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1 **The effect of feeder system and diet on welfare, performance and**
2 **meat quality, of growing-finishing Iberian x Duroc pigs under**
3 **high environmental temperatures**

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15

16 **Abstract**

17 The present study investigated the replacement of 5% of starch (ST)
18 by 5% of sunflower oil (SO), with or without feed restriction, in the
19 diet of growing-finishing Iberian × Duroc pigs exposed to heat stress
20 conditions. The effects of these strategies on the welfare,
21 performance and meat quality of the animals were evaluated.

22 Seventy-two crossbred males [51.00 ± 6.29 kg body weight (BW)]
23 were housed in collective pens and randomly distributed according
24 to their initial BW in climate-controlled rooms under heat stress
25 conditions (30–32 °C; 35%–50% humidity). The experiment was
26 carried out in a randomized block design, in a 2 × 2 factorial design
27 composed of two diets (control or oil) and two feed management

28 (*ad-libitum* and restriction) types. The investigated treatments were:
29 1) control diet (5% ST × 0% SO) with *ad-libitum* feed intake, 2) oil
30 diet (replacement of 5% of ST by 5% SO) with *ad-libitum* feed
31 intake, 3) control diet with restriction feed intake, and 4) oil diet
32 with restriction feed intake. The pigs' behavior and dirtiness score
33 were observed daily, and their performance was assessed weekly.
34 Furthermore, three blood samples were collected from each animal
35 for hemogram analysis during the period of study. The analysis of
36 meat and carcass quality was performed 24 h *post-mortem* once the
37 animals had reached an average BW of 130–140 kg. Statistical
38 analyses were performed using the PROC MIXED and PROC
39 GENMOD procedures of the Statistical Analysis System (SAS). The
40 diet-regimen interaction produced no effects ($P > 0.05$) on the
41 analyzed variables, except for behavior. Animals on the control diet
42 associated with *ad-libitum* feed management spent more time in the
43 lateral decubitus position and showed reduced activity. In addition,
44 pigs fed *ad-libitum* and those that received the control diet displayed
45 the highest level of dirtiness during the experiment. Evaluation of
46 performance revealed that pigs receiving the oil diet showed reduced
47 feed intake ($P < 0.05$) with no difference in average daily gain and
48 consequently presented better feed conversion values compared to
49 animals on the control diet. Furthermore, the oil diet resulted in a
50 higher ($P < 0.05$) carcass yield as well as a higher oleic fat content in
51 the meat. Pigs on restricted feeding management with lower body
52 and carcass weights produced higher values of leanness percentage
53 and carcass compared to animals in the *ad-libitum* group. In
54 conclusion, the replacement of 5% of starch by 5% of sunflower oil

55 in the pigs' diet during high ambient temperatures improved the
56 animals' welfare, feed efficiency, and carcass characteristics.

57 **Keywords:** behavior, dirtiness, heat stress, sunflower oil, swine
58

59 **1. Introduction**

60 With thermal stress impairing efficiency at all stages of
61 production, and with more than 50% of pig production being in
62 tropical and subtropical countries (Renaudeau et al., 2010), the high
63 temperatures turn out to represent one of the major reasons for
64 economic and productive losses (Cottrell et al., 2015) in the pig
65 industry. To reduce body temperature and improve heat dissipation
66 through the ambient environment, heat-stressed pigs exhibit certain
67 behavioral patterns such as increased in respiration rates (Huynh et
68 al., 2005), decreased exploration and social activities (Shi et al.,
69 2006), increased water intake (Olczak et al., 2015), wallowing on
70 feces (Bracke, 2011), and a reduced number of visits to the feeder
71 with a consequent reduction in feed intake (Silva et al., 2009).

72 Debrecéni et al. (2014) observed that during periods of high
73 temperature, pigs would avoid physical contact and adopt a lateral lie
74 position at a higher rate than they would a sternal position. Moreover,
75 their wallowing behavior is associated with the difficulty of losing
76 heat to the environment (Bracke, 2011), as almost all of their
77 thermoregulation processes are based on body surface contact with
78 fresh areas (Olczak et al., 2015). Lying in the mud can reduce body
79 temperature by up to 2 °C and, for every degree of increase in the
80 ambient temperature, the frequency of animals lying laterally extends
81 by 1.2% (Huynh et al., 2005). In intensive production systems, where

82 pigs do not have access to the mud or lakes, their own feces perform
83 this cooling function (Spoolder et al., 2012). Regarding performance
84 impairment, the reduction and redirection of feed intake during the
85 cooler hours of the day occur to decrease the body heat produced
86 from the digestion, absorption and metabolization of the diet (i.e.,
87 heat increment) (Silva et al., 2009). Proteins have the highest values
88 of caloric increase among the ingested nutrients, followed by
89 carbohydrates and oils (Verstegen et al., 1982). Thus, the
90 concentrations of amino acids in the diet, as well as carbohydrates,
91 oils, and fats will directly affect the feed intake of animals subjected
92 to heat stress conditions, and will alter their total body heat
93 production (Li and Patience, 2016). For this reason, it was
94 determined that supplementing the diet with fat can provide pigs with
95 their energy requirements with a minimum level of heat increment
96 (Patience et al., 2015).

97 The Iberian pig (*Sus mediterraneus*) is a breed with distinct
98 marbling characteristics that originates from the southwest region of
99 Spain. Its production is highly valued due to the myoglobin and iron
100 concentrations, as well as the oleic acid content, in their tissues
101 (Ayuso et al., 2014). These specificities result in high quality
102 products, characterized by a meat with a differentiated texture and fat
103 infiltration highly sought after by consumers (Ayuso et al., 2014),
104 especially for *Jamón Ibérico*. To retain this differentiated meat while
105 improving reproductive performance, Iberian pigs have been crossed
106 with other breeds (Viguera et al., 2012). Iberian pigs crossed with the
107 Duroc breed produced offspring with an increased growth rate, leaner
108 performance and greater carcass length as well as ham length and

109 perimeter, and a higher percentage of all the noble pieces, compared
110 to purebred animals.

111 The objective of this work was to study the replacement of 5% of
112 starch (ST) by 5% of sunflower oil (SO), with or without feed
113 restriction, in growing-finishing Iberian × Duroc pigs that were kept
114 under heat stress conditions, and to evaluate the effect of these
115 treatment strategies on the animals' welfare (behavior and dirtiness),
116 performance and meat quality.

117

118 **2. Materials and methods**

119 ***2.1. Ethical note***

120 The experiment was conducted at the Institut de Recerca i
121 Tecnologia Agroalimentàries (IRTA) located in Monells,
122 province of Girona, Catalunya, Spain. All experimental protocols
123 used in this study were approved by the Comisión de
124 Experimentación Animal de La Generalitat de Catalunya
125 (protocol number - DAAM 8348).

126

127 ***2.2. Animals and experimental design***

128 Seventy-two crossbred males (50% Iberian × 50% Duroc),
129 with an initial BW of 51.00 ± 6.29 kg, were housed in three
130 climate-controlled rooms with collective pens [four pens per room
131 and six animals per pen (5 m × 2.6 m)] and a 12:12 h
132 light/darkness cycle. Dalmau et al., (2019) determined from two
133 studies (one carried out in the same facilities as the present work
134 and the other performed at another research institute) that pigs
135 exposed to temperatures of approximately 30 °C for 5 h per day,

136 with a relative humidity of 40%–60% may suffer from heat stress,
137 compared to control animals subjected to lower temperatures. The
138 three rooms used in the present study were subjected to the same
139 high temperature conditions as defined by Dalmau et al., (2019) to
140 trigger a stress response in the pigs. The temperature and
141 humidity in each room were continuously monitored using a
142 Rotronic® HygroLog datalogger (Hygromer C94, sensor Pt100
143 RTD, 1/3 DIN, Switzerland). Figure 1 shows the mean values per
144 hour of temperature and humidity, for the duration of the study.
145 The calculated THI was 26–27 from 19 00 h until 08 00 h and 30–
146 32 from 10 00 h to 15 00 h. At 09 00 h and 16 00 h, as well as 17
147 00 h and 18 00 h, THI was 28–29. All animals were individually
148 identified during the entire study with different colored ear tags.
149 The experiment lasted 90 d, from October to January, and was
150 carried out in a randomized block design, in a 2 × 2 factorial
151 scheme composed of two diets (starch or sunflower oil (with or
152 without) and two feed intake management types (*ad-libitum* or
153 restricted), each with three replicates. The studied treatments were
154 a control diet of 5% ST × 0% SO with *ad-libitum* feeding, an oil
155 diet with the replacement of 5% ST by 5% of SO and *ad-libitum*
156 feeding, a control diet of 5% ST × 0% SO with restricted feeding,
157 and an oil diet with the replacement of 5% of ST by 5% of SO
158 and restricted feeding. Feed were provided in two phases at 50–
159 100 kg BW for the growing and 100–140 kg BW for the finishing
160 periods. The diets were calculated to be isonutritive, except in the
161 case of net energy, due to the replacement of starch by sunflower
162 oil. The composition and the determined nutrient values are

163 shown in Table 1, with the diet formulated according to the
164 nutritive requirements of the growing and finishing pigs (NRC,
165 2012).

166 Following initiation to the environmental treatments, the
167 average daily feed intake (ADFI) was calculated weekly by
168 weighing the feed provided, and individual body weights were
169 recorded at four different times: when the animals arrived, after 7
170 days of adaptation (i.e., at the start of the environmental
171 treatment), at the time of feed transition (i.e., from the growing to
172 the finishing period) and at the end of the experiment. The amount
173 of feed offered to pigs in the feed-restricted group was based on
174 the consumption of *ad-libitum* animals and calculated to provide
175 90% of their feed intake. Collected data were used to determine
176 average daily gain (ADG), and feed conversion ratio (F: G) for
177 each animal and treatment group.

178

179 **2.3. Blood samples**

180 Blood samples were collected for each animal from the
181 jugular vein after 7 days of adaptation, at the time of feed
182 transition, and one day preceding slaughter. The blood (8 mL per
183 sample) was aseptically stored in tubes containing the
184 anticoagulant ethylenediaminetetraacetic acid (EDTA, Becton
185 Dickinson, USA) for further hemogram analysis.

186

187 **2.4. Dirtiness score**

188 The evaluation of dirtiness was based on the classification
189 described in the Welfare Quality® protocol (Welfare Quality,

190 2009) and was assessed once, every day, in the morning period
191 (08 00 h). The classification used was a score of 0 for animals
192 with feces in less than 20% of the body, 1 for animals with feces
193 in more than 20% but less than 50% of the body, and 2 for
194 animals with feces in more than 50% of the body. Additionally,
195 once a month, a complementary welfare evaluation was carried
196 out once a month, which included other healthy parameters
197 detailed in the Welfare Quality[®] protocol. The dirtiness evaluation
198 was carried out at five different periods of time to progressively
199 evaluate animal response to the experimental treatments. Each
200 period corresponded to one week of analysis according to the date
201 on which they were performed.

202

203 **2.5. Total daily activity**

204 The pen was divided in eight equal zones to record the
205 number of activities performed, as well as each animal's
206 distribution and occupation of the pen. The general activity of all
207 animals in each treatment was assessed, for the total duration of
208 the experiment, using a scan sampling method three times per day
209 for 1 min. According to a previously established schedule, the
210 first assessment was carried out at 09 00 h, the second at 16 00 h,
211 and the third randomly selected between 08 00 h and 18 00 h, so
212 that by the end of the study, the data collected were representative
213 of the animal's total daily activity. As the experiment lasted 90 d,
214 the animals were evaluated a total of 270 times. The evaluation of
215 daily activity was divided into three time periods according to the
216 hour of the day when recording was performed, i.e., morning (08

217 00 h to 10 00 h), noon (11 00 h to 15 00 h) and afternoon (16 00 h
218 to 18 00 h). The assessed behaviors were eating, exploring the
219 environment, interaction with the enrichment material (chains on
220 the side of the pens), lying positions (sternal or lateral), drinking,
221 positive interactions [defined as sniffing, nosing, licking, and
222 moving gently away from the animal without aggressive or flight
223 reaction from this individual, Welfare Quality (2009)], negative
224 interactions [defined as an aggressive behavior, including biting,
225 or aggressive social behavior with a response from the disturbed
226 animal, Welfare Quality, (2009)], and others (any behavior that
227 did not fit into the activities described above).

228

229 ***2.6. Measurement of carcass and fatty acid profile***

230 At the end of the experiment, after the animals had reached
231 an average BW of 130–140 kg, all pigs were weighed,
232 individually identified, and transported to a local slaughterhouse,
233 where they were slaughtered using the carbon dioxide (CO₂)
234 stunning method. Within 20 min *post-mortem*, carcass weight,
235 percentage of leanness, and fat content for each animal were
236 measured at the last rib and recorded using a FoodScan near-
237 infrared spectrophotometer (FOSS, Denmark).

238 At 24 h *post-mortem*, subcutaneous fat samples over the
239 gluteus medius were collected from the left side of each carcass.
240 Tissue lipids were extracted following the chloroform-methanol
241 procedure described by Folch et al. (1956) and analysis results
242 were expressed as percentage of total fatty acids.

243

244 **2.7. Statistical analysis**

245 Statistical analyses were performed using the Statistical Analysis
246 System (SAS) (SAS 9.1 software, SAS Institute INC., Cary, NC).
247 BW, feed intake, ADG, feed conversion, hematocrit, leukocyte
248 content, neutrophil/lymphocyte ratio, carcass weight, fat thickness,
249 leanness percentage, loin thickness, pH, electrical conductivity,
250 intramuscular fat and fatty acid composition were the variables
251 subjected to ANOVA analysis using the SAS PROC MIXED
252 procedure. Body weight was used as a covariate when necessary
253 (e.g., to evaluate performance and meat quality variables). In the case
254 of pen dirtiness, animal dirtiness, drinking, positive and negative
255 interactions and exploratory behaviors, PROC GENMOD with a
256 binomial distribution was used to investigate the interactions between
257 diet (control or oil diet) and regimen (*ad-libitum* and restricted). Each
258 pen was considered as one unit. The residual maximum likelihood
259 was used as a method of estimation, while the least square means of
260 fixed effects (LSMEANS) adjusted to Tukey's honestly significant
261 differences was used to carry out multiple comparisons. The p-value
262 for significance was fixed at $P < 0.05$.

263

264 **3. Results**

265 **3.1. Hemogram analysis**

266 Hemogram analysis showed no interaction between diet and
267 regimen (Table 2). However, comparisons between the basal and
268 final values showed increased levels of hematocrit ($P < 0.0001$),
269 corpuscular volume ($P = 0.002$) and lymphocytes ($P < 0.000$),
270 but decreased levels of leucocytes ($P < 0.0001$), neutrophils (P

Comentat [A1]: The original sentence read 'In the case of pen dirtiness, animal dirtiness, drinking, positive and negative interactions and exploratory behaviours, a Proc Genmod with a binomial distribution were used, being the diet (control or oil diet), regimen (ad-libitum and restricted) and interactions effects studied.' I have made modifications to this section to improve the flow of ideas. Please review these changes carefully.

Comentat [A2R1]: Dr. Dalmau

271 <0.000) and neutrophil: lymphocyte ratio ($P < 0.0001$). Although
272 there was no difference between diets, it was noticed that the
273 neutrophil/lymphocyte ratio differed between the two regimens
274 ($P = 0.0302$) at the final value, with *ad-libitum* fed animals
275 (0.667) showing a higher neutrophil/lymphocyte ratio than
276 restricted-fed animals (0.577).

277

278 **3.2. Dirtiness score**

279 No interaction was found between diet and regimen with
280 respect to the evaluated dirtiness score. However, animal
281 dirtiness was affected by regimen ($P = 0.0007$), diet ($P < 0.0001$)
282 and period of the day ($P < 0.0001$). Animals fed *ad-libitum* were
283 dirtier than those subjected to restricted feeding (Figure 1), and
284 animals fed with the control diet were dirtier than those fed with
285 the oil diet (Figure 2). In addition, the pigs were dirtier during the
286 early periods, especially period 2, than during the later periods
287 (Figure 3).

288

289 **3.3. Total daily activity**

290 The main results of the scan sampling measurements are
291 presented in Table 3. Three of the evaluated behaviors showed
292 interactions between diet and regimen. The lateral lie position (P
293 $= 0.003$) occurred mainly in animals that received the control diet
294 with *ad-libitum* feed management. The same group (control diet
295 + *ad-libitum*) also showed less activity according to the behavior
296 categories 'pen exploration' ($P < 0.000$) and 'others' ($P = 0.005$),
297 when compared with the other treatments. Evaluations carried

298 out based on the time periods showed that lying laterally
299 occurred mainly at noon ($P < 0.0001$), while the sternal lie
300 position was mainly observed during the afternoon ($P = 0.018$).
301 In addition, the animals explored the pen, ate and presented other
302 behaviors mostly in the afternoon, followed by the morning
303 period and lastly at noon ($P < 0.0001$).

304

305 **3.4. Animal growth performance**

306 The results for performance are presented in Table 4. No
307 interaction was observed between diet and regimen in the
308 assessed performance parameters. Separately comparing the
309 effect showed that diet affected feed intake ($P < 0.0001$) and the
310 feed conversion ratio ($P = 0.003$) during the growing phase but
311 only affected feed intake ($P < 0.0001$) in finishing phase. In the
312 growing phase, pigs that received the control diet presented a
313 higher feed intake as well as the lowest feed conversion
314 compared with animals that received the oil diet. Similar
315 observations were recorded in the finishing phase, where the feed
316 intake was higher in the control group compared to the group fed
317 with sunflower oil. When considering all the collected data (for
318 both growing and finishing phases) only an effect on feed intake
319 ($P < 0.0001$) was observed. The regimen affected parameters in
320 both phases. In the growing phase, the average daily gain ($P <$
321 0.001) and feed intake ($P < 0.001$) were higher in the *ad-libitum*
322 group compared with animals subjected to restricted feeding. All
323 evaluated variables were affected by the regimen in the finishing
324 phase. Animals in the *ad-libitum* group presented a higher

325 average daily gain ($P < 0.001$) and feed intake ($P < 0.001$), as
326 well as a better feed conversion ratio ($P = 0.002$) than those
327 under restricted feed management. Assessment of all the
328 collected data (for both growing and finishing phases) showed an
329 effect on average daily gain ($P < 0.0001$), feed intake ($P <$
330 0.0001) and feed conversion ratio ($P = 0.0415$).

331

332 ***3.5. Carcass measurement and determination of fatty acid*** 333 ***profile***

334 The effect of diet and feed management on the carcass
335 measurements of carcass and on the fatty acid profile are
336 presented in Table 4. Data obtained showed no interaction
337 between diet and regimen for evaluated parameters. Separately
338 comparing the effects determined that the addition of sunflower
339 oil to the diet only influenced carcass yield, as shown by the
340 higher values ($P = 0.019$), when compared to the group that were
341 fed the control diet. Also, pigs fed *ad-libitum* exhibited greater
342 body ($P < 0.001$), and carcass ($P < 0.001$) weights than animals
343 which were restricted-fed. However, these animals produced a
344 lower yield of carcass and leanness percentage ($P < 0.05$).

345 Animals that received oil-supplemented diet presented higher
346 levels of oleic acid ($P < 0.0001$) compared to animals fed with
347 the control diet. Analysis of the different regimens showed that
348 animals fed *ad-libitum* had a lower linolenic ($P = 0.042$) acid
349 content than restricted-fed pigs, while no significant difference
350 was observed in the other measured traits.

351

352 **4. Discussion**

353 ***4.1. Hemogram analysis***

354 Based on the analysis of hemogram variables, all pigs started
355 the experimental period (day 0) with no statistical differences
356 between the treatments and therefore presented the same “blood
357 parameters”.

358 Comparisons between initial (day 0) and final (day 90) data
359 revealed that the animals presented higher values of hematocrit
360 and corpuscular volume ($P < 0.05$) at the end of the experimental
361 period. According to published literature, the thermoneutral zone
362 in growing and finishing pigs is 18–20 °C and 12–21 °C,
363 respectively. In the present study, animals were subjected to
364 conditions of moderate thermal stress for 5 h daily, with peak
365 temperatures of 30–32 °C at midday and a plateau of not lower
366 than 25 °C for the remainder of the day. Sreedhar et al. (2013)
367 reported that animals under heat stress can exhibit
368 hemoconcentration due to dehydration, asphyxia or excitement,
369 leading to erythrocyte concentration. Although water was
370 provided *ad-libitum* in the present study, the effect of
371 environmental temperatures on the corpuscular volume and
372 hematocrit parameters were significant.

373 The leukocyte count, although decreased from the beginning
374 to the end of the study, was higher than the normal range for the
375 porcine species during the whole experimental period. These
376 values indicated that the animals were still coping with certain
377 stress factors, such as their transportation (Goumon and Luigi,
378 2017), mixing with other animals, and arrival to a new

379 environment (Peden et al., 2018) even a few days following their
380 arrival to the experimental facilities.

381 According to Gaughan (2012), animals adopt different types
382 of mechanisms that help them adapt to climatic changes,
383 including acclimatization, as well as biological and genetic
384 adaptation. The thermoregulatory response during
385 acclimatization is biphasic and time-dependent, characterized by
386 a short-term (STHA) and a long-term (LTHA) phase, which
387 could explain the differences between initial and final blood
388 parameters of the present study. The short-term heat acclimation
389 phase is characterized by bland and fast physiological
390 adaptations, with the objective being to cope with heat stress
391 before more permanent adjustments become necessary
392 (Horowitz, 2001). The long-term heat acclimation phase includes
393 a continuum process of adaptative mechanisms, which results in
394 an increased ability to cope with the hot environmental
395 conditions, thereby making the swine better adapted to the
396 surrounding temperature (Gaughan, 2012). The mechanisms
397 involved in the phases of heat acclimation vary according to the
398 time of exposure and heat intensity (Renaudeau et al., 2010),
399 suggesting that the time period (5 h daily) and intensity of
400 temperature (30–32 °C) applied in the present study were not
401 enough to allow the pigs to adapt by producing drastic changes in
402 their physiological parameters.

403

404 ***4.2. Behavioral analysis***

405 Dalmau et al. (2019) described how pigs became dirtiest
406 under high environmental temperatures rather than under
407 thermoneutral conditions, and concluded that changes in
408 behavior (i.e., lying on the feces) and their consequences
409 (dirtiness) may be the first to occur before any other change in
410 physiological parameters or performance. In the present study,
411 pigs were dirtier during the early periods than in the final ones,
412 confirming that the animals had more difficulty leading with the
413 high temperatures at the beginning of the experiment.
414 Furthermore, the reduction in lying and wallowing in the
415 excretion area during the final stages of the study could indicate
416 that the pigs had undergone an adaptation process. In a study by
417 Renaudeau (2010) on pigs that were exposed to high
418 temperatures long term, the decrease in heat production indicated
419 that animals had developed adaptative changes to assist with the
420 acclimatization process, such as decreasing their physical activity
421 in order to favor heat exchange between their bodies and the
422 floor. Therefore, the elevated score of dirtiness detected at the
423 initial stages of the experiment could be because the pigs had not
424 yet adapted to the fixed ambient temperature (corresponding to
425 the beginning of the thermal treatment). The dirtiness decreased
426 in the later stages of the experiment, indicating that the pigs had
427 adapted in order to cope with the heat stress conditions, thereby
428 reducing their wallowing behavior.

429 Pigs fed with the control diet were dirtier than those fed with
430 the oil-supplemented diet, while pigs fed *ad-libitum* were dirtier
431 than those subjected to restricted feeding. Therefore, strategies

432 involving diet supplementation with oil or restriction of feed
433 consumption could be potentially applied in hot environments in
434 order to reduce feed intake and, consequently, metabolic heat
435 production (Brooke et al., 2015). It is important to note that
436 thermoregulation in pigs is dependent on the external
437 temperature as well as on the animal's internal heat, which can
438 be decreased if digestive heat is lowered (e.g., by reducing the
439 amount of food or changing the diet to include more digestible
440 ingredients).

441 According to the scan sampling data, animals that received
442 the control diet with *ad-libitum* feed management were less
443 active compared with animals subjected to the other treatments
444 ($P < 0.05$). These results were based on the time spent in the
445 lateral lie position (which was higher for this group), on the
446 reduced exploratory activity, as well as on the 'other behaviors'
447 category. According to Olczak et al. (2015), due to the pig's
448 physiological particularities (such as reduced functional sweat
449 glands and fat layer) some behavioral patterns can be observed,
450 including reduced general activity as well as predominant resting
451 and lying behavior. The resting behavior, particularly the lateral
452 lie position, increases the surface area of the animal's body in
453 contact with the floor, and provides a more effective heat
454 exchange compared to the sternal lie position (Olczak et al.,
455 2015). The occurrence of a high percentage of animals lying
456 laterally is considered a sign of thermal stress in pig farms,
457 usually manifesting as the first indicator, even before other
458 physiological or performance behaviors (Dalmau et al., 2019).

459 The amount of heat produced by pigs is dependent on several
460 factors, including the metabolic rate of muscle activity (Cottrell
461 et al., 2015), as well as metabolic heat production due to
462 digestion, absorption and metabolization of feed nutrients (Silva
463 et al., 2009), which in turn explains the differences between feed
464 management and diet composition on the reduced activity
465 observed in the present study.

466 Evaluations carried out at different stages of the day
467 determined that the pigs lay down laterally mainly at noon, when
468 the temperature was increased, but adopted the sternal lie
469 position most frequently during the morning and afternoon, when
470 the temperatures were lower. As previously mentioned, the
471 lateral lie position is a strategy adopted by pigs in order to
472 dissipate excess body heat caused by increased ambient
473 temperatures, thus explaining their necessity to express this
474 behavior during the hottest period of the day. Furthermore, the
475 animals fed and became more active (by exploring the pen and
476 performing other activities) during the afternoon. While the
477 porcine species is highly motivated to explore their surroundings
478 and forage for food, such investigations and manipulation
479 activities lead to excess heat production due to muscle activity
480 (Cottrell et al., 2015). Under the present heat stress conditions,
481 the pigs searched for areas which provided minimum contact
482 with other individuals in order to lie down, explaining the
483 predominance of the exploratory activity during the fresh hours
484 of the day (afternoon), and the lowest values during the hottest
485 hours of the day (noon and morning).

486 **4.3. Animal growth performance and meat quality**

487 In the present study, pigs kept in *ad-libitum* feed
488 management during the growing and finishing periods had a
489 higher average daily gain and feed intake than those in the
490 restricted group. The supply of feed is one of the factors
491 influencing feed intake in growing-finishing pigs (Patience et al.,
492 2015). As the feed intake of animals in the restricted group was
493 calculated to provide only 90% of their intake capacity, this
494 variable would be reduced. When comparing the effect of diet
495 types (control vs oil) in the growing and finishing phases, it was
496 observed that the feed intake was reduced with the addition of oil
497 in the diet. Generally, pigs' feed intake is related to their daily
498 requirement of energy. When the dietary energy content is
499 higher, the requirement is reached more easily and pigs therefore
500 reduce their feed consumption (Kil et al. 2014), as observed in
501 the present study. Animals that received 5% of sunflower oil in
502 their diet presented better feed conversion than animals in the
503 control group. This could be because the inclusion of oil in the
504 diet increases the availability of amino acids from crude protein
505 content and, consequently, increases the efficiency and use of
506 these nutrients, thereby improving average daily gain and feed
507 conversion (Brooke et al., 2015).

508 Some researchers have found that a diet rich in oleic acid
509 resulted in higher oleic acid levels in the pigs' fatty acid profile,
510 in agreement with the results of the present study. These changes
511 in the fatty acid profile represent an added benefit in terms of
512 quality for the consumer market. According to Csapó and

513 Salomon (2013), the fatty acid composition of food products is of
514 great importance with respect to healthy human nutrition.

515

516 **5. Conclusion**

517 In conclusion, pigs adapt to heat stress conditions by modifying
518 their behavior accordingly as well as by being dirtier and lying
519 laterally with a higher frequency. Regarding performance parameters,
520 the replacement of 5% of starch by 5% of sunflower oil during high
521 ambient temperature conditions improved the feed efficiency, meat
522 characteristics (although fat firmness, stability and shelf-life should
523 be further studied) as well as the animal's welfare, and is therefore an
524 efficient nutritional strategy for pigs kept under high temperatures or
525 heat stress conditions.

526

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532 **Declaration of interest**

533 All authors declare that there are no conflicts of interest
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535

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545

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Tables

Table 1. *Composition and calculated nutrients of the experimental diets¹*

	50 - 100 Kg		100 - 140 Kg	
	Control diet	Oil diet	Control diet	Oil diet
Ingredients %				
Barley	33.57	33.57	45.00	45.00
Maize	0.00	0.00	4.59	4.59
Wheat	13.41	13.41	25.00	25.00
Corn starch	5.00	0.00	5.00	0.00
High oleic sunflower oil	0.98	5.98	0.91	6.00
Triticale	20.00	20.00	0.00	0.00
Integral sunflower	8.00	8.00	8.00	8.00
Bran	5.00	5.00	5.00	5.00
Sepiolite	1.97	1.97	1.97	1.87
Soy 47%	8.79	8.79	1.85	1.84
Molasses beet	0.48	0.48	0.48	0.48
Calcium carbonate	1.74	1.74	1.08	1.10
Lysine sulfate ²	0.15	0.15	0.25	0.25
Salt	0.33	0.33	0.40	0.40
NP – 316 – Fi	0.30	0.30	0.30	0.30
Monocal phosphate	0.24	0.24	0.11	0.11
Resdox-N	0.02	0.02	0.02	0.02
Liquid colin 75%	0.02	0.02	0.02	0.02
L-threonine	0.00	0.00	0.03	0.03
Calculated nutrient composition %				
Dry matter (%)	90.30	90.96	90.46	91.17
Crude protein (%)	14.50	14.47	11.00	10.97
Calcium (%)	0.98	0.98	0.69	0.70
Crude fat (%)	2.61	7.52	2.54	7.55
Crude fiber (%)	5.60	5.59	5.98	5.97
Starch (%)	43.90	38.90	48.31	44.00
Carbohydrates (%)	2.96	2.96	2.41	2.41
Phosphorus (%)	0.44	0.44	0.37	0.37
Chloride (%)	0.30	0.30	0.35	0.35
Sodium (%)	0.16	0.16	0.18	0.18
Lysine (%)	0.72	0.72	0.55	0.55
Methionine (%)	0.24	0.24	0.18	0.18
Methionine +Cystine (%)	0.54	0.54	0.42	0.42
Threonine (%)	0.51	0.51	0.40	0.40
Tryptophan (%)	0.19	0.19	0.14	0.14
Oleic_C18_1%	1.00	4.83	1.00	5.09
Linoleic_C18_2%	0.92	1.35	0.92	1.14
T_ unsaturated_ %	2.04	6.52	2.00	6.36
T_ saturated_ %	0.37	0.76	0.39	0.82
Unsaturated:Saturated_	5.47	8.55	5.07	7.79
Net energy Kcal/Kg	2250.00	2524.00	2293.00	2575.00
Metabolizable energy Kcal/Kg	3066.00	3340.00	3066.00	3348.00
Total	100.00	100.00	100.00	100.00

Total of 4161.09 Kcal of net energy; 2000.00 UI of vitamin A; 800.00 UI of vitamin D; 100.00 mg of vitamin E.

¹ Composition of basal diet for control and oil experimental diets, for growing (50 – 100 Kg) and finishing pig's (100–140 Kg) periods.

²Lysine sulphate supplied per Kg of the nucleus: 54.6% of L-lysine; 80% of crude protein; 0.11% of phosphorus.

Table 2. Basal and final values of hemogram analysis of growing and finishing pigs, kept under heat-stress conditions (30°C - 32°C) according to the diets (control x oil) and regimen (*ad-libitum* x restriction) applied.

Treatments	Items ¹					
	HT (%)	VB (fL)	LE, (μL)	LI (%)	NE (%)	N:L (μL)
Basal values						
Control diet + <i>ad-libitum</i>	33.035	44.523	22694	49.353	47.647	1.002
Oil diet + <i>ad-libitum</i>	33.082	44.311	24024	49.471	47.529	1.002
Control diet + restriction	34.323	46.743	22924	46.412	50.235	1.168
Oil diet + restriction	33.659	46.429	22624	48.412	48.471	1.021
<i>SEM</i>	0.640	1.156	1090.470	1.733	1.701	0.084
<i>P-Value</i>	0.580	0.965	0.458	0.589	0.630	0.385
Final values						
Control diet + <i>ad-libitum</i>	38.892	46.601	17692	56.083	38.750	0.702
Oil diet + <i>ad-libitum</i>	37.192	45.815	17817	59.000	36.583	0.633
Control diet + restriction	37.746	52.430	17392	60.385	35.077	0.589
Oil diet + restriction	37.912	50.672	19363	62.062	34.187	0.565
<i>SEM</i>	0.842	1.319	896.760	1.346	1.353	0.036
<i>P-Value</i>	0.321	0.741	0.357	0.679	0.671	0.590
Basal vs Final values						
Basal	33.555 ^b	44.156 ^b	23949 ^a	48.412 ^b	48.471 ^a	1.049 ^a
Final	37.784 ^a	47.509 ^a	19151 ^b	59.383 ^a	36.149 ^b	0.617 ^b
<i>SEM</i>	0.437	1.106	864.860	0.778	0.761	0.038
<i>P-Value</i>	0.000	0.002	0.000	0.000	0.000	0.000

¹HT: hematocrit; VB: mean corpuscular volume; LE: leukocytes; LI: lymphocytes, NE: neutrophils; N:L: neutrophil/lymphocyte ratio.

^{a,b}Different letters in the same column indicate statistical difference ($P < 0.05$);

SEM: The standard error of the mean;

Table 3. Frequency of observed behaviours (total number of 7080 observations made) in growing pigs kept under heat-stress conditions according to the period, diet (control x oil) and regimen (*ad-libitum* x restriction) applied.

Treatments	Items ¹								
	LL	LS	EM	EX	PI	NI	E	D	O
Control diet + <i>ad-libitum</i>	729 ^a	553	23	87 ^d	55	6	164	63	102 ^c
Oil diet + <i>ad-libitum</i>	626 ^b	545	23	152 ^c	49	12	156	62	140 ^b
Control diet + restriction	315 ^c	601	17	281 ^b	43	6	153	128	220 ^a
Oil diet + restriction	353 ^c	636	24	286 ^a	30	11	119	112	198 ^a
<i>P-Value</i>	0.003	0.465	0.458	0.000	0.122	0.891	0.099	0.402	0.005
Period²									
Morning	683 ^y	817 ^{xy}	36	256 ^y	76	15	204 ^y	144	211 ^y
Noon	898 ^x	687 ^y	13	128 ^z	42	8	56 ^z	107	179 ^y
Afternoon	442 ^z	831 ^x	38	422 ^x	59	12	332 ^x	114	270 ^x
<i>P-Value</i>	0.000	0.018	0.506	0.000	0.367	0.594	0.000	0.207	0.000

¹LL: lying laterally; LS: lying sternly; EM: Exploring enrichment material; EX: exploring; E: eating; D: drinking; IP: positive interaction; IN: negative interaction; O: others.

²Morning (08:00 h to 10:00 h); Noon (11:00 h to 15:00 h); Afternoon (16:00 h to 18:00 h).

^{ab}Different letters in the same column indicate statistical difference ($P < 0.05$) to the interaction diet and regimen applied.

^{xy}Different letters in the same column indicate statistical difference ($P < 0.05$) between periods.

Table 4. Performance, measurements of carcass and fatty acid profile of growing and finishing pigs kept under heat-stress conditions (30°C - 32°C) according to the diets (control x oil) and regimen (*ad-libitum* x restriction) applied.

Items ¹	Diet ²				Regimen ³			
	CD	OD	SEM	P-Value	AD	RE	SEM	P-Value
Growing phase								
BW (Kg)	51.01	50.75	1.56	0.869	51.13	50.63	1.56	0.747
ADG (Kg)	0.85	0.87	0.01	0.568	0.93 ^x	0.79 ^y	0.01	0.001
ADFI (Kg)	2.97 ^a	2.79 ^b	0.01	0.000	3.08 ^x	2.68 ^y	0.01	0.001
F:G	3.52 ^a	3.25 ^b	0.06	0.003	3.35	3.42	0.06	0.379
Finishing phase								
BW (Kg)	103.01	103.69	1.99	0.738	106.79 ^x	99.91 ^y	1.99	0.001
ADG (Kg)	0.61	0.57	0.02	0.163	0.67 ^x	0.52 ^y	0.02	0.001
ADFI (Kg)	3.58 ^a	3.21 ^b	0.04	0.000	3.58 ^x	3.22 ^y	0.04	0.001
F:G	6.19	5.88	0.24	0.367	5.48 ^y	6.60 ^x	0.24	0.002
Final BW (Kg)	130.90	129.69	1.84	0.640	136.92 ^x	123.68 ^y	1.84	0.001
Growing - Finishing								
ADG (Kg)	0.73	0.72	0.02	0.631	0.80 ^x	0.65 ^y	0.02	0.000
ADFI (Kg)	3.27 ^a	3.01 ^b	0.04	0.000	3.33 ^x	2.95 ^y	0.04	0.000
F:G	4.86	4.57	0.20	0.319	4.41 ^x	5.01 ^y	0.20	0.041
Carcass traits								
CW (Kg)	96.46	96.60	1.44	0.944	100.92 ^x	92.13 ^y	1.44	0.001
YC (%)	73.69 ^b	74.51 ^a	0.27	0.019	73.72 ^y	74.48 ^x	0.27	0.029
LP (%)	28.33	28.60	1.16	0.870	23.85 ^y	33.09 ^x	1.16	0.001
Fatty acid profile								
C16:0 (%)	19.33 ^a	17.46 ^b	2.23	0.001	18.54	18.25	2.23	0.615
C17:0 (%)	0.28 ^a	0.18 ^b	0.14	0.045	0.18	0.28	0.14	0.053
C18:0 (%)	11.82 ^a	9.59 ^b	1.41	0.000	10.83	10.59	1.41	0.498
C18:1n9 (%)	46.47 ^b	53.36 ^a	1.72	0.000	50.16	49.66	1.72	0.259
C18:2n6 (%)	11.83 ^a	11.32 ^b	1.00	0.050	11.35	11.80	1.00	0.082
C18:3n3 (%)	0.84 ^a	0.66 ^b	0.56	0.000	0.73 ^y	0.77 ^x	0.03	0.042

¹ADG of average daily gain; ADFI average daily feed intake; F:G feed:gain ratio.

BW: body weight; CW: carcass weight; YC: Yield of carcass; LP: Leanness percentage;

C16:0: palmitic; C17:0: margaric; C18:0: stearic; C18:1n9: oleic; C18:2n6: linoleic; C18:3n3: linolenic;

²Diet: CD (diet containing 5% corn starch and 0% sunflower oil); OD (diet containing 0% corn starch and 5% sunflower oil).

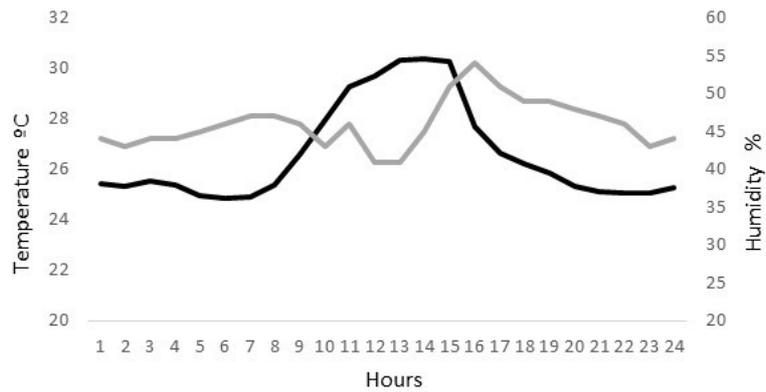
³Regimen: AD (free access to feed); RE (feed management with a 10% restriction).

^{ab}Different letters in the same line indicate statistical difference ($P<0.05$) between diets;

^{xy}Different letters in the same line indicate statistical difference ($P<0.05$) between regimens;

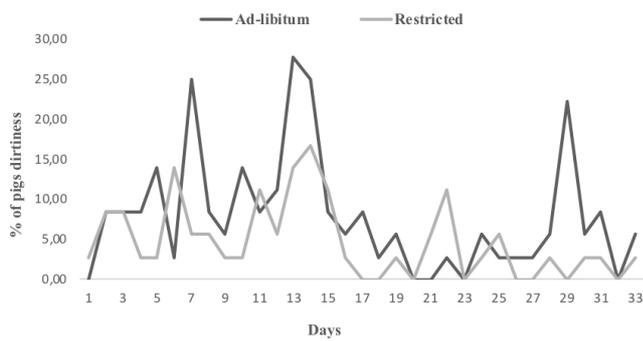
SEM: The standard error of the mean;

1 Figure 1. Mean values of temperature (°C-black line) and humidity
2 (%-grey line) found in the three rooms along the study per hour
3 (from 01:00 to 24:00h).
4



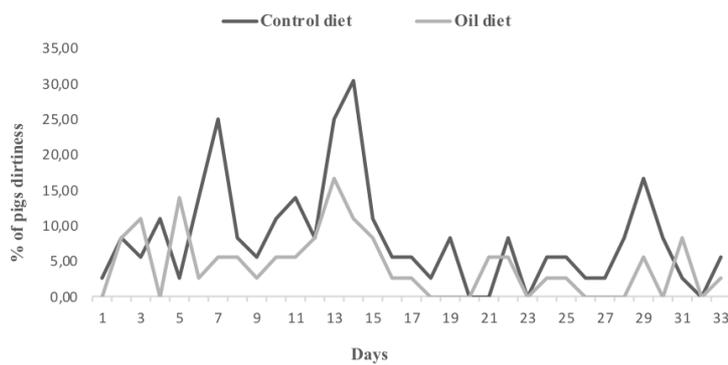
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21 Figure 2. Percentage of pigs' dirtiness in the two regimens applied
22 (*ad-libitum* and restricted) along the study. The mean values are
23 composed of the analysis of 2376 observations during the
24 experimental period. *The means differ by Chi-Square test ($P <$
25 0.0007) between regimens applied.
26



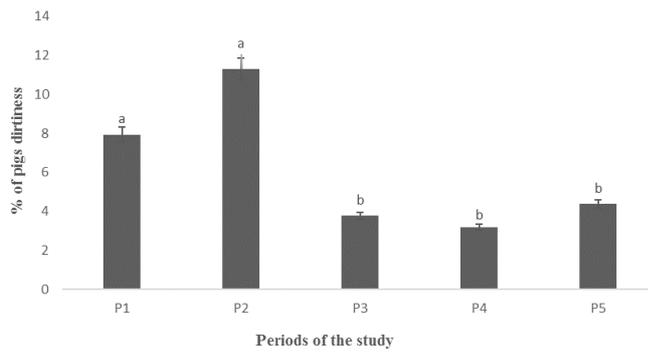
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43 Figure 3. Percentage of pigs' dirtiness according to the diet fed
44 (control and oil diet) along the study. The mean values are composed
45 of the analysis of 2376 observations during the experimental period.
46 *The means differ by Chi-Square test ($P < 0.0001$) between diets
47 applied.
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65 Figure 4. Percentage of pigs' dirtiness during the different periods of
66 the study. The mean values are composed of the analysis of 2376
67 observations during the experimental period. *The means differ by
68 Chi-Square test ($P < 0.0001$).
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