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1 **Efficacy of chlorine, peroxyacetic acid and mild-heat treatment on the reduction of natural**
2 **microflora and maintenance of quality of fresh-cut *calçots* (*Allium cepa* L.)**

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16 **Highlights:**

- 17 • Minimally processing reduced microbial population of *calçots*
- 18 • Mild-heated *calçots* presented the highest microbiological counts after 15 d
- 19 • Similar microbiological quality in *calçots* treated with PAA or NaOCl
- 20 • High visual quality scores

21

22 **Abstract**

23 *Calçots* are the immature floral stems of the second-year onion (*Allium cepa* L.) resprouts with
24 economic importance in Spain. The effect of sodium hypochlorite, peroxyacetic acid and mild
25 heat treatment on the microbiological, physicochemical and visual quality of *calçots* after
26 disinfection and for 15-day storage period at 4 °C was studied. Previous minimal processing
27 operations for the disinfection helped to reduce the population of aerobic mesophilic bacteria and
28 yeast and moulds compared to the harvest product. *Calçots* subjected to a mild-heat treatment (55
29 °C for 60 s) presented the highest reduction of aerobic mesophilic bacteria. Despite being mildly
30 thermally-treated they showed higher fresh weight loss (around 3 %) than the rest of the
31 disinfected *calçots* during storage and they obtained the highest quality visual scores after 15 days
32 of storage with a good acceptance of the product. Microbial reductions obtained after peroxyacetic
33 acid treatment were in the same range as those obtained after the sodium hypochlorite treatment.
34 In addition, the quality of both treated samples was maintained with no differences during
35 refrigerated storage. The results indicate that mild-heat or peroxyacetic acid decontamination
36 treatments resulted in a good strategy for obtaining a clean and high quality fresh-cut *calçot*
37 product.

38 **Keywords:** minimally processed; disinfection; thermal; peroxyacetic acid; *Allium*

39 **Abbreviations**

40 PAA: peroxyacetic acid BI: browning index
41 MHT: mild-heat treatment TCD: Total Colour Difference
42 SSC: soluble solids content TAPC: Total aerobic plate count
43 TA. Titratable acidity
44 FWL: fresh weight loss

45

46 **1. Introduction**

47 *Calçots* (*Allium cepa* L.) are the immature floral stems of second-year onion resprouts of the
48 ‘Ceba Blanca Tardana de Lleida’ (BTL) onion landrace with an economic importance in Catalonia
49 (northeast Spain). They usually consumed as grilled or roasted. The singularity of the production
50 of this product has helped confer protected status from the European Union and ‘Calçot de Valls’
51 has been awarded Protected Geographical Indication (PGI) (EC No 905/2002) (Simó, Valero,
52 Plans, Romero del Castillo, & Casañas, 2013). The demand and interest in *calçots* worldwide has
53 motivated the food industry to explore postharvest techniques such as minimal processing, thus
54 maintaining their nutritional and organoleptic characteristics and extending shelf-life.

55 Minimal processing is a critical step where the contamination probability and subsequent survival
56 of microorganisms is very high (Vandekinderen, Van Camp, et al., 2009). Decontamination
57 agents such as sodium hypochlorite and peroxyacetic acid could be added to the wash water to
58 reduce the microbial load of fresh-cut *calçot* without affecting sensorial and nutritional quality.
59 However, the minimally processed vegetables of *Allium* genus have an additional problem called
60 ‘telescoping’ which is an extension growth of the white inner leaf bases and it can be avoided by
61 the heat treatment, for example, in green onions (Cantwell, Hong, & Suslow, 2001; Hong, Peiser,
62 & Cantwell, 2000) or leek (Tsouvaltzis, Siomos, & Gerasopoulos, 2013). In addition, it is
63 generally accepted that an ideal sanitizing agent should have two important properties: a sufficient
64 level of antimicrobial activity and a negligible effect on the sensory quality of the product
65 (Allende, Selma, López-Gálvez, Villaescusa, & Gil, 2008).

66 Chlorine (Cl_2), or hypochlorite (OCl^-) in solution, are the most commonly employed aqueous
67 sanitizers in the food industry and for drinking water disinfection due to their efficacy against
68 pathogens. For commercial disinfection purposes, chlorine gas, sodium hypochlorite (NaOCl)
69 solutions, or calcium hypochlorite ($\text{Ca}(\text{ClO})_2$) are used to make aqueous hypochlorite solutions
70 (Feliziani, Lichter, Smilanick, & Ippolito, 2016). However, the increasing public health concerns
71 about the possible formation of chlorinated organic compounds and the emergence of new and

72 more tolerant pathogens, have raised doubts in relation to the use of chlorine by the fresh-cut
73 industry (Allende et al., 2008). Chlorate is formed as a by-product when using chlorine, chlorine
74 dioxide or hypochlorite for disinfection purposes in food production. In the European Union, the
75 washing of plant-derived food with chlorine disinfected water can be permitted under national
76 regulations (EFSA, 2015). Taking into account these concerns, new chemical-based and physical-
77 based disinfection methods are being investigated with the objective of ensuring the production
78 of safe products.

79 Among commercial alternatives to chlorine, peroxyacetic or peracetic acid (PAA) is effective in
80 killing pathogenic microorganisms in suspension at lower concentrations than would be required
81 with chlorine (Ölmez & Kretzschmar, 2009). PAA is gaining an increase in interest with the claim
82 that only harmless disinfection by-products have been identified thus far, such as acetic acid,
83 water and oxygen that are formed from its spontaneous decomposition (Ölmez & Kretzschmar,
84 2009). However, PAA is a strong oxidant which could oxidized/affected the phytochemicals,
85 nutritional compounds, as well as quality parameters of fruit and vegetables (Van de Velde, Grace,
86 Pirovani, & Lila, 2016). For example, Van de Velde, Piagentini, Güemes, & Pirovani (2013)
87 reported that disinfection with PAA at 80 mg L⁻¹ for 120 s produced a reduction of approximately
88 30 % on the total content of anthocyanins, ascorbic acid and vitamin C of fresh-cut strawberries.
89 Moreover, PAA could be able to interfere with activity of enzymes related to the colour changes,
90 such as polyphenol oxidase (Silveira, Conesa, Aguayo, & Artes, 2008). However, in a study
91 carried out with fresh-cut melon the disinfection with PAA had no effect on the physicochemical
92 and sensorial quality (Botondi, Moscetti, & Massantini, 2016). On the other hand, mild heat
93 treatment (MHT) is a thermal process that might reduce microbial load based on the use of water
94 at temperatures between 45 and 60 °C, for durations ranging from a few seconds to 20 min. This
95 technique is completely safe for humans and the environment (being residue-free and
96 environmentally friendly) and of feasible use without registration rules. Hot water immersion
97 treatment (HWT) is usually applied by a complete submersion or in the form of hot water rinsing
98 and brushing (HWRB) in decay control (Usall, Ippolito, Sisquella, & Neri, 2016).

99 In this study, the effect of conventional and alternative decontamination techniques on the native
100 microbial load of fresh-cut *calçot* were studied. In order to estimate the effect of decontamination
101 on the quality of *calçots*, visual quality, weight loss, colour, firmness, pH, soluble solids and
102 acidity were also studied.

103 2. Material and methods

104 2.1 Plant material

105 *Calçots* (*Allium cepa* L.) were provided by the ‘Cooperativa Agrícola Valls’ (Tarragona, Spain)
106 at commercial size. The *calçots* had the European quality label PGI ‘Calçot de Valls’ establishing
107 that their diameter must be between 1.7 and 2.5 cm and the white shaft between 15-25 cm
108 (D.A.R.P., 2009). They were cultivated in northeast Spain (41°13’47’’N, 01°13’12’’E), during
109 the crop growing season of 2014 and 2015. In August 2014, the bulbs of ‘Blanca Tardana de
110 Lleida’ onion were transplanted at a density of 8,000 plants per ha. The resprouts arising in the
111 autumn were covered with soil three times to increase the length of the edible white part. The
112 plants were manually harvested in February.

113 The minimal processing was carried out by a first manual step, including the cut of 4 cm over the
114 last ligula of the *calçot* (white leaf which covered green leaves), the elimination of the first layer
115 of sheath which contained the greatest amount of soil and the cut of the roots.

116 2.2 Decontamination: equipment, experimental set-up and procedures

117 The batch of 365 units of minimally processed *calçots* were divided into 4 batches for 4 different
118 disinfection treatments: (1) control (no disinfection), (2) 100 mg L⁻¹ sodium hypochlorite (10 %
119 [w/v], Panreac, Barcelona, Spain), (3) 80 mg L⁻¹ peroxyacetic acid (39 %, Sigma-Aldrich,
120 Steinheim, Germany) and (4) mild heat treatment (MHT) at 55 °C. At each disinfection treatment,
121 minimally processed *calçots* were immersed in 10 L disinfectant solution at room temperature
122 under continuous agitation for 60 s. For all washing solutions, pH and oxidation reduction
123 potential (ORP) or REDOX were determined before and after the *calçot* treatment (Table 1). Free
124 chlorine was determined using a free and total chlorine photometer (HI 93734, Hanna
125 Instruments, Eibar, Spain). ORP and pH were determined using a pH/ion/conductivity meter
126 (Model GLP-22, Crison), with a pH electrode (Crison, 52-01) or an ORP electrode (Crison,
127 platinum Ag/AgCl electrode 52-61), respectively. In addition, the microbial load of each washing
128 solution after treatment was evaluated. To carry out such determinations, 1 mL of each washing

129 solution was added to 9 mL of Dey-Engley neutralizing broth (Fluka, Sigma-Aldrich, St. Louis,
130 US) and plated as described below. Afterwards, only samples treated with sodium hypochlorite
131 were rinsed with water for 1 min. All samples were centrifuged at 210 rpm in centrifuge
132 (Marrodán, Navarra, Spain) for 95 s, packaged in polystyrene trays with retractable film and
133 stored at 4 °C for 15 d. The microbiological and quality determinations were carried out at the
134 beginning of the experiment, after the treatments and after 3, 6, 9 and 15 d of shelf-life at 4 °C.

135 2.3 Enumeration of bacterial concentration on *calçots*

136 The enumeration of mesophilic microorganisms and yeast and moulds was performed in
137 the manner described by Alegre, Viñas, Usall, Anguera, & Abadias (2011). Briefly, 10 g of the
138 edible part of *calçots* were diluted in 90 g of buffered peptone water (BPW, Oxoid LTD,
139 Basingstoke, Hampshire, England) in a sterile bag and homogenized in a masticator (IUL
140 Masticator Basic 400 ml, IUL Instruments, Barcelona, Spain) for 90 s. Further ten-fold dilutions
141 were made with saline peptone (SP; 8.5 g L⁻¹ NaCl and 1 g L⁻¹ peptone) and plated in duplicate
142 in Plate Count Agar (PCA, Biokar Diagnostics, Beauvais, France) and in Dichloran Rose Bengale
143 Chloramphenicol Agar (DRBC, Biokar Diagnostics, Beauvais, France) and incubated at 30 ± 1
144 °C or 25 ± 1 °C for 3 and 5 days, respectively). Three determinations (in three trays) were
145 performed at each sampling time. The results were represented in log₁₀ cfu g⁻¹.

146

147 2.4 pH, soluble solids content and titratable acidity

148 pH, soluble solids content (SSC) and titratable acidity (TA) were measured in the juice
149 extracted by crushing *calçots* pieces in a blender. pH was determined using a penetration electrode
150 in a pH-meter model GLP22 (Crison Instruments SA, Barcelona, Spain). Soluble solids were
151 measured at 20 °C with a hand-held refractometer (Atago Co. Ltd., Tokyo, Japan) and the results
152 were expressed as °Brix. To measure titratable acidity, 10 mL of *calçots* juice was diluted with
153 10 mL distilled water and it was titrated with 0.1 mol L⁻¹ NaOH (Panreac, Barcelona, Spain) up
154 to pH 8.2. Results of titratable acidity were expressed as g of malic acid L⁻¹. Three determinations
155 were performed per each treatment at each sampling time.

156 2.5 Fresh weight loss

157 The fresh weight of *calçots* was recorded in 15 samples that were randomly selected from each
158 treatment at each period of storage. Data were expressed as percentage of fresh weight loss
159 (FWL).

160 2.6 Firmness

161 To assess changes in texture, firmness (N) was measured at 5 cm from the roots set in
162 transversal position using the TA.TX2 Texture Analyzer (Stable Micro Systems Ltd., Surrey,
163 England) attached with a Warner-Blatzler blade (HDP/BSK: Blade set with knife). The sample
164 was placed into the press holder, and then the blade was moved downwards at different rates: pre-
165 test rate: 5 mm s⁻¹; test rate: 1 mm s⁻¹; post-test rate: 10 mm s⁻¹ to 60 mm below the bottom of the
166 holder. Data acquisition rate was 200 pulses per sec. Eight individual and randomly chosen
167 *calçots* per treatment at each sampling time were evaluated.

168 2.7 Colour

169 The colour of the white shaft was measured with a CR-200 Minolta Chroma Meter (Minolta,
170 INC., Tokyo, Japan). Colour was measured using CIE L*, a*, b* coordinates with illuminant D65
171 and 10° observer angle. L* defines the lightness, and a* and b* define the red-greenness and blue-
172 yellowness, respectively. Measurements were made in 17 randomly selected *calçots* per treatment
173 and sampling time. CIE L* (lightness), a* (red-green) and b* (yellow-blue) parameters were
174 measured through reflectance values. These values were used to calculate the browning index
175 (BI) (Eq. (1)) and Total Colour Difference (TCD) (Eq. (2)). Changes in BI parameter have
176 previously been shown to be effective in monitoring browning of fresh-cut apples (Liu, Ma, Hu,
177 Tian, & Sun, 2016) :

178
$$BI = \frac{100(x-0.31)}{0.172} \quad (1)$$

179 where $x = (a^* + 1.75 \times L^*) / (5.645 \times L^*) + (a^* - (3.012 \times b^*))$.

180 TCD was calculated in accordance with Martín-Diana et al. (2007):

181
$$TCD = [(L_f^* - L_i^*)^2 + (a_f^* - a_i^*)^2 + (b_f^* - b_i^*)^2]^{1/2} \quad (2)$$

182 where i = initial (without disinfection) and f = final.

183 2.8 Assessment of overall visual quality

184 The assessment was carried out in the manner described by Altisent, Plaza, Alegre, Viñas, &
185 Abadias (2014). The visual quality was determined by an untrained panel based on the following
186 hedonic scale: 9 = excellent; 7 = very good; 5 = good, limit of marketability; 3 = fair, limit of
187 usability; and 1 = poor, inedible.

188 2.9 Statistical analysis

189 Results were expressed as mean \pm standard deviation. Significant differences between results
190 were calculated by using one-way analysis of variance (ANOVA). Differences were considered
191 to be significant at $P < 0.05$ (95 % confidence level). Significance of differences between means
192 was determined by using Tukey's test and Student's *t*-test. All statistical analyses were performed
193 with JMP 8 software (SAS Institute Inc., Cary, NC, USA).

194 3. Results and discussion

195 3.1 Effect of decontamination treatments on microbial load

196 3.1.1 Effectiveness of sanitizers after decontamination

197 Reductions of microbial populations on fresh-cut *calçots* before and after washing are shown in
198 Fig. 1. Mesophilic population of fresh harvested *calçots* ($7.33 \pm 0.19 \log_{10} \text{ cfu g}^{-1}$) significantly
199 decreased after the minimal processing operation (control) which included cutting and peeling
200 operations. Hence, pre-processing steps helped to reduce natural microflora present in harvest
201 *calçots* (Fig. 1A). Moreover, disinfection treatments also reduced mesophilic population and that
202 reduction was more drastic with MHT (1.7-log units with regard to the control and 3.0-log units
203 with regard to the harvested sample). Stringer, Plowman, & Peck (2007) report that hot water
204 washing (52 °C, 90 s) reduced the initial population of aerobic mesophylls by $< 1.2 \log \text{ cfu g}^{-1}$ on
205 broccoli and green beans.

206 No significant differences ($P>0.05$) on the mesophilic counts obtained in *calçots* disinfected by
207 $100 \text{ mg L}^{-1} \text{ NaOCl}$ or $80 \text{ mg L}^{-1} \text{ PAA}$ treatments were observed, reducing 2.3-log units with regard
208 to harvested sample and 0.8-log units with regard to control. According to other studies, the
209 effectiveness of PAA is dependent on the type of the vegetable product. Vandekinderen, Van
210 Camp, et al. (2009) observed a reduction of 1-log units of natural microbiota (between 5.58 and
211 $7.29 \log \text{ cfu g}^{-1}$) after washing fresh-cut leeks (*Allium porrum* L.) with $80 \text{ mg L}^{-1} \text{ PAA}$ for 60 s.
212 Dai et al. (2012) showed that the population of total aerobic bacteria of fresh-cut Chinese chives
213 significantly decreased after disinfected with $150 \text{ mg L}^{-1} \text{ PAA}$ for 2 min or $100 \text{ mg L}^{-1} \text{ PAA}$ for
214 5 min (2.16-log units and 2.20-log units, respectively). Van de Velde, Güemes, & Pirovani (2014)
215 reported that total microbial count of fresh-cut strawberries decreased 2.6-log units of initial
216 microbiota after disinfecting with $100 \text{ mg L}^{-1} \text{ PAA}$ for 120 s (40 °C).

217 PAA is known to be an oxidising agent that is in general effective against a wide spectrum of
218 microorganisms (Kyanko, Russo, Fernández, & Pose, 2010). PAA disinfects by oxidizing of the
219 outer cell membrane of bacteria, yeast and moulds, and that oxidation consist on the transfer of

220 electrons (Joshi, Mahendran, Alagusundaram, Norton, & Tiwari, 2013). It has been suggested that
221 PAA acts primarily on lipoproteins in the cell membrane, and could be equally effective against
222 outer-membrane lipoproteins, facilitating its action against Gram-negative cells (Botondi et al.,
223 2016). The action on the membranes could be due different mechanisms: (1) Denaturation of
224 proteins and enzymes and the increase of cell wall permeability by oxidizing sulphhydryl and
225 disulphide bonds; (2) Disruption of cell membranes and the blockage of enzymatic and transport
226 systems in microorganisms. PAA could also damage DNA and lipids through the production of
227 reactive oxygen species (Vandekinderen, Devlieghere, De Meulenaer, Ragaert, & Van Camp,
228 2009).

229 The population of yeast and moulds (Fig. 1B) of fresh harvested *calçots* ($3.94 \pm 0.31 \log_{10} \text{ cfu g}^{-1}$)
230 ¹) decreased after minimal processing and after washing with all tested decontamination
231 treatments. There were no significant differences ($P>0.05$) between disinfection treatments,
232 achieving reductions of around 0.8-log units with respect to the control and about 2.5-log units
233 with respect to the harvested sample. Stringer et al. (2007) observed that hot water washing (52
234 °C, 90 s) reduced the initial yeast population ($2.0 \log \text{ cfu g}^{-1}$) and mould population ($1.1 \log \text{ cfu}$
235 g^{-1}) on broccoli. Similar results were obtained in the study carried out by López-Gálvez et al.
236 (2010), where washing with NaOCl (100 mg L^{-1} , 60 s) produced a reduction of 1.2 ± 0.1 -log units
237 on fresh-cut iceberg lettuce (*Lactuca sativa* L.) in contrast to the unwashed lettuce ($3.2 \pm 1.4 \log$
238 cfu g^{-1}).

239 3.1.2 Effect of sanitizers on microbial stability

240 Effect of disinfectant treatments on the microbial population of fresh-cut *calçot* stored for 15 d at
241 4 °C are shown in Table 2. TAPC was maintained in all samples except samples treated with
242 MHT during the storage time and there were no significant differences between them at the end
243 (15 days). The initial population of MHT-treated samples was lower than other samples. Those
244 results were in agreement with those reported by Kim, Feng, Toshkov, & Fan (2005) where TPAC

245 of fresh-cut green onions (*Allium fistulosum* L.) treated at 50 °C for 20 s increased during the 14-
246 day storage period at 4 °C from 4.2 to 7.5 log cfu g⁻¹.

247 Furthermore, Silveira, Aguayo, Escalona, & Artés (2011) showed that the mesophilic population
248 of fresh-cut ‘Galia’ melons (*Cucumis melo* var. *cantalupensis* Naud) treated by HWD at 60 °C
249 for 60 s increased after 10 d at 5 °C, from 3.7 to 7.8 log₁₀ cfu g⁻¹. Thermal treatment would disrupt
250 physical barrier membranes liberating nutrients from the cells which facilitated access to nutrients
251 leading to the greater proliferation of microorganisms (Goyeneche et al., 2015). MHT might alter
252 the ability of the vegetable tissue to support growth of microorganism as it can inactivate plant
253 defences and damage cell membranes which may release nutrients (Stringer et al., 2007).

254 The populations of yeast and moulds were maintained during storage, regardless of disinfectant
255 treatment applied (Table 2). Moreover, there were no significant differences between samples
256 disinfected with different treatments after 15 days of storage at 4 °C. According to our results, in
257 the study carried out by Silveira et al. (2008) there were no differences between fresh-cut melons
258 treated with 80 mg L⁻¹ PAA or 150 mg L⁻¹ NaOCl for 60 s. However, Page, González-Buesa,
259 Ryser, Harte, & Almenar (2016) reported that fresh-cut onions (*Allium cepa* L.) treated with 80
260 mg L⁻¹ NaOCl had significantly lower mesophilic and yeast and mould counts than those treated
261 with 80 mg L⁻¹ PAA for 120 s throughout storage (14 d).

262 To the best of our knowledge, there is no previous microbiological study with this crop. *Calçots*
263 are usually eaten roasted but nowadays are being introduced into some fresh salads. Then, the low
264 microbial counts obtained from the experiment demonstrated that *calçots* are suitable to eat as a
265 raw vegetables.

266 3.2 Effect of decontamination treatments on quality

267 3.2.1 Soluble solids content, titratable acidity, pH and fresh weight loss

268 Physicochemical characteristics of *calçots* at harvest are shown in Table 3. Changes in SSC, TA,
269 pH and weight on non-disinfected samples (control) and disinfected samples during 15 d of

270 storage at 4 °C are shown in Table 4. In general, disinfection treatments had no remarkable effect
271 on physicochemical characteristics of *calçots*. Despite the pH of the PAA, where disinfection
272 treatment was around 3.4 before and after washing the *calçots* (Table 1), the acidic pH conditions
273 did not affect their initial quality. These results contrasted with those observed by Vandekinderen,
274 Devlieghere, Van Camp, et al. (2009), who reported a reduction by 0.6 pH-units after disinfecting
275 fresh-cut carrots (*Daucus carota* L.) with 80 mg L⁻¹ PAA for 300 s. They suggested that this pH-
276 decrease was caused by the acidic pH of the PAA solutions used for disinfection. In addition,
277 there were no significant differences (P>0.05) between disinfected samples and control after a
278 15-d storage period at 4 °C with regard to TA (ranging from 1.67 to 2.09 g malic acid L⁻¹). Only
279 values of SSC and pH presented barely detectable statistically significant differences among
280 treatments, being the highest values in the control sample (8.8 °Brix and pH 5.9) after 15 d of
281 storage. In a study carried out with fresh-cut melon the disinfection with 100 mg L⁻¹ Tsumani
282 100TM solution (composed of 15.2 % peracetic acid and 11.2 % hydrogen peroxide) for 3 min (20
283 ± 1 °C) had no effect on the SSC (Botondi et al., 2016).

284 Regarding the MHT, fresh-cut *calçots* maintained similar quality levels as the rest of the
285 disinfected samples. FWL values increased in control and disinfected *calçots* after 15 days of
286 storage, ranging from 3.31 to 5.47 %. However, there were no significant differences between
287 control and disinfected samples. Siddiq, Roidoung, Sogi, & Dolan (2013) observed the lowest
288 weight loss in 50 °C-treated (60 s) fresh-cut yellow onions (*Allium cepa*) after 21-d of storage,
289 which was significantly different from the other two heat treatments (60 °C and 70 °C) and they
290 suggested that heat treatment beyond 50 °C affected the tissue structure, causing some shrinkage.

291 3.2.2 Firmness, colour and visual quality

292 A general increment in the firmness values was observed in all the samples during the 15-d storage
293 period at 4 °C (Fig. 2A). Moreover, a direct possible relationship between FWL and firmness was
294 observed and it was more pronounced from day 6 of storage. The firmness increase might be
295 associated with a possible water loss during storage.

296 Despite the increment in TCD and BI values of samples during storage, disinfection conditions
297 of MHT at 50 °C for 60 s led to the lowest browning index in *calçots* throughout storage (Fig. 2B
298 and 2C). This behaviour might be explained through the possible inactivation of PPO (Polyphenol
299 oxidase) and POD (peroxidase) which play an important role in skin colour changes and a mild-
300 heat level of temperature might have more effect than acidic medium in the inactivation of those
301 enzymes.

302 The results obtained in visual overall quality (Fig. 2D) demonstrated that all disinfected samples
303 maintained excellent and very good scores until day 6 of storage at 4 °C. Those results were in
304 agreement with those reported by Alvaro et al. (2009), where no differences were found by a
305 trained panel in whole tomatoes, peppers and cucumber washed with any applied treatment
306 including PAA. Although all samples were above the limit of marketability, only *calçots* treated
307 with MHT presented scores above 7 (very good) at the end of the 15-d storage period. Despite the
308 weight loss, overall quality was not affected. Furthermore, visual quality decreased drastically for
309 *calçots* treated with NaOCl and PAA, 4 and 3.3 points after the 15-d storage period, respectively.
310 Hong et al. (2000) suggested that mild-heat level of treatment at 55 °C for 120 s was one of several
311 heat treatments that was effective enough to control ‘telescoping’ of cut green onions (*Allium*
312 *cepa* x *A. fistulosum*).

313 **4. Conclusions**

314 The physical and microbiological quality of fresh-cut *calçots* after disinfecting with NaOCl, PAA
315 and MHT were studied. In general, although all samples presented physicochemical changes after
316 disinfection and a 15-d storage period at 4 °C, *calçots* treated with MHT at 55 °C for 60 s retained
317 those characteristics better than other samples. However, the population of aerobic mesophilic
318 bacteria in mildly heated *calçots* increased during the 15-d storage period. It is remarkable that
319 there were no significant differences with regard to the results of *calçots* treated with NaOCl and
320 PAA. Therefore, our results have shown that sanitization treatment with PAA (80 mg L⁻¹) for 60
321 s could be an alternative to chemical methods based on chlorine, maintaining physicochemical

322 and microbiological quality and consumer acceptance. Furthermore, this treatment could be a
323 suitable disinfection treatment for other fresh-cut vegetables, such as leafy vegetables which
324 usually have high initial microbial loads compared to other vegetables.

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454

455 **Figure captions**

456 **Fig. 1.** Reductions of total mesophilic aerobic (A) and yeast and moulds (B) of fresh-cut *calçots*
457 before and after disinfection (60 s). Values are expressed as the mean \pm standard deviation (n =
458 3). Different capital letters indicate significant differences between treatments ($P < 0.05$). Control:
459 minimally processed *calçot*; PAA: peroxyacetic acid; MHT: Mild heat treatment

460 **Fig. 2.** Effect of disinfectant treatments [control (◆), NaOCl (■), PAA (▲) and MHT (●)] after
461 60 s of treatment on firmness (A), TCD (B), BI (C) and overall visual quality (D) of fresh-cut
462 *calçots* stored for 15 d at 4 °C. TCD: Total Colour Difference; BI: Browning Index. Replications:
463 n = 8 (firmness) and n = 36 (colour). PAA: peroxyacetic acid; MHT: Mild heat treatment.

464

465 **Table 1.**

466 Determination of pH, ORP (mV) and free Cl or PAA concentration of tested disinfectant water solutions before and after disinfection (60 s). ORP: oxidation-
 467 reduction potential. BT: Before treatment; AT: After treatment.

Treatment	pH		ORP (mV)		Free chlorine /PAA (mg L ⁻¹)	
	BT	AT	BT	AT	BT	AT
NaOCl						
100 mg L ⁻¹ 1 min	6.61	6.20	916	899	111.0	64.0
PAA						
80 mg L ⁻¹ 1 min	3.48	3.44	646	621	79.8	72.2

468

469

470 **Table 2.**

471 Effect of disinfectant treatments (60 s) on the microbial population (total mesophilic aerobic count – TAPC and yeast and moulds count –Y&M) of fresh-cut
 472 *calçots* stored for 15 d at 4 °C. Values are expressed as the mean ± standard deviation (n = 3). Different capital letters in the same column indicate significant
 473 differences between storage time (P<0.05) for each disinfectant treatment. Different lower case letters in the same row indicate significant differences between
 474 disinfectant treatments (P<0.05) for each storage time. Control: minimally processed *calçot*; PAA: peroxyacetic acid; MHT: Mild heat treatment.

Parameter	Day	Control	NaOCl (100 mg L ⁻¹ for 60 s)	PAA (80 mg L ⁻¹ for 60 s)	MHT (55 °C for 60 s)
TAPC (Log ₁₀ [cfu g ⁻¹])	0	5.79 ± 0.10 Aa	4.98 ± 0.04 Ab	5.00 ± 0.32 Ab	4.14 ± 0.30 BCc
	3	4.86 ± 0.47 Aa	4.66 ± 0.90 Aab	4.72 ± 0.19 Aa	3.29 ± 0.37 Cb
	6	5.12 ± 0.07 Aa	4.58 ± 0.89 Aa	4.26 ± 0.35 Aa	4.36 ± 0.36 Ba
	9	5.13 ± 0.05 Aa	4.86 ± 0.40 Aa	4.87 ± 0.19 Aa	4.89 ± 0.47 ABa
	15	4.89 ± 0.50 Aa	5.28 ± 0.90 Aa	4.88 ± 0.49 Aa	5.35 ± 0.18 Aa
Y&M (Log ₁₀ [cfu g ⁻¹])	0	2.29 ± 0.50 Aa	1.41 ± 0.00 Ab	1.51 ± 0.17 Ab	1.41 ± 0.00 Ab
	3	2.26 ± 0.31 Aa	2.07 ± 0.68 Aa	2.11 ± 0.69 Aa	1.51 ± 0.17 Aa
	6	2.40 ± 0.00 Aa	1.61 ± 0.17 Ab	1.51 ± 0.17 Ab	1.41 ± 0.00 Ab
	9	2.02 ± 0.55 Aa	1.41 ± 0.00 Aa	1.67 ± 0.44 Aa	1.41 ± 0.00 Aa
	15	1.61 ± 0.17 Aa	1.41 ± 0.00 Aa	1.61 ± 0.34 Aa	1.71 ± 0.29 Aa

475

476

477 **Table 3.**

478 Physicochemical characteristics of *calçots* at harvest.

Quality measurements	Mean \pm SD
SSC ($^{\circ}$ Brix)	10.03 \pm 0.21
TA (g malic acid L ⁻¹)	1.99 \pm 0.01
pH	5.92 \pm 0.03
Firmness (N)	61.84 \pm 10.45
Colour parameters	
L*	80.08 \pm 2.69
a*	-0.91 \pm 0.46
b*	5.18 \pm 1.24

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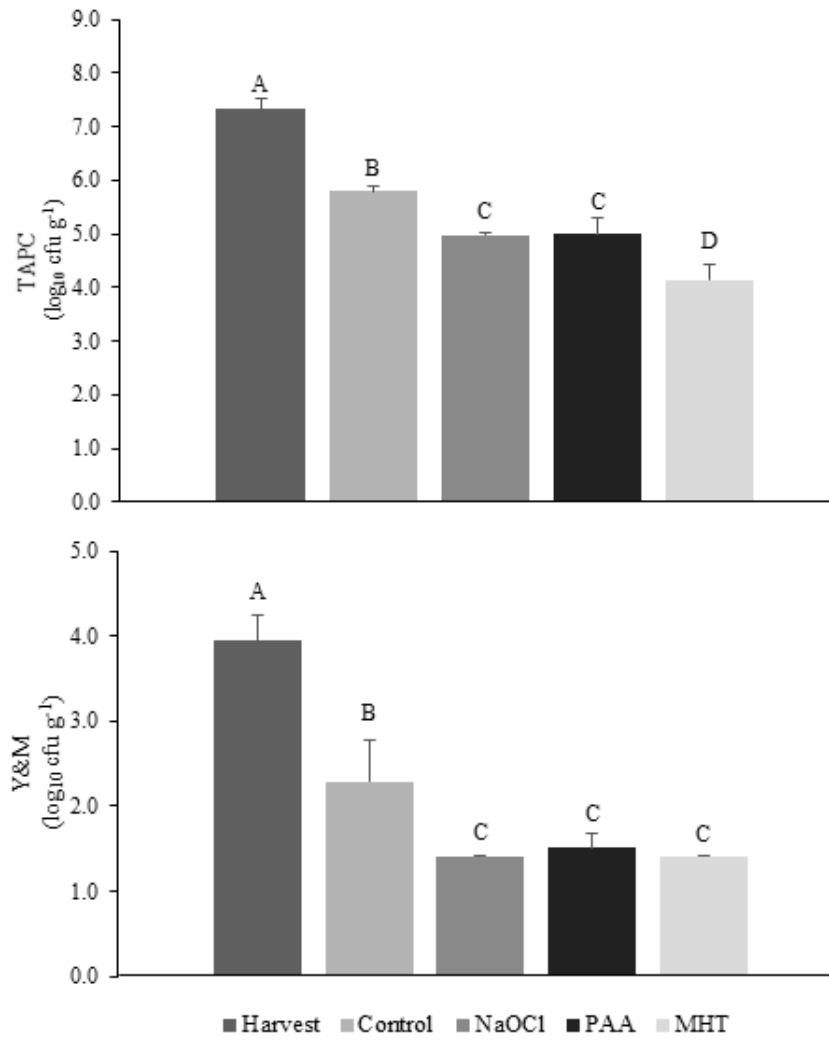
482 **Table 4.**

483 Changes in SSC, TA, pH and weight on non-disinfected samples (control) and disinfected samples during 15 d of storage at 4 °C. Values are expressed as the
 484 mean ± standard deviation (n = 3). Different capital letters in the same column indicate significant differences between storage time (P<0.05) for each disinfectant
 485 treatment. Different lower case letters in the same row indicate significant differences between disinfectant treatments (P<0.05) for each storage time. Control:
 486 minimally processed *calçot*; SSC: Soluble Solids Content; TA: Titratable Acidity; FWL: Fresh Weight Loss; PAA: peroxyacetic acid; MHT: Mild heat treatment

Parameter	Day	Control	NaOCl 100 mg L ⁻¹	PAA 80 mg L ⁻¹	MHT 55 °C
SSC (°Brix)	0	7.8 ± 0.1 Cc	8.2 ± 0.0 Aa	7.9 ± 0.0 Ab	7.1 ± 0.1 Cd
	3	7.7 ± 0.1 CDa	7.2 ± 0.1 Db	7.2 ± 0.2 Bb	7.7 ± 0.2 ABa
	6	8.1 ± 0.1 Ba	6.9 ± 0.1 Ec	7.5 ± 0.1 Bb	7.4 ± 0.0 Bb
	9	7.5 ± 0.1 Da	7.5 ± 0.0 Ca	7.6 ± 0.1 ABa	6.5 ± 0.1 Db
	15	8.8 ± 0.1 Aa	7.7 ± 0.1 Bb	7.3 ± 0.2 Bc	7.8 ± 0.1 Ab
TA (g malic acid L ⁻¹)	0	1.90 ± 0.04 BCa	1.84 ± 0.13 BCa	1.70 ± 0.10 Ca	2.01 ± 0.20 BCa
	3	4.13 ± 0.32 Aa	2.95 ± 0.18 Ab	2.64 ± 0.28 Bb	3.60 ± 0.70 Aab
	6	1.77 ± 0.06 BCb	1.98 ± 0.17 BCab	2.19 ± 0.09 Ba	2.31 ± 0.17 BCa
	9	2.37 ± 0.34 Ba	1.67 ± 0.10 Cb	1.82 ± 0.09 BCb	2.72 ± 0.04 ABa
	15	1.75 ± 0.18 Ca	2.09 ± 0.07 Ba	1.67 ± 0.16 Ca	1.78 ± 0.23 Ca
pH	0	6.0 ± 0.0 Aa	5.9 ± 0.0 Ab	6.0 ± 0.0 Aa	5.8 ± 0.0 Ac
	3	5.7 ± 0.0 Db	5.8 ± 0.0 Ba	5.8 ± 0.0 Ca	5.8 ± 0.0 Aa
	6	5.9 ± 0.0 Ba	5.9 ± 0.0 Aa	5.9 ± 0.0 Ba	5.8 ± 0.0 Ab
	9	5.8 ± 0.0 Ca	5.8 ± 0.0 Ba	5.8 ± 0.0 Ca	5.8 ± 0.0 Aa
	15	5.9 ± 0.0 Ba	5.9 ± 0.0 Aa	5.9 ± 0.0 Ba	5.8 ± 0.0 Ab
FWL (%)	0	0.00 ± 0.00 Ba	0.00 ± 0.00 Ca	0.00 ± 0.00 Ca	0.00 ± 0.00 Aa
	3	0.56 ± 0.40 Ba	0.51 ± 0.75 Ca	0.85 ± 0.21 BCa	3.02 ± 4.85 Aa
	6	0.96 ± 0.75 Ba	0.33 ± 0.29 Ca	1.05 ± 1.06 BCa	3.21 ± 4.71 Aa
	9	1.18 ± 1.15 Ba	1.47 ± 0.31 Ba	2.04 ± 0.69 Ba	3.75 ± 5.15 Aa
	15	4.82 ± 1.19 Aa	3.42 ± 0.30 Aa	5.47 ± 0.69 Aa	3.31 ± 7.99 Aa

487

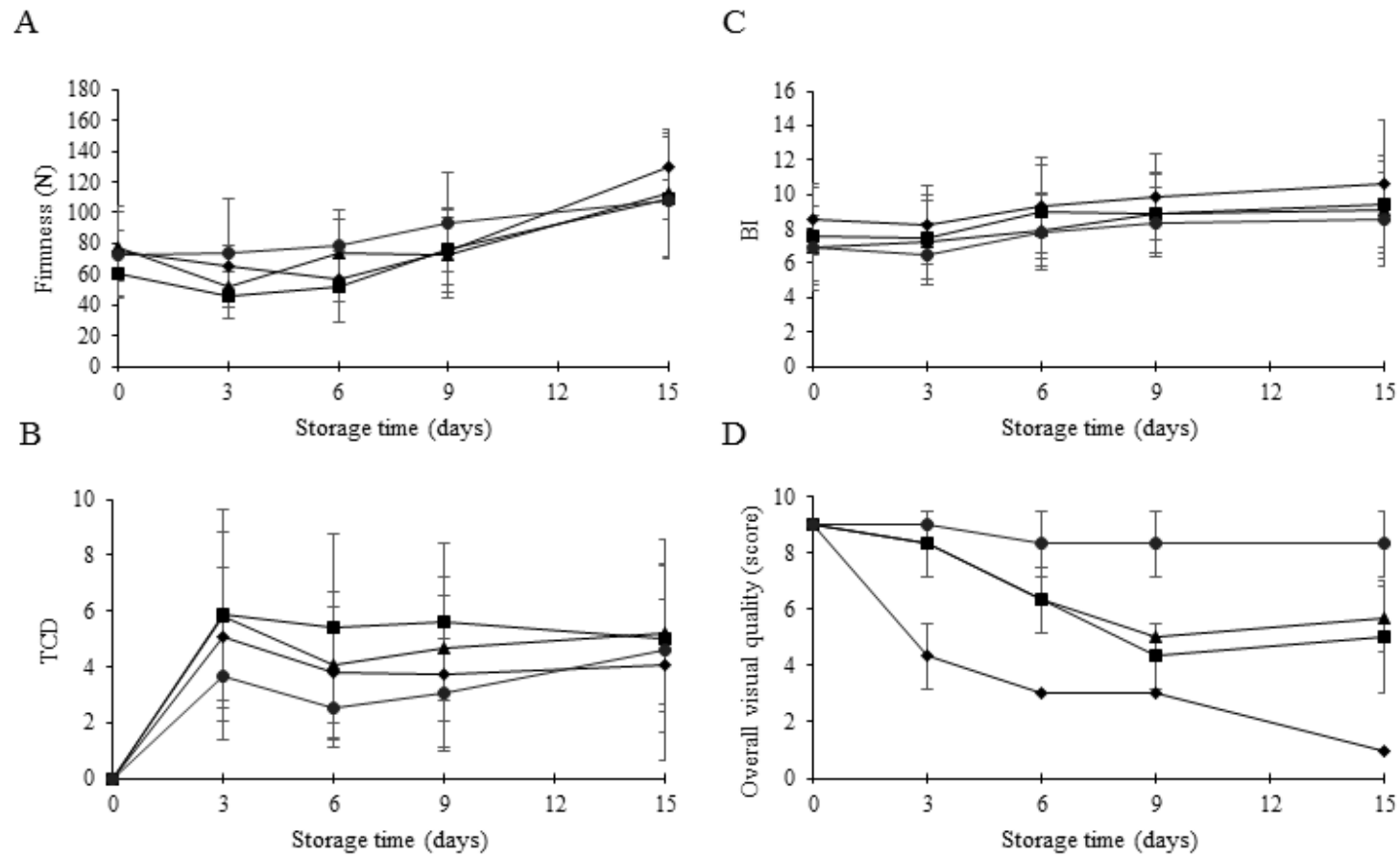
488 **Figure 1**



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490

491 **Figure 2**



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