was found to induce apoptosis in Leydig cells and reduce their
278 steroidogenic function (Chauvigné et al., 2017). Our data, however, revealed a good
279 steroidogenic response to rLh, in terms of androgen release, after a 6-week treatment with
280 rFsh both in spring and autumn, suggesting that the consecutive rFsh and rLh treatments
281 employed in this study did not compromise the function of the testis.

282
283

3.2. Seasonal-dependent effects of rFsh and rLh on sperm production

284 At the end of the rFsh treatments during spring and autumn, the effect of a single
285 injection of rLh on sperm production 24 h after the hormone treatment was assessed (Fig.
286 3). In both trials, all males from the three experimental groups were spermiating, and
287 control males showed a higher production of sperm in terms of number of spermatozoa
288 (spz) per ejaculate (877 ± 345 and $659 \pm 204 \times 10^6$ spz, in spring and autumn, respectively)
289 (Fig. 3A), o per kg of fish (1096 ± 424 and $802 \pm 269 \times 10^6$ spz, in spring and autumn,
290 respectively) (Fig. 3B), with respect to that observed in pubescent sole males at
291 approximately the same time of the year ($100\text{-}300 \times 10^6$ spz/kg; Chauvigné et al., 2017), or
292 in wild and F1 adult males of similar size ($10\text{-}300 \times 10^6$ spz/kg; Cabrita et al., 2006;
293 Agulleiro et al., 2006, 2007; Beirao et al., 2011). The variability in sperm production
294 between control males was rather high, ranging from 98 to 2800×10^6 spz/kg, and 80 to
295 1800×10^6 spz/kg, in spring and autumn, respectively, similarly to that we have previously
296 observed in pubescent male sole (Chauvigné et al., 2017). The unexpected higher sperm
297 counts in control fish with respect to other studies in adult sole may result from differences
298 in the procedures employed for sperm extraction and cell density calculation, or be the
299 consequence that in our study non-treated males were in contact in the same tanks to males
300 injected with rFsh and rLh, which could have released androgens into the water thus
301 potentiating the spermatogenesis of neighbour fish (Huertas et al., 2006; Sebire et al.,
302 2007).

303 Interestingly, different results were obtained between spring and autumn in the
304 response to the recombinant treatments. In the spring, although the consecutive treatments
305 with rFsh and rLh were able to promote the 11-KT plasma levels above the controls, the
306 hormones did not enhance sperm production with respect to the control males (Fig. 3A and
307 3B), suggesting that the treatment with rFsh was not effective at stimulating
308 spermatogenesis during this time of the year. Similar results have been obtained in previous
309 studies using GnRH α implants on adult F1 sole in spring, which despite being able to
310 enhance testosterone and 11-KT secretion, did not increase the gonadosomatic index or the
311 production of sperm (Agulleiro et al., 2006; Cabrita et al., 2011). The lack of response of
312 sole males to hormone treatments during spring is likely related to an advanced stage of
313 sexual maturation, as reflected in this study by the relatively high basal levels of circulating
314 Lh in the males from the three groups at the beginning of the experiment. These
315 observations thus suggest that although the Senegalese sole has an asynchronous type of
316 spermatogenesis all year-round, when the natural spawning season approaches in spring,
317 and the Lh plasma levels start to increase, endocrine and physiological changes occur in the
318 testis making it refractory to Fsh stimulation. The translational and posttranslational
319 downregulation of the Fshr in the Sertoli cells from the cortical testis at this time
320 (Chauvigné et al., 2014a) may be an underlying mechanism, but further research is
321 necessary to clarify the causes of the poor response to Fsh of sole males during the
322 spawning season.

323 Under a constant low temperature of 12°C in autumn, when the basal circulating
324 levels of Lh were low, the consecutive treatment with rFsh and rLh was very effective at
325 potentiating sperm production (Fig. 3A and 3B). Thus, males treated with $9 \mu\text{g}/\text{kg}$ of rFsh
326 and rLh showed four-times higher sperm counts than control males, both when calculated
327 as spz per ejaculate (2882 ± 601 and $659 \pm 204 \times 10^6$ spz/ejaculate) or per kg of fish (3140
328 ± 633 and $802 \pm 269 \times 10^6$ spz/kg, respectively). However, in the group treated with 18
329 $\mu\text{g}/\text{kg}$ of rFsh and rLh, a strong variability in sperm production was observed, with fish
330 producing from 190 to 5800×10^6 spz/kg, and consequently the mean was not significantly

331 different from the control group (Fig. 3A and 3B). The induction of sperm production in
332 adult F1 sole males using low doses of rFsh and rLh in this study was similar to the
333 increment of the spz number in the sperm duct in pubescent sole males treated with 6-15
334 $\mu\text{g}/\text{kg}$ of rFsh during 10 weeks in autumn (Chauvigné et al., 2017), and it was higher than
335 that reported in previous studies employing treatments based on GnRHa plus dopaminergic
336 inhibitors (Guzmán et al., 2011b). However, extended treatments of pubescent F1 sole with
337 higher doses of rFsh (12-24 $\mu\text{g}/\text{kg}$ of rFsh) for 10 weeks during autumn did not affect
338 spermatogenesis, but promoted a 6-times increase in the number of spz in the sperm duct
339 (Chauvigné et al., 2017), unlike in adult fish, where we found that high rFsh doses impaired
340 sperm production. It thus seems that adult sole males might be more sensitive than
341 juveniles to the dose of rFsh.

342

343 3.3. Recombinant gonadotropins improve sperm quality

344 Evaluation of the sperm kinetics by CASA revealed that the motility, progressivity
345 and velocity of spermatozoa were enhanced after gonadotropin injection both during spring
346 and autumn (Fig. 4). In the two trials, the percentage of motile sperm in the control groups
347 was of $24.6 \pm 6.2\%$ and $22.1 \pm 9.1\%$ in spring and autumn, respectively, at the time of
348 activation, which is consistent with previous observations (Martinez-Pastor et al., 2008;
349 Beirao et al., 2011; Cabrita et al., 2011), with the spermatozoa being motile for up to 3 min
350 (Fig. 4A). In contrast, sperm motility was approximately doubled with 9 and 18 $\mu\text{g}/\text{kg}$
351 rFsh/rLh with respect to that of the non-treated males ($54.9 \pm 4.4\%$ and $45.1 \pm 5.4\%$, and
352 $42.3 \pm 10.8\%$ and $45.7 \pm 7.0\%$, during spring and autumn, respectively); in spring the dose
353 of 9 $\mu\text{g}/\text{kg}$ rFsh/rLh being slightly more effective after 1 min of activation, whereas in
354 autumn both doses were equally efficient, although they elicited somewhat shorter times of
355 spermatozoa motility than in spring (Fig. 4A). Similarly, a strong increase in the percentage
356 of progressive spermatozoa was observed in spring after rLh injection regardless of the
357 dose applied ($5.8 \pm 1.8\%$, $15.4 \pm 1.7\%$ and $15.4 \pm 2.5\%$, for the control, 9 $\mu\text{g}/\text{kg}$ rFsh and
358 18 $\mu\text{g}/\text{kg}$ rFsh groups, respectively), which was maintained for 2 min (Fig. 4B), while in
359 autumn the percentage of progressivity of the sperm produced by the hormone treated
360 males was lower than in spring, and it was significantly higher than in the controls only at
361 the time of activation ($4.2 \pm 2.2\%$, $8.5 \pm 3.3\%$ and $10.8 \pm 2.8\%$ for the control, 9 $\mu\text{g}/\text{kg}$ rFsh
362 and 18 $\mu\text{g}/\text{kg}$ rFsh groups, respectively) (Fig. 4B). A remarkable increase of the sperm
363 VCL was also observed after rFsh and rLh treatments during both periods of the year,
364 although the velocity of spermatozoa appeared to be slower during autumn (Fig. 4C).

365 The data on sperm quality suggest that, in this study, the treatment with recombinant
366 gonadotropins enhanced spermatozoa motility regardless of the time of the year, despite
367 observations that in spring repeated rFsh injections were apparently unable to stimulate
368 spermatogenesis. Such an improvement of sperm motility, progressivity and velocity has
369 not previously been observed after GnRHa administration in sole F1 males, which could
370 only increase the time of spermatozoa motility when supplied in combination with the 11-
371 KT precursor 11-ketoandrostenedione (Aguilleiro et al., 2007). Our observations therefore
372 suggest that the beneficial effects of recombinant gonadotropins on sperm quality were
373 possibly mediated by rLh rather than by rFsh, which is consistent with the major role of this
374 gonadotropin during sperm hydration and spermiation in teleosts (Schulz et al., 2010), and
375 with its function of regulating spermiogenesis-related genes in the Senegalese sole testis *in*
376 *vitro* (Chauvigné et al., 2014ab). The motility parameters during autumn were however

377 lower than in spring, which could be related to the low temperature at the time of
378 spermiation, which could also be the case in our previous experiment on pubescent males
379 where rLh treatments did not conclusively improve sperm quality (Chauvigné et al., 2017).
380 However, in the present and previous study, sperm was collected 24 h after rLh injection,
381 which considering that rLh-induced differentiation of spermatids to spermatozoa *in vitro* at
382 18°C takes at least 20 h (Chauvigné et al., 2014b), raises the possibility that yet immature
383 sperm stored in the sperm duct was collected. It is clear therefore that further studies are
384 necessary to establish in Senegalese sole the best timing for sperm collection after rLh
385 treatment.

386 387 *3.4. Conclusions*

388 The results of the present study show that consecutive treatments with rFsh and rLh
389 can promote the steroidogenic potential of the testis of Senegalese sole F1 adult males and
390 increase sperm production and quality. However, the effectiveness of these hormonal
391 therapies to enhance spermatogenesis, spermatozoa differentiation, and sperm motility in
392 adult fish appears to be highly dependent on the reproductive stage of the males, which is
393 likely determined by the conditions of temperature and photoperiod (Morais et al., 2016),
394 the doses of rFsh and rLh applied, and possibly by the temperature during which rLh-
395 induced spermiogenesis and spermiation takes place. The finding that rFsh was not
396 effective at higher temperatures may agree with the observation that warm winter
397 temperatures may effect sperm production in Senegalese sole (Agulleiro et al., 2007), and
398 spawning in common sole (*Solea solea*) (Devauchelle et al., 1987). Therefore, despite the
399 fact that in the Senegalese sole spermatogenesis is asynchronous and sperm is produced all
400 year-round, the response of the testis to recombinant gonadotropins can still change
401 drastically depending on the environmental parameters, which probably modulate the
402 endocrine status of the hypothalamic-pituitary-gonadal axis. The biological mechanisms
403 underlying the poor response to Fsh of sole males during the spawning season, as well as
404 the higher Fsh sensitivity of the adult male testis with respect to that of juvenile fish, are
405 aspects that need to be investigated in the future in order to improve recombinant
406 gonadotropin-based fertilization protocols for cultured Senegalese sole.

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409
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Figures

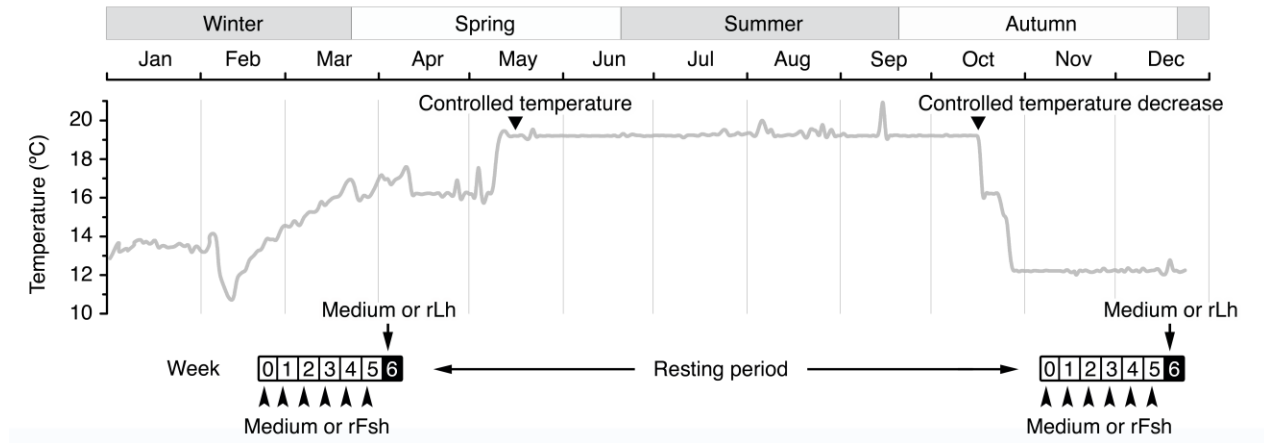


Fig. 1. Schematic representation of the experimental design. Three groups of adult Senegalese sole males ($n = 9-12$) were injected intramuscularly with rFsh (9 or 18 $\mu\text{g}/\text{kg}$) or CHO cell culture medium (control) during five consecutive weeks, followed by a single injection with rLh (9 or 18 $\mu\text{g}/\text{kg}$) or medium, under natural conditions of photoperiod and temperature during late winter-early spring. Plasma samples were collected before the first rFsh injection (time zero), and 24 h after rLh injection on the sixth week. The same groups of fish were rested during summer under a controlled temperature of $\sim 19^\circ\text{C}$ throughout the summer until early autumn, when temperature in the holding tanks was manually decreased and maintained at 12°C . After low temperature acclimation, fish were treated during autumn with the same rFsh and rLh doses and time lengths than in the late winter-spring experiment and sampled accordingly. In both cases, 24 h after rLh injection, semen quantity and quality were evaluated by CASA. The week of rFsh and rLh injection (black arrowheads and arrows, respectively) and the temperature of the holding tanks during each trial are indicated.

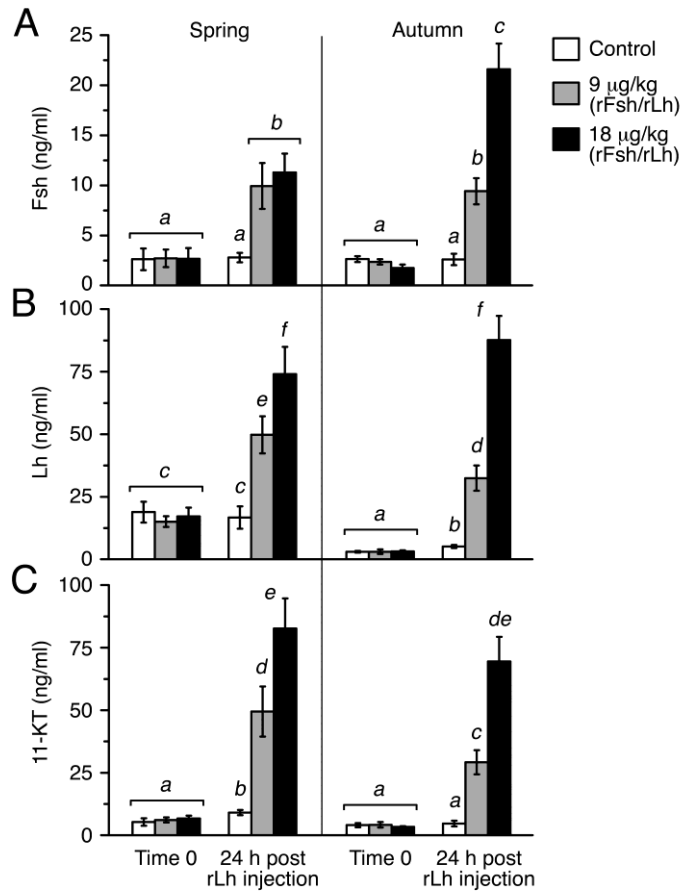


Fig. 2. Gonadotropin and androgen circulating levels in males treated with rFsh and rLh in spring and autumn. Plasma levels (mean \pm SEM; $n = 9-12$ fish) of Fsh (A), Lh (B) and 11-KT (C) in each group before rFsh treatment (time 0) and after 24 h of rLh injection following the 5-weeks of rFsh treatment. In each panel, bars with different superscript are significantly different ($P < 0.05$).

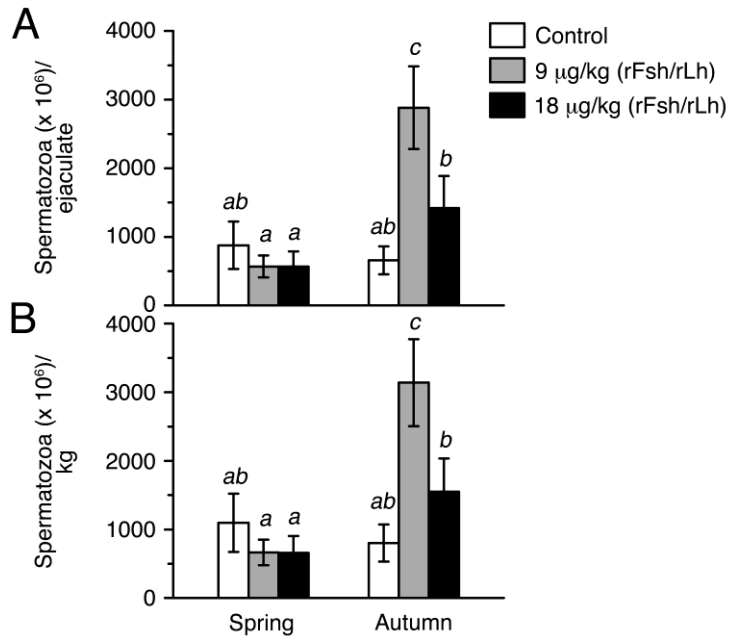


Fig. 3. Sperm production of males treated with rFsh and rLh in spring and autumn. Mean \pm SEM ($n = 9-12$ fish) amount of sperm per ejaculate (A) or kg of fish (B) produced by each group 24 h after medium or rLh injection following the 5-weeks rFsh treatment. In both panels, bars with different superscript are significantly different ($P < 0.05$).

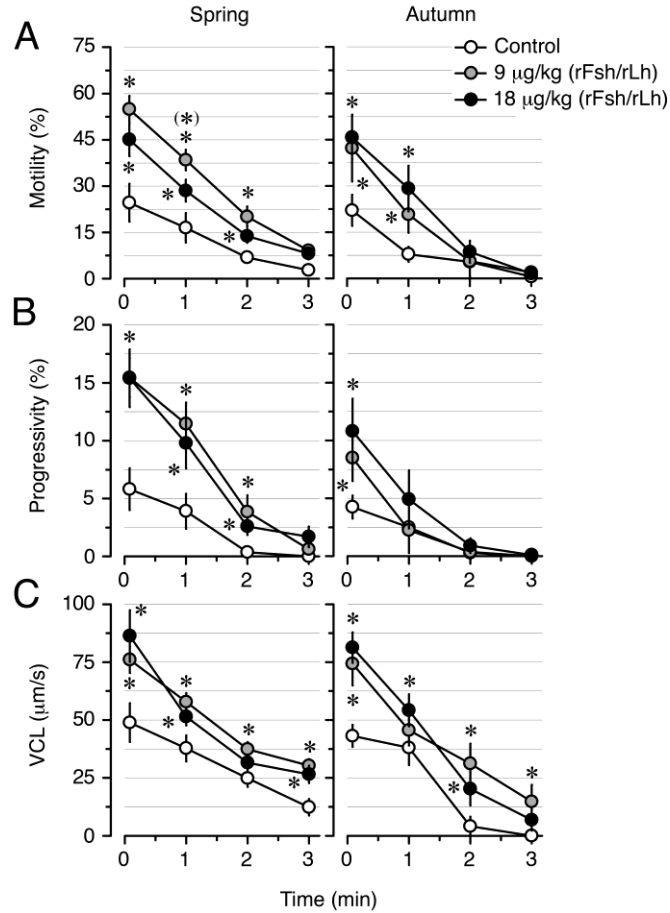


Fig. 4. Kinetic parameters of the sperm produced by males treated with rFsh and rLh in spring and autumn. Time-course of the percentage of motile (A) and progressive (B), and curvilinear velocity (VCL), of spermatozoa after activation in seawater. In all panels, the data are the mean \pm SEM ($n = 9-12$ fish), and the asterisks denote significant differences ($P < 0.05$) with respect to the control group.